

HSC TOPPERS 2023



Science Stream : Pawan Shinde 95.50 % , Prathamesh Herle 95.33 % , Kunjal Patil 94.17%
Commerce Stream : Neel Bahira 94.67 % , Raizan Bhombal 94.50 % , Sharman Dedhia 94.33 %

SSC TOPPERS 2023



L to R Bhumita Thorave 93.2%, Jai Mande 95.2%, Juili Gotam 95.6%, Nidhi Prabhu 98.4%
Avneesh Nair 98.4%, Swati Gulve 98.2%, Pranjal Ahire 99.2%,
Gracilyn Joseph 98.4% (not in the picture) Shubham Bhattacharya 98.2% (not in the picture)

FROM THE EDITORS' DESK

- Rochelle Joseph & Tanmay Kadam

Hello Friends,

We are back with a brand new edition of Agnel Clarion. This edition of Clarion, like all its predecessors, celebrates home-grown creativity and excellence. This year too, we have a printed version and an online version of the Clarion.

We often hear that children no longer read. But the numerous submissions and the quality of the articles submitted have dispelled that fear. Maybe, we must, like Rancho in 3 Idiots, practise believing "All is well".

Now, coming to the content, there is something for everyone in this edition. You name it and we have it – personal experiences, life lessons, famous personalities, discussion on latest innovations, amazing illustrations, sports, jokes and quizzes.

But before we sign off, let us remind ourselves how lucky we are to have peace and comfort when children elsewhere are struggling to survive. We thank the Almighty for giving us so much and pray for lasting peace.

On that note, happy reading!



Editorial Team from Left to Right:

Mahika Nikam, Gauri Pawar, Kshitija Deopurkar, Aaryash Anand, Rochelle Joseph, Tanmay Kadam, Vinula Ghorpade & Aryan Lotlikar

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REV. FR. S. ALMEIDA, OUR MANAGING DIRECTOR SHARES



It is indeed heartening to note that our industrious team of students and teachers are all set to release the 41st edition of the 'AGNEL CLARION'! Our appreciation and good wishes go out to all the writers, illustrators, editors, designers, teachers and the printers. As always, I understand this edition also contains a variety of contributions from the youngest to the eldest in school and I believe reading each one of them will help us understand our younger generation better.

Year 2024 is here and like every New Year, it has its own new opportunities, new hopes and new resolutions for every person. For India, year 2023 brought forth several 'firsts' and some significant achievements. Therefore, we welcome the New Year with a renewed spirit of optimism. There is a mood of festivity and joy around but it is ironic that when we rise every morning and view the news on television or read the newspaper, we are confronted with news of violence, crimes, wars, and disasters in many parts of the world, including ours. There is no doubt about the increase in material progress and technological advancements but somehow that is not sufficient, as we have not succeeded in bringing about peace and true happiness.

Nobel peace laureate and spiritual leader, His Holiness Dalai Lama has said, "Violence leads to more violence. If you want to build, you must be committed to non-violence." This is the universal truth that conflicting parties anywhere need to acknowledge. The Dalai Lama further adds, "Only through compassion and inner peace, can one spread peace in the world. Inner peace leads to a peaceful individual and then this peaceful individual can build a peaceful family, then a peaceful community and then a peaceful world".

Paving the way to build a peaceful world is not the responsibility of some. Each individual has to develop a deep sense of universal responsibility to revive our humanitarian values that form the bedrock of all the great world religions. In India, we stand united in celebrating our diversity and as Swami Vivekananda had foreseen, we should be true messengers of peace and demonstrate to the world that we all belong to one human family- 'Vasudhaiva Kutumbakam'. To begin with, we have to prepare our youth to be true 'peace builders'. In our educational institutions, we have to create opportunities for young people to develop greater self-awareness to learn to manage destructive emotions, cultivate positive social skills and imbibe spiritual, human values.

Looking back at our school's journey of forty-two years, it is reassuring to see that the value-integrated education that our students received has enabled so many of them to become leaders who are making a difference in the world around them. Nothing should deter us from continuing to walk on this chosen path, for it is the right one. Let us ask the Almighty, to help us believe in the power of God's love, which is so different from worldly power. Let us strive to be generous, kind, and compassionate, spreading goodwill and positivity among those around us.

Let us remember, "If we have no peace, it is because we have forgotten that we belong to each other"-(Mother Teresa)



THE UNEXPECTED SYMPHONY

- Aarush Shinde, IXB

“Wake up, dear.” Liam’s mother’s voice cut through the fog in Liam’s groggy mind. It was a fine, cold morning in Edinburgh and Liam really wanted to sleep a little longer. “The early bird catches the worm, Liam,” floated in as his mother left the room and the rebel in him wrapped the blanket tighter and went back to sleep.

That was Liam, bright and intelligent. He fared well in both academics and sports. But, he was also a young rebel who loved to question established ideas and liked a good debate – be it on something intellectual or on something as mundane as the best pizza outlet in town.

In another part of the same town, a young girl heard her mother call and, without much ado, promptly left her bed. This was Lily. She was a prodigy who excelled in whatever she put her mind to. She believed in obedience and in following rules. She believed that arguing about each and everything was a sheer waste of time. She was also a romantic at heart and whether it be wishing upon a star, fairy tales or God, she had unwavering faith in all.

Their paths crossed one day. Lily, while reading a book on mythology in the school campus, happened to overhear Liam trying to prove how god didn’t exist. Liam declared, “God does not exist. God is just a belief.” Lily stood up with a dazzling smile and said, “But don’t you think that that one belief is what gives hope to billions in this world?” A lively debate ensued, drawing the attention of curious listeners. They spent hours battling and trying to prove each other wrong.

Over time, again and again, they butted heads over numerous topics. Gradually, their debates turned into heartfelt conversations. Lily would

present something she had unshakable belief in and Liam would try to use all his knowledge that he had to justify his argument.

One day, they found themselves deeply engrossed discussing the power of accidental encounters. During the course of their conversation, they realized that they too had met accidentally and although they had totally different perspectives and ideas, they had become very good friends. Liam, for the first time in a long while, agreed with Lily and said with a smile, “Maybe, just maybe, our meeting was all a part of God’s plan.”

Their unique bond blossomed into a lifelong friendship. Liam learned the wonders of belief and Lily, the beauty of questioning - a magical blend of scepticism and optimism, a unique symphony of opposites.



AGNELS AND ME

- Sabreen Qureshi XIIF

How quick did these years sail by!
As I learnt and grew in my alma mater,
Did not even realise how time fled,
As school moulded me into version better.

The best years were the pre-primary,
Where we got to do alot of fun activities,
In primary, studies became tiring,
Now when I think of it, it was nothing.

As the standards increased, books mounted and
so did new friends,
The memories of picnics, camps, trips with them
will stay with me till the end.

Elocution and various competitions were held,
Creativity and self confidence they instilled,
Teachers guided us at every step we took,
PT sirs made sure of discipline and outlook.

Corona crashed in the midway, however,
We got to experience online education,
After 10th I returned back to my mentor,

To challenge my hardwork and dedication.

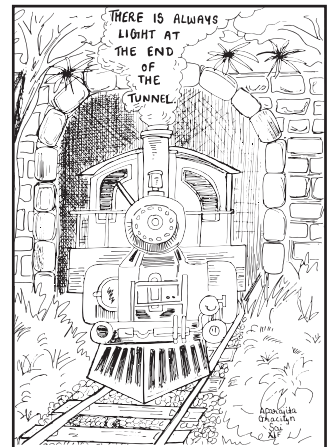
Surely the journey was a roller coaster
Filling me with chills of experiences
Though I'll move out this year, my heart will
always be
'Once an agnelite always an agnelite' forever



TRENDY TOMORROW

- Gloria Mathew, XIIF

Sell off the stilettos of self pity,
Purchase the fitted shirt of faith,
Burn those masks of melancholy,
Try on the hoodie of hope.
The purses of prejudice are passu,
The drape of despair doesn't suit you,
Adhere to the attire of acceptance,
Design your latest fashion of love,
And set fire to those strings of hatred.
It's about time you upgrade your wardrobe,
For a much awaited trendy tomorrow.



TAYLOR SWIFT'S STRATEGIC ARTISTRY

- Rochelle Joseph, IXC



In a world where trends fade like yesterday, Taylor Swift's brilliance stands out. With each album, she not only captivates audiences with her music but also manages to expand her fan-base. The Taylor Swift Eras Tour—a dazzling spectacle – has taken the world by storm. Why is she so popular? What is the secret?

Her remarkable ability to draw crowds and generate revenue is attributed to her extensive catalogue of generation-defining hits and astute marketing sense. Swift has a very loyal fan base. She treats her fans like friends and goes above and beyond to reciprocate the love she is shown, be it through giving personalised Christmas gifts

or making unexpected cameo appearances at weddings.

She also has a special talent for creating a buzz around her releases. Her marketing strategy involves holding “Secret Sessions” prior to album releases in which she invites a small number of fans to hear the record before it is officially out which creates excitement and exclusivity among her fan base.

Another factor that works in Taylor's favour is that her songs are authentic and they espouse the causes she believes in. Her messages resonate with listeners and fosters a sense of connection through shared experience. For instance, songs like “Shake It Off,” “The Man,” and “Me!” emphasize themes of self-confidence and empowerment, which captivates the audience, especially women.

As her legacy continues to unfold, it is clear that Swift's impact extends far beyond the notes and lyrics, leaving an indelible mark on the hearts of her devoted audience. As the curtain falls on each tour, the unforgettable mark she leaves on the hearts of her devoted fans is not just a testament to her musical prowess but a triumph of marketing strategies that redefine the concert experience. Swift's unstoppable rise and the historic success of her tours is a testament to the enduring power of authenticity, connection, and innovation in the world of entertainment.



INNER CHILD

- Gracilyn Joseph, XIF

Have you ever seen a child just crazy, scribbling on a page without any reason, and wished that you could also scribble away all your issues? I certainly wish I could. Children play in the rain without a care in the world. They splash the water around and get drenched in the rain without worrying about getting sick. Why don't we teens and adults do the same?

People say it is because they are kids and we are adults. But my question is, what's so different between adults and kids? Aren't we both humans? Yes, there is an age difference. However, why should we worry about our age when we want to go play in the rain? After all, aren't we all kids at heart?

The way I see it, we all have an inner child. The dictionary defines the term inner child as a person's original or true self.

It is essential for us to let our inner child breathe.

We all like it when someone says we are mature for our age. Being mature for one's age means that you can often get along with adults on their level of experience and knowledge. However, why are we so obsessed with this maturity? We didn't understand it when we were kids, because we were in a rat race to grow up fast. Only as adults and teens, do we now understand the importance of those precious moments. But

now, we feel that it's too late to go back. That it's too late now, to experience the joy of being a carefree child.

However, it's never too late to reconnect with your inner child. We can always do so by indulging in something that we genuinely enjoy doing, such as listening to music. For me, music

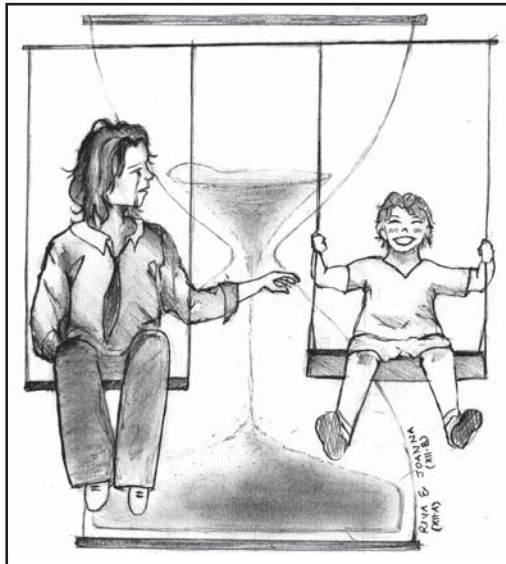
is the answer to all my problems. I also like reading and painting. Which is why whenever I get stressed, I listen to music or read a good book, thus reconnecting with my inner child.

When I look at children today, they remind me to take life one day at a time. Because as kids, they never worry about what they're gonna do the next day. They just decide it on the spot, then and there. Sure, we might not be able to do the exact same thing, but we can still stop

worrying about what's going to happen 5 years down the line.

So allow yourself to be a little free, a little child-like, no matter what your age is. Let your inner child live. Don't be afraid to be your true self. Here's a question by Charles Bukowski for you to ponder on,

Can you remember who you were, before the world told you who you should be?



THE SANDWICH SELLER

- Aditya Anandkrishnan, XII F

It was an early morning. Another glorious sunrise at beach. Joggers thronged in dozens. And for the lone sandwich seller it was business as usual.

What could be better than a buttered, grilled and mouth watering sandwich loaded with cheese and veggies! Even the so-called fitness freaks had to relent to it and have breakfast at his stall. Everyone must ditch the calorie count a while too often!

That day a silent gentleman stood near his stall for a long time; observing him or his customers he could not tell. At length he asked him whether he would care for a special sandwich. The stranger was taken by surprise but nodded, bought one and returned to his earlier demeanour.

Finally it was time to leave. As he prepared to close for the day, stranger stepped forward and asked "Why don't you charge for those beetle

leaves you give your customers. It would add to your profit on the sandwiches."

"No sir"

"Why not?"

"Wellthey are complimentary. Besides I earn well enough from my business. I think in my trade the relationships you build are equally important. My customers are as important to me as their money and happy customers mean repeated visits."

The stranger took home an important take away that day, far more beautiful than those sandwiches and far more insightful than anything he had learnt in business school.

He learnt the importance of putting people first. Making money matters ;but so do relationships. But far more important he learnt when to say 'enough'!

YOUR EXPERIENCE WHEN YOU OVERCAME YOUR FEAR

- Aarav S Shetty, VA

A brave person is not the one who is not afraid of anything but the one who overcomes his fear. I had always been afraid of darkness but I overcame this fear when I was 9 years old. My cousin Avyukt came to our place to spend the summer vacation. I used to enjoy his company a lot and he is very dear to me.

One evening both my parents had gone out for some work. Mom called me to inform that they will reach home late. I got a bit scared as it was very dark outside and Avyukt and I were all alone at home. After sometime taking advantage of being alone at home, we started playing my latest video game. Suddenly I heard a loud blast and all the lights went off. Somehow,

we were trying to search for a candle, Avyukt found one. He ran towards the kitchen to light it up. He turned on the gas knob and started searching for a lighter. As he forgot to turn off the gas knob, the kitchen was filled with the gas stink. I heard him coughing but couldn't help him due to my fear of darkness. Suddenly his coughing stopped. I gathered courage and ran towards the kitchen. I turned the gas knob off and opened the windows. I saw him unconscious, lying on the floor. I splashed some water on his face and he woke up.

The inner hope and determination to save my cousin helped me overcome my fear of darkness.



THE TIME GOD USED COVID TO TEACH ME A LESSON

- Thomas Mathew, XIIIE

This story is something that actually happened in my life. People always told me that prayer was like communicating with God. I had trouble believing it. I always had a doubt as to how I would know that God was listening if I could not hear any response from him. One incident changed my perspective on this matter and taught me an important lesson.

The COVID lockdown changed many things, exams especially. Online exams were very easy compared to live classroom exams, and I doubt that there is a single person on this planet that wonders why. But of course, after a year or two, things were definitely better. I was in 10th grade. I had to give my prelims offline and I was extremely nervous. It was my first offline exam in 2 years and I felt thoroughly underprepared. I was nervous and stressed. A few days before the examination, I got so desperate that I prayed that I should get COVID just so I could avoid my exams. My desperation caused me to pray harder than I had ever before. And believe it or not, on the very day my prelims were supposed to begin, I woke up with a fever.

I got my RTPCR test done and when the result came back positive, I knew that God had heard my prayer. You might ask how I was so sure. Simple answer. Up until this point I had not been COVID positive even once. The fact that I got COVID for the first time during the lockdown, after praying for it, on the first day of exams, I had no rational reason to believe that it was a coincidence.

The next few days, I spent recovering. I was so relieved that I would not be taking my exams just then. When the examinations reached the halfway mark, I found myself healthy enough to take my exams.

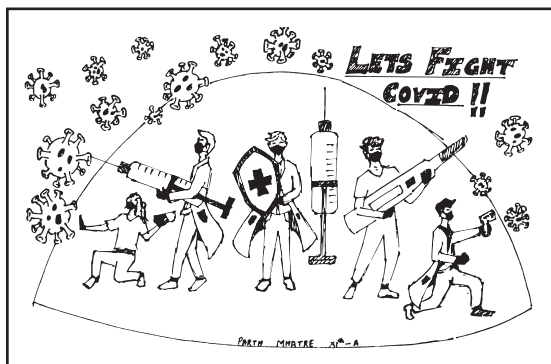
I don't remember how I performed in those exams because what happened next took the spotlight.

After the examinations had ended, I realised that I had to give a retest for every exam I missed, the very day after the examinations ended. This meant that I would give my exams while others got their break. I was almost in tears by the time I finished my retests. But wait. There's more.

The next set of prelims was in two weeks from the day my retests ended. I felt like I had no time to even breathe as the next set of prelims and the Board Exams followed within a short duration. But I realised that thanks to this struggle I was better prepared for my Board Exams than I would have been otherwise.

By the time my board examinations ended, I was completely winded. But I understood what God had taught me. It was the same lesson that my parents had spent years trying to teach me.

Trying to avoid a problem just because it's hard does not solve anything. One way or another I would have to face that problem and the consequences for having avoided it.



THE DAY I WAS CAUGHT NAPPING IN CLASS

- Reesha Kanojia, VA

It was a dull morning for me. I was feeling sick because I was awake all night watching movies. I could barely open my eyes. It was a working day at school. I tried to convince my mom to let me take the day off, but she insisted that I go to school. I couldn't argue with my mother so without excitement and even without taking a shower I got dressed up.

When I reached school, everyone was giggling and chatting. That was giving me a headache, Oh! How I wish I could have slept. Usually I loved math but, that day math was confusing. While I was writing the pen fell off my hands and I blacked out.....I woke up to see myself on a farm, How weird! There were pigs, cats, horses, sheep etc. The animals were adorable! The hens were

with their tint chicks, the cows were grazing on the green grass and the birds were singing sweetly on apple trees. There was a stream of running water with mountains in the backdrop and the sun shining from behind.

Suddenly, water splashed up on my face. It was cold. Only then did I realize that I had slept in class and my friend Zenaida had splashed water on my face to wake me up. Everyone including the teacher was staring at me and I felt embarrassed. The teacher scolded me a bit and gave me extra homework as a punishment so I wouldn't repeat my mistake. I learnt a lesson to sleep early at night and wake up fresh in the morning. It was an embarrassing experience for me.

THE FESTIVAL I LOVE TO CELEBRATE

- Rishaan Nair, IVF

'The festival I love to celebrate ' is Onam. Onam is a favourite festival in Kerala. It is also known as a harvest festival.

Hundreds of years ago, there lived a king named Mahabali who was very kind and generous. He always cared for his people and would fulfil their needs. One day, God Vishnu came to the earth to see if the king was tricking the people down there. He came to earth in the form of a boy named Vamana.

He went to the king's court and waited for a long time. Finally, the king arrived. Vamana asked the king whether he could give three feet of the land to Vamana. The king thought for a while that three feet of land could mean nothing to him. So, the king decided to give away the land. They went to the land, and then! Vamana turned very

big and huge person. His first foot was on the space, the second foot was on the earth and for the third foot king Mahabali offered his head to step on. As Vamana's huge foot stamped on the king, the king went underground.

Before stamping on the king, the King said to Vamana, "Every year I want to visit my land, see my people happy and enjoying". Vamana granted his wish and sent him to paatal lok (Underworld), thus the homecoming of King Mahabali to his people is celebrated as "Onam".

Every year, people put colourful flower rangoli (pookalam) to welcome their favourite King Mahabali. Everyone buys new dresses and eats "Sadhya" on banana leaf which is served with 25 different vegetables and curries. Thus, I am proud to be born in Kerala and call myself a Keralite.



SHE IS ME AND I AM HER

- Aditi Nitin Bangare, XIIIC



She doesn't laugh like a girl.
She doesn't cry when it hurts.
She doesn't have long, thick hair.
She doesn't fit everywhere.
She doesn't grieve her loss.
She doesn't serve; she is the boss!

She doesn't like chocolates and candies.
but that doesn't mean she dislikes gifts.
She hates the colour she is supposed to like.
She likes dark clouds better than clear skies.
She loves it when it rains and when it's cold
outside.

She is lost in her world.
She doesn't control her spirit.
She is always considered an option;
never a choice..... not even her own.
She smiles when she cries.
She is so tired that her tears have gone dry.

But above all these things,
She is the girl I know.
She is the girl who cares.
She is the one with whom I share,
Every scar I own;
and every pain I have known.

She is the one who is by my side.
even when I am at a loss of words.

She is the one I am scared of losing.
She is the one to hold me while I fall.

She is the girl in my mirror.
She is me, and I am her.

FINDING COURAGE WITHIN

- Jomy Prince Theroth, XID

'Sometimes it feels like we're barely breathing.
With people and things that make it harder to
keep on living.

We're told that life is full of opportunities.
But the real opportunities are found within
ourselves, in our own abilities.

Courage and pride are traits we all possess.
Though it may take time to realize and express.
Even the greatest leaders can't compare.
To the commoner who has the courage to dare.

Struggles are a part of life, that's true.
But it's how we face them that defines me and
you.

For introverts especially, it can be a daunting
task.

To have the confidence and courage to overcome
and last.

It's easy to think the world is cruel.
But maybe it's just our perspective, our view.
We all have the power to make things better.
To keep moving forward, and not let go of our
center.



PHILOSOPHY OF HAPPINESS

- Sharika V Nambiar, XII B

Happiness has been an intriguing topic for many philosophers, psychologists, and individuals who have been curious about life or the human mind. The pursuit of happiness has been a central part of the human race. Who doesn't want to be happy? But can you say that you're truly happy? If the answer is yes, then you are among the lucky ones, if not, don't worry, you're not alone. But then again, does happiness last? What should you do to make it last? Well, it's a difficult question, but let's explore some ideas.

The Eastern philosophy of happiness tells us that, happiness is not just a state of mind, instead, it's a state of being, where a person is in harmony with the world around and also at peace within oneself. This means, accepting simple facts such as one can't always control external factors, problems are always going to be there, no matter what and change is the only constant in life. Just by being at peace with the bitter truths in life, one can avoid being devastated at the sight of complications. Things come and go but they leave imprints that last. You can't always control what enters into your life, but you can always be mindful of what you make out of it. Life isn't an easy journey but I wouldn't say it's a tough one. As far as I know, it all comes down to basic needs and as long as it is taken care of, you don't have to worry about anything for survival.

Having a sense of purpose in life can help one achieve happiness. As Victor E. Frankl said, "When a person can't find a deep sense of meaning, they distract themselves with pleasure". As for life's purpose, the simplest conclusion one can get is that in life, you should be of service to someone. If you've positively impacted a person or a group of people, you'll have a sense of satisfaction, resulting in happiness. But does it always narrow down to this?

What about personal fulfilment? When people have been given the freedom to do whatever they want without ties, their mind always enters into a state of chaos, and they begin chasing momentary pleasures. You might've noticed this yourself. Freedom without responsibilities is not at all a good thing. As for responsibility, most of us are likely to run away from it. But that is exactly what all of us are made for.

Moreover, the best way to find your vocation is to ask yourself what service you would like to provide instead of asking what you would like to do, only then you would find a fulfilling career. We humans, as social animals, have a primitive need to feel valued by others or to be of value, otherwise, we feel left out. Research has also shown that when we help others, our brains release oxytocin, serotonin and dopamine. These hormones have the effect of boosting our mood and counteract the effect of cortisol (stress hormone). This proves that helping others truly makes us happy. Now you would think: doesn't that make the act of helping selfish? Is helping others a bad thing? No, and if that makes us happy then it is a win-win situation.

Happiness is not about momentary pleasures—they are temporary and you'll get bored of it at some point. As a neuroscientist said, "Pleasure gives us a dose of a good feeling that keeps us seeking more of it, while happiness is the feeling of being present and satisfied". In this information age, where our minds are flooded by different perspectives on life, we should realize that as a society, where people are dependent on each other for various needs, our purpose is to contribute towards society in ways that we can and help our fellow human beings. A sense of belonging will always make us happy. I would like to conclude with a quote "There is no path to happiness; happiness is the path"



A JOURNEY BY TRAIN

- Kiyansh Ranpuria, VC

I have travelled to innumerable places by various means of transport, but isn't this news very shocking that I have never-ever travelled by train! I have travelled in airplanes, ships, cruises, buses and cars but never by train.

One day after a tiresome play in the garden with my friends I came home at 9 pm. I saw my father had arrived from his trip to UAE (United Arab Emirates) Dubai. He was busy talking on his phone and working on his laptop with the other hand. I went towards him to see what was he doing on his laptop.

I saw that my father was booking a train ticket for all of us. My happiness knew no bounds! I was going to get my first train travel and not just that we would be travelling in 2 different types of trains:

Duranto Express – A superfast sleeper coach fully air-conditioned train and returning in 'Vande Bharat', the latest train launched by our Prime Minister, Mr. Narendra Modi.

As he finished his call, I asked my father, "Dad, where are we going?" He answered back with a pleasant smile, "Kiyansh we are going to your mother's cousin sister's grandmother's son-in-law's daughter's cousin brother's father's friend's wedding at Ahmedabad. And we are going there by train!

Are you excited?" When he said that, I just couldn't wait and I burst in laughter.

Next day we boarded the train and I was bouncing with excitement. My first train journey commenced. The train slowly left the platform and then gathered speed as it left the

railway station. We were in the 3 tier AC coach of Duranto Express. There was a 3-tiered bunk bed on both sides of our compartment. My little brother and myself were jumping from 1 level to the other side like monkeys from here to there and everywhere. We had a blast.

On Sunday we deboarded the train and attended that uncle's wedding, enjoyed mouthwatering delicacies, ice creams, desserts and juices. The next day we had our return journey in Vande Bharat. That was a different experience all together. There were no sleeper coaches, only air-conditioned chair cars. Ours was a Vista Dome coach with glass roofs and large glass windows. The chairs were rotating towards the windows to get a 180-degree panoramic view. As the train journey started, we were served water by the attendants followed by juices and snacks. We could see the green fields, mighty mountains, lakes, rivers, cattle grazing the fields and birds flying high in the sky as the train glided on the tracks above 100 kmph. We were then served mouth-watering lunch and beverages to drink. The seats were super comfortable like a recliner at the movie theatre. There were screens in the coach playing Bollywood blockbuster songs and was also showing our journey as to how many kilometers covered, our current location and how much journey was balance to be covered. The washrooms were also modern styled like we see in an airplane with button touch doors and button touch flush.

After all, it was a mind-blowing experience!

So, this was my first experience of travelling by train. Hope you all liked my story as I shared, my experiences with all of you.



FROM CHAOS TO CLARITY

- Adrian Lewis, XIIA

Have you ever experienced thoughts overwhelming your mind and disrupting your focus? Have you encountered challenging problems in your life, only to find that the solutions you sought didn't offer any real help? Well, I have faced such problems too and continue to encounter them on a daily basis. However, I have also discovered a solution to address these issues, and I am happy to share it with you. It's called 'Pragmatic Thinking.'

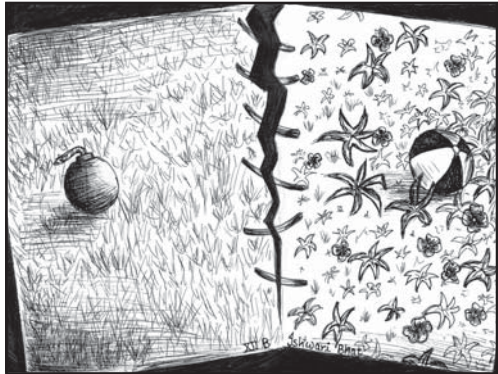
Pragmatism is a concept founded by William James and Charles Sanders Pierce. In 1869, William James graduated as a doctor of medicine from Harvard. At such a time, most people, like me, would probably feel jubilant and proud of their accomplishments. However, James was going through a crisis. Throughout his six years in medical school, this crisis disrupted his education.. But in 1870, James experienced a emotional breakthrough after reading the second essays of Charles Renouvier, a French philosopher. Some years later, James introduced to the world a new concept - Pragmatism or Pragmatic Thinking. The essence of this concept lies in the belief that we CAN control what we think.

Pragmatic Thinking refers to a practical and realistic approach to problem-solving and decision-making. It involves considering the available options, analyzing their potential outcome, and selecting the most effective course of action based on the given circumstances. Adaptability is one of the key strengths of pragmatism. As humans, we have a tendency to make a plan and worry about its success, rather than preparing an alternative plan and be ready for any

obstacles. Pragmatism tells us that while making a plan, we should also have a plan B ready. Remember, the path to success is not linear; it is a road full of curves with obstacles embedded at every turn.

'Think Straight' is a book written by author and entrepreneur Darius Foroux. This book introduced me to the concept of Pragmatism. It is a short read, comprising just 70 pages. I highly recommend this book to all those who want to bring positive changes to their lives. The book offers valuable tips for improving your thinking and decision-making skills. It emphasizes the significance of clarity, focus, and simplicity in a world filled with an overload of information and distractions. Foroux provides actionable strategies for developing a structured and rational thinking process, which includes techniques for goal setting, time management, and overcoming cognitive biases. Reading this book alone may not be sufficient to change your life, but implementing the strategies it offers can make a real difference.

In conclusion, pragmatism serves as a valuable skill when making decisions. By adopting a practical and realistic approach, considering available options, analyzing data, and taking decisive action, you equip yourself to tackle challenges and achieve your desired outcomes. In a world where adaptability and problem-solving skills are highly sought after, cultivating pragmatic thinking can, and will lead to success in life!





AN INTERVIEW WITH OUR SCULPTOR

- Aarya Dere, XIC & Aaryash Anand, XIA

We, Aarya and Aaryash take great pleasure in introducing our friend Pari Vinayak Takale from XI A

What fascinated us about her hobby is that even as she is pursuing academics, she is strongly connected to our

cultural roots through her unique hobby that is also her passion – **‘MAKING GANPATI IDOLS’**

Here are excerpts from the interview

Aarya *Hi Pari, we are eager to know how your family was drawn towards idol making and who took the initiative?*

Pari This art form has been handed down by my grandpa who was originally from the village of Tulas in Vengurla. He came to Mumbai alone at the age of 13 and started working in a Premier company. However, he was more passionate about creating Ganesha idols. My grand father took the initiative and my grandmother stood by him in his beautiful journey.

Aarya *We heard you specialize in Eco friendly idols, What raw materials do you use for making such idols?*

Pari Right from the beginning, my grandfather's focus was on making eco-friendly idols therefore natural resources such as clay, coconut coir, bamboo, paper pulp and natural colours such as turmeric etc are used

Aaryash *When did you recognize your own talent?*

Pari I consider my talent as a legacy I inherited in my mothers womb,

Aarya *What makes your Ganesh Idols different from the other artisans?*

Pari 55 years of tradition, self-confidence and the efficiency to create these magnificent eco friendly idols , the ease of completing work before the stipulated time and the joy and satisfaction on the faces of devotees, as also the awards from many dignitaries across the years , all this goes to say that our Ganpati idols are different

Aaryash *How did you manage during COVID times?*

Pari A bad dream, a terrible one, I don't ever want to see such a situation again. Many artisans who were



employed with us left for their home towns .In the absence of artisans, all the members of our families pitched in, we made the idols but did not dissapoint the devotees who come during Ganeshotsav in those tough times.

Aaryash Do you have any workers employed with you or is it just your family that makes these Idols ?

Pari I think our workshop is the only one in Mumbai that has preserved the tradition of tireless, continuous, sculpting for many years and what is unique about it is that it has famous women sculptors. There are 30 to 35 artisans who work with us every year and 15 to 20 family members.

Aarya How many members of your family are involved in this process? How do you divide your work amongst each person?

Pari My mother and my 4 aunts accompanied my grandfather and my grandmother from an early age. The

involvement of 5 individuals is an all - encompassing task as the 5 fingers of a hand...and all the 5 fingers become a fist to run the workshop. So it's a Team effort, We all support this.

Aaryash How early do you start preparation of idols before the festival?

Pari The work starts three months before the festival.

Aaryash How many orders do you expect every year?

Pari About 350 idols, smaller than 5 feet and about 125-130 idols of 5 to 18 feet are fixed across the years.

Aarya How do you manage your time with all this and your studies?

Pari In fact it is this art that gives me energy. I plan for it in advance so that my study time does not get affected. Its about time management.

Aaryash and Aarya: We are indeed proud to have you in Agnels.

Pari: Thank you ! Proud to be an Agnelite !

PROCRASTINATION

- Vidisha Bhoir, VIIC

Procrastination, my loyal friend, always giving me a sneer,
I'll start the task, don't you fear!
It's almost night, haven't started yet,
And Oh God! I already regret.

For he always has my back in every path I take,
Before doing a task, makes me hesitate.
I'm getting tired now, feeling lethargic,
I'll finish writing this poem later, definitely not being sarcastic!



IN THE HEART OF SCHOOL

- Ethan Barretto, VIB

In the heart of school, where I belong,
Where lessons happen, and friendships are strong,
I'm just a kid of twelve, trying to find my way,
So here's a poem about school, what can I say?

With my backpack on and my sneakers tied,
I walk through the doors, my heart full of pride,
In a world of pens, books, and cool stuff,
Learning new things, can't get enough.

My teachers, they are like wizards, you see,
Helping me unlock knowledge, setting my mind free,
They make the hard stuff seem not so tough,
In the classroom, I learn, and that's enough.

I'm just a kid, but I'm reaching for the skies,
In this place of learning, where dreams arise,
School is where we grow, where we take flight,
A place where I'll learn, day and night.



THE SOLAR SYSTEM

- Shonkhin Pyne, VIIIE

In our little system we glide,
In the universe dark and wide,
While the Andromeda doesn't collide,
What could give us more delight?

See the planets how they run,
Shining brightly due to the sun.
See the meteors crash into them,
Creating fireworks, [too hot for them].

See the large asteroid belt too,
They don't act like a belt much too.

While Jupiter is busy diverting them,
[Perhaps] Triton and Earth have life on them.

See the sun, looks so warm,
But actually is a fiery hell.
Looking at it will cause us harm,
To its gravitational force many fell.

See the Kuiper belt too,
Dart a gleam of grey and blue.
These are happening while we glide,
In the universe dark and wide.



REBIRTH OF HEART : A BLOSSOM'S TALE

Blossoming into the person I aspire to be,
A journey of growth and self-discovery.

Like a caterpillar to a butterfly, I transform,
Embracing the lessons, life has performed.

With each passing season, I learned to bloom,
Facing challenges, dispelling any gloom.

I shed the doubts that held me back,
Unveiling strength I never knew I had.

With each trial, I rise and learn,
My spirit ignites, it begins to burn.

Like a bud unfurling, I let go of fears that once held me tight,
Embracing the darkness, I find my light.

I water my dreams, with passion and zeal,
No longer bound by what others may feel.

I reach for the heavens, spreading my wings wide,
Exploring new horizons, with nothing to hide.

I paint my world with colours of my own,
Creating masterpiece, uniquely shown.

I dance to the rhythm of my own beat,
Embracing my quirks, they make me feel complete.

In the garden of life, I've learned to love the person I've become,
A symphony of flaws and imperfections, I've overcome.

Each petal, a tale of growth and change,
A reflection of the person I've become, not fade.

So embrace your odyssey, my dear friend,
For in the process, your true self will ascend.

Blossoming into the person I aspire to be,
Unfolding evolving in eternal decree.

- Tanishqa Santosh, XIE



MY EXCELLENT DAD

- Aaron Mathias, VIII

When I was young, I walked with my dad,
He loved me, and gave me all that he had.
Whenever I cried and asked him for a toy,
He purchased one, to see my face
Filled with joy.
When I was afraid he held my hand,
And together we walked,
Through the golden sand.
In school whenever I had a fight,

He told me that fighting and
Violence was not right.
I used to convince him in different ways,
So that he brought a pack of Lays.
He brought me a lot of things to eat,
He maybe strict but he is also very sweet.
Daddy, this thing to you has already been told
That your son will be with you,
Even if you get old!

SURVIVAL

- Waluscha D'Souza, IXA

'Survive' the word keeps on repeating in my
head,
Almost giving up, I am as good as dead.
Maybe this is where my story ends,
I am fading away, I pretend.

'Survive' the word is now meaningless,
Everything in my life is a mess.
My heart broken, my soul tired
Against me, fate has conspired.

'Let go' is all I hear,
My demons are winning, I fear.
I can't let them succeed,
Just one ray of hope I need.
As I fade away,
I see the ray.
I must cling onto it,
I must not leave my story incomplete.

I stand here,
Defeating every demon, every fear.
I've learned to survive,
Broken but alive.

Whatever I am now,
It is because in front of my fear I never did bow.
Laugh at me if you must
But remember, I rose from ashes and dust.



THE TEARS OF RAIN

- Aathira Pillai, VIII

I saw a young woman, beautiful and fair,
She was on the floor, crying, with open hair.
I approached her and asked her the reason of
her sorrow,
She tells me, "So that they have food for the
morrow."
As I stared at her with a confounded face,
She smiled and continued, her voice full of
grace,
"Without my tears, plants won't grow,
Nor will there be much life left, you know.
"Peacocks, snails, little toads stout,
My tears are a sign for them to come out.
Trees, tall and short, all rejoice,
And sing along in one happy voice.
"But sometimes, they fall on Sun, resting on his
blue bed,
And not going back to sleep, he comes up
instead!
To make grumpy Sun happy, Sky has a plan,

And she executes it as best as she can.
"As she puts on her colourful bow, everyone in
the universe smile,
And prove that her idea was worthwhile!
Also, that day, my friend, Earth, tries on her
new perfume.
Its fragrance is enchanting, as you can assume
"Officers on their way to work call me a little
snob.
They don't understand; just like them, I too was
doing my job.
Quite contrary, the farmer praises me
And says that my tears were a sight he was
waiting to see."
As I was unsure, I asked her who exactly she was.
She looked offended. I guess my question was
the cause.
She sighed sadly, and, her voice full of pity and
pain,
Said, "I thought it was obvious; I am Rain."

RECIPE FOR BLUEBERRY CUPCAKE

- Harsh Deshmukh, VIII

YOU WILL NEED

MAIDA-1/2 CUP AND ¼ cup
OIL/BUTTER-3TBSP
CURD/MILKPOWDER-1/4 CUP
BLUBERRY ESSCENCE – ½ TSP
BAKING POWDER-1/2 TSP
SODA-1/2 TSP
MILK-3/4 CUP
POWDER SUGAR-1/2 CUP

METHOD

Preheat the oven at 180 C.

Sieve maida, baking powder and soda together.
In a bowl add curd / milk, baking
powder, sugar, milk, blueberry essence and
mix well.
Add butter and mix again
Add dry ingredients and mix 5 to 6 times in one
Direction
Add remaining ½ cup milk mix 3 to 4 times and
add
Blueberries
Bake for 15 to 20 mins at 180c



THE RIGHT WAY TO WEAR A SCHOOL BAG !

- Alina Jadhav, XB

Amongst the vast portion in our education system, sometimes the simple parts of everyday life are left out. Carrying books, stationary and other school essentials has now become almost synonymous to education, and school bags have made it easier. But do you know the right way to wear a school bag?

In this modern world we have given up placing comfort first, to the point discomfort has become normal. To look appealing, cool, acceptable in every sphere of life, we have adapted ways that are not always the right ones.

Wearing only one bag strap on a shoulder, loosening bag straps or wearing thin bag straps are some of the things people, especially children do. However, these habits, choices or preferences can cause many long-term vertebral and back problems like *Turtle neck syndrome*, *hunchback*, *herniated disc* and other issues. These problems may not start showing symptoms immediately but surely over a period of time, your shoulders and backs will start giving you a tough time while doing daily work.

So, the right way to wear a bag is...

1. Firstly, the bag should have broad straps to distribute the weight of contents evenly.
2. Bags should always be worn one strap on each shoulder.
3. And lastly, make sure that the bag straps are adjusted to the shortest comfortable length for you so that the bag is tightly fit.

Following these steps, I can assure you that even if school bags are heavy, in this way you can reduce the strain on your back. Heavy burdensome school bags aren't going anywhere so let's think of our health in the long run and avoid any possible back problem in the future.



TO MY BEST FRIEND

- Angeline, XD

Friends we are ,
Forever we'll be
Wherever we are,
You're right beside me

I hope we stay friends,
till the end of time
And whenever that is ,
Our friendship will still shine

You mean the world to me ,
I hope the same with you
You're always helping me
Whatever it takes you'll do



So to you my friend
You mean the world to me
Friends we are, forever we'll be



DUNE - ONE OF THE MOST EPIC PIECES OF SCIENCE FICTION EVER WRITTEN AND ITS REVIEW

- Ishaan Gargeya, VIIIE

Dune is probably one of the greatest pieces of science fiction ever written. Published by Frank Herbert in 1965, the story takes place several millennia into the future. Dune is not about advanced technology, but rather **the power of the mind**.

In Dune, Spice (otherwise known as melange) is the centre of the inter-galactic economy and trade. By inhaling spice, one will age slower than normal and can live up to 150 years. It is also said that excess consumption of this drug shall give you "the Blue eyes of Ibad". When inhaled for the first time, it is said to taste like cinnamon.

There are also the 'Fremen' people. These people have to 'Blue eyes of Ibad'. They have been rebelling against the tyrannical rule of the Harkonnens. Countless Battalions have lost their lives rebelling against their oppressors. The sisterhood of the 'Bene Gesserit' is also important in this story. The sisterhood are sometimes called witches for their powers. The sisterhood have a breeding program in which the result is called a 'Kwisatz Haderach', a male bene gesserit with bene gesserit powers. The story of Dune is set around 20,000 years into the future. The Duke Leto, Duke of the planet of Caladan has been invited to govern the desert planet 'Arrakis'.

Frank Herbert has written a marvellous story which uses medieval politics and advanced technology. The story highlights how Paul started a rebellion and became emperor of the known universe.

Herbert has written 5 sequels to continue this masterpiece. Unfortunately, while he was working on the 7th book, he passed away. His son Brian Herbert and Kevin J. Anderson continued the Dune series and they finally concluded it in 2022. This is truly one of the most of the spellbinding books in the history of science fiction.

I shall now recite the famous litany against fear, better known as one of Herbert's famous quotes

The Litany Against fear -

I must not fear.

Fear is the mind-killer.

Fear is the little death that brings total obliteration.

I will face my fear.

I will permit it to pass over me and through me. And when it has gone past I will turn the inner eye to see its path.

Where the fear has gone there will be nothing. Only I will remain.





THE ETHEREAL DANCE

- Aarya R. Pawar, IXB

Their distance ever wide,
Their thoughts they could never hide.

They revolved around the same dream,
Never together but always a team.

The sun and the moon, their celestial bond
eternal

One dies, breathing life into the other, their
routine diurnal.

No stone was left unturned
The desire to meld, in them burned.

He felt trapped when she was free
She caged when travelled he.

LIFE

- Ishwari Shinde, IXD

Is it my life or a race?
It certainly is a queer maze.
I feel stuck
Going round and round in my own muck.

Is it all about a happy cry?
Not about how hard we try?
If all there is, is win or loss
Why then do we fret and toss?

Why the struggle to stand out
When there is so much to be happy about?
Extraordinary, unique – all illusions
Ideas that create much confusion.

Up the stairs of life we go
Trying our best to shine and grow
No need to outrun each other
When we can be all that we want to be, together.

IN SEARCH OF SELF

- Nisa Fatima, IXB

Some, know it all
Smart and athletic, they stand tall.
Some, confused and unsure, wait for their call.
Yet, some, who know it all, are afraid to fall.
They wait for a divine flash
To help them make a splash.
They wish to glow in borrowed light

Trapped in the prison of their fright.
What they don't know
Only dead fish go with the flow.
What they don't know
It's them, for whom they are waiting so.

Create, improvise, think and grow
Give birth to a better tomorrow.



SUPERHERO FOR A DAY

- Ridaan R. Khandelwal, IIIA

One day I saw a fire truck rescuing a helpless pigeon stuck on a tree with a thread. From that day I wished to be a superhero like them. I got this chance when I went to KidZania for my school picnic. There at KidZania among all the role play my favourite one was that of a fire fighter. We were given proper costumes and caps to wear. We got full training necessary for the role play of a fire fighter. We were made to

sit in the fire truck to reach the set up. Travelling in this fire truck was so thrilling. We were also singing the slogan 'KidZania fire fighters' and enjoying ourselves. At the setup we used waterpipes to extinguish the fire in the hotel. This activity was so exciting and the best part of the role play. When we reached back to the station, we all thanked the trainer. Happily, we left the station with a big smile.

BOOKS ARE MY BEST FRIENDS

- Ziva Stella Baretto, IIID

Do you know who are my best friends? They're not only people or pets, but books also. Books are amazing and can make up your day beautiful. For me, books are like magic doors. When I open them, I go on exciting adventures without leaving my room. I meet brave heroes, go to far-off places, and even travel through time. It's like having a superpower! Books are full of knowledge where I learn about animals, plants,

history and so much more. They help me to do better in school and become super smart! It makes me feel happy and never leave my side. As when I read a funny story, it makes me laugh. When I read a sad story, it can make you feel like you're not alone in your feeling but can give you untold happiness. It is something which can be used in a sunny day, or rainy day. So, books are our best friends.

MY DREAM HOUSE

- Riddhi P. Sawla, IIIA

Once I had a dream of a dream house. It was so beautiful you cannot think about it. It was painted with many colours blue, green, red, pink, yellow etc. It had a chocolate road and beside that road there was a park. In the park there was a swing, a slide, a climbing frame, a tree house and a swimming pool. Inside the

house there was a table made with vanilla flavour and it was laid with chocolate. I licked my lips as it was looking tasty but I could not bite into it because it was a dream. But after some time, I woke up and my dream broke. This is the story of my dream house I wish I could rewind that dream once again.



A MOTHER'S LOVE

- Aathira Pillai, VIII

Just 44½! What kind of idiot gets 44½ for her English paper? I told you to read all your lessons once again before leaving for the exam, didn't I?

Overconfidence! That is the sole reason for you getting such less marks! I hope you didn't make any spelling mistakes!"

"I did, Amma. Repetition and punctuality." I instantly regret this moment.

"Of course, you did; you have neither of those qualities! 44½!"

"Technically, I got 45, Amma." I instantly regret this moment too.

"That's just the computer being nice! What is the highest?"

"I got the highest score, Amma. Miss said that in languages, above 35 is a pretty good score." Why do I keep doing this?

Really?! Let me ask her that on Open Day. And I'm just supposed to believe that your horrible score is the highest, isn't it? Now get out of my sight, you useless thing!"

44½ was the newest low. I lost most of my marks because of silly mistakes. I also had ½ marks deducted from my paper after Miss showed it to us in class...but I wasn't going to make a mistake again and tell Amma that.

I went to my room to do my homework. All the things my mother had said kept playing in my head. You know those moments when you feel like the mind should have a delete button? So that you can just throw away disturbing thoughts? Yup, this was such a moment. I am

an extremely sensitive person. Such things can plague me for days on end. Barely half an hour must have passed. "Aadi! Come here!" It was Amma.

I knew at that moment that I would be dead within the next 5 minutes. I made a mental note to invite my friends to my funeral tomorrow. I walked up to her room. I wished the earth would just swallow me up. That was much better than facing the wrath of my mother. "Y-Yes Amma?" I said, with a nervous grin.

"Come here! My sweet baby! I shouted too much at you! Are you ok? You know...your teacher was right...maybe 44½ is not such a bad score...but do better in the next exam, ok?" Was this the same woman who screamed herself hoarse at me a few minutes ago?!

Mother.

A person who is very-close-to-my-heart, but at the same time I-want-to-stay-as-far-away-as-possible.

A person around who you can be yourself, but at the same time a person around who you must be very cautious.

A person who everyone has, but at the same time no one understands.

A person who will protect you from any danger, even if you are that danger yourself.

A person who no one can replace.

A person who can never stay angry at you for too long.

A person who will love you eternally.

It's not just human mothers that have so much love for their children.



Animal mothers do too.

Spider moms of the genus *Stegodyphus* secrete nutritious “food” from their joints, on which the young feed. However, as they grow older, the mother is not able to secrete as much food needed by them at that age. So, they eat her legs, and by the time they are adult spiders, she is dead, having sacrificed herself for the better of her children.

Female polar bears, after giving birth, stop eating, drinking, and other important functions for 2 months to conserve energy for producing

milk for their newborn cubs.

Hornbill mothers seal themselves shut, with the help of their mates, in a tree cavity along with their eggs to protect them from predators. They lose all their wing feathers in the process, and feed on whatever their mates drop down from a tiny slit in the “wall” made of mud. Talk about extreme!

Therefore, the conclusion is, there is nothing in this whole wide world like **a mother’s love**.

JOHNNY LEVER: FROM POVERTY TO COMEDY STARDOM

- Zac Bangera, IXE

It is said that one of the toughest jobs is to make people laugh but Johnny Lever does it with elan. He was one of the first stand-up comedians in India. Comedians, then, did not enjoy the same freedom with subject matter and language as they do now. And yet, he managed to make people laugh with ease.

As a child, Lever overcame extreme poverty. He left school in the 7th grade to support his large family by working odd jobs. His father worked as an operator for Hindustan Unilever where he also worked as a labourer for six years. A life-changing moment came when he mimicked a few senior Unilever officials at a company function, earning him a name as a comedian. Spurred on by the success of that show, he started doing stand-up comedy. He started performing in musical shows. One of his first world tours was with the great Amitabh Bachchan. On one of such shows, Sunil Dutt noticed him and gave him his first movie, *Dard*

Ka Rishta. Since then, he has acted in more than 350 movies, and still continues acting.

Johnny Lever’s story is a testament to the transformative powers of belief in one’s own self and resilience, and the profound impact of a chance opportunity. His journey serves as an inspiration, reminding us that against all odds, dreams can be realized through unwavering determination and the pursuit of one’s passion.



POWER OF IMAGINATION!

- Pavitra Rajesh, VIII E

As wisely said **“Limitations live only in our minds. But if we use our imagination, our possibilities become limitless.”**

Imagination is...“a complex process that occurs in the brain, usually after exposure to something, like a thought, a conversation, a movie, a book or something else that impacts us and starts us off on a path of imagining”.

All great creations, innovations, new technologies and discoveries started with imagination. It is a cornerstone of human cognition, yet its neurological roots have remained somewhat elusive. Imagination is a power that allows us to see beyond what the eyes can see and go beyond what the mind can think, shattering what’s been taught to us .A world without creativity, where no new ideas exist. Where everyone is confined to what already exists and nothing more. Sounds dull right? Imagination gives us the capacity to dream of adventures, innovate, seek solutions to problems, create things, escape reality and be entertained. Life without imagination would be like food without salt, vehicles without fuel, and music without sound. It’s only the imagination that brings dreams alive and gives us hope for

a better world.

Imagination and creativity are the abilities we need to mend, bend, break, build, and rebuild what we currently have. Imagination is like muscle....and like any muscle it needs exercise. Just as our limbs would wither if we didn’t use them so it is with our imagination. Creativity is not a private endeavor vested in a single person or a select group of people. It is not solely about genius in the arts or sciences, orations by prominent artists, celebrities, or politicians. It is not even limited to the work of particularly original thinkers. Creativity emerges from the interconnections of ideas, experiences, and imagination. Use yours, and feel the boundaries of your life expand.

Use yours, and you’ll be able to contribute more at work. Imagine the better world you work so hard to create! Imagination gives you wings to fly to the worlds that never existed. It provides you an opportunity to explore something never comprehended.

“The true sign of intelligence is not knowledge but imagination”.



DREAMS

- Bhoomi Mitkari, XB

WHAT ARE DREAMS?

Dreams are experiences of being present in an imaginary world, you may think of it as a virtual reality world, or a simulation of the world created by the brain. Each human dream lasts about 5 to 20 minutes, and we spend about two hours dreaming per night. You may wonder what causes dreams? Well, the possible explanations are:

- representing conscious desires.
- Processing information gathered throughout the day.
- interpreting random signals from brain and body during sleep.

PHASES OF SLEEP:

Phase 1: light sleep and reduce muscle activity.

Phase 2: Eye movement stops, and brain waves become slower.

Phase 3: Extremely slow brain waves begin to appear, interspersed with smaller, faster waves.

Phase 4: The brain produces delta waves profusely. It's difficult to wake someone during stages 3 to 4, we're just together called "deep sleep". This stage is known as REM (rapid eye movement). This is when dreams occur.

TYPES OF DREAMS:

1. NIGHTMARES

Nightmares are disturbing dreams that cause the dreamers to feel many disturbing emotions. Researchers found that feelings of sadness, confusion and guilt cause nightmares and these dreams stick with

people after they wake up. 5 to 6% of people in the world experience nightmares.

2. LUCID DREAMS

Lucid dreaming is when the dreamer is aware that they are dreaming, and they may have some control over their dreams. They often occur in the middle of a regular dream when the sleeping person realizes that they are dreaming. Some people experience lucid dreaming at random, while others have reported being able to increase their ability to control their dreams.

3. UNIVERSAL DREAMS

People all over the world often dream about being chased, being attacked, unable to move.

CAN DREAMS PREDICT THE FUTURE?

Some dreams may seem to predict future events, but there is not much evidence to prove it. People looking to make sense of their dreams should think about each part of their dreams and focus on details.

HOW TO HAVE GOOD DREAMS?

Most people have negative dreams. Now you might be wondering whether we can control our dreams or make sure that we always have good dreams. Well, there are ways which can help you have good dreams.

1. **Get a good night's sleep:** one of the best ways to ensure positive dreams is to get quality sleep of 7 to 8 hours daily. If you don't



get enough sleep, your dreams most likely will be negative.

2. **Create a dream journal:** daily, make it a habit of writing down any of your dreams you can remember, no matter how short or end significant they might be. But over time, this activity of tracking your dreams may show patterns in your dreaming which can help you understand what your dreams mean and how they are related to your daily life.
3. **De-stress before bed:** Study says that people going to bed having bad thoughts in mind are more likely to get negative dreams. Before bed, think about positive thoughts which will reflect in your dreams.

4. **Avoid caffeine before bedtime:** stimulants like caffeine interfere with sleep and cause nightmares. Avoid caffeine and any other stimulants for at least six hours before bedtime.

5. **Practise lucid dreaming:** as crazy as this may sound, this helps people to get somewhat control over their dreams. As you're falling asleep, try to think of a scenario where you can control your dreams and dream about it. This may help you to get good dreams and may possibly help you to control them too.

IF I COULD BE INVISIBLE FOR A DAY

- Abner Rency Thomas, IIID

If I could be invisible for a day, the possibilities would be endless. First and foremost, I would attend all the top-secret faculty meeting and giving valuable insights into the decision-making processes that shape our education. Next, I would sneak into the library after hours and devour every book on my reading lists without any distractions. Imagine the knowledge I could absorb in just one night. But it doesn't stop there, I would also use my invisibility to

observe my fellow students and understand their perspectives better. By listening to their conversations and witnessing their struggles, I could become a more empathetic classmate. In conclusion, being invisible for a day as a student would not only satisfy my curiosity but also allow me to enhance my educational experience in ways unimaginable.



THE TRIAL OF PROGRESS: CITIZENS VS. AI DEVELOPERS

- Aditya Bhattacharya, Siddhi Mulik, Aditi Kale, Sahil Vaidya, Aarya Datar, Harshal Pote



INTRODUCTION: The courtroom is buzzing with anticipation. The prosecution led by District Attorney, Ms. Satyaa Gupta, and the defense, represented by prominent lawyer Mr. Jolly Mishra, stand ready.

JUDGE: (Gavel banging) Order in the court! Let us proceed with the opening statements.

SATYAA- The defendants on trial today are responsible for the ill effects of artificial intelligence on our society. They created AI systems that are biased, discriminatory, and cause a breach of privacy. People have lost their jobs and mental peace. Families have been torn apart, and communities have been devastated. The AI companies must be held accountable for their actions. We stand here today to bring justice to those who have suffered.

JOLLY- We are here today to address the allegations against my clients, the AI developers. The prosecution claims that AI technologies have caused harm to individuals. Your Honour, the prosecution is trying to scare you with stories about AI accidents and job losses. Shall we punish inventors for inventing a tool that can

improve our lives? AI systems are not biased or discriminatory. Neither are they responsible for any breach of privacy. Instead, AI technology has brought about significant change in the way things are done.

SATYAA – I would like to call upon my first witness, Vikram Rathod. **ANNOUNCER** – Vikram Rathod haazir ho.

(Vikram takes oath)

SATYAA – Mr. Vikram, please tell the courtroom what you do for a living?

VIKRAM (Namaste gesture) - Yes Ma'am. (Turns to face the judge) Your Honour, I worked as the Chief Automobile Engineer with Mercedes and was head of development for their electric cars. But, (his voice shakes) I ... I have been unemployed since the company adopted AI and decided to layoff employees. Now, I struggle to provide for my family, even their basic needs.

Crowd- The designs of the cars were much better then, we miss the human touch on these designs. **JUDGE-** Order! Order! (Bangs his gavel)

SATYAA - That is all your honour. Thank you, Vikram.

Now, I would like to call upon Anurag Bose, a renowned musician, to take the stand.

ANNOUNCER – Anurag Bose haazir ho.

(Vikram walks out. Anurag walks in)

SATYAA- So, Anurag, tell me, do you or do you not believe that AI is replacing humans in the field of performing arts like music?

ANURAG- Yes, your honour, I believe that AI has led to mass unemployment. AI might seem a good way of getting work done but, milord, I assure you that AI is not sustainable and all art



forms will lose their charm if handed over to a computer.

SATYAA- Well said, Anurag. That is all, Your Honour. JUDGE- Does the defendant have any witnesses to call?

JOLLY- I would like to call Christine D'Souza, a final year master degree student.

ANNOUNCER – Christine D'Souza haazir ho. (Christine walks in)

JOLLY- So, Ms.D'souza, how helpful has AI been for you and what importance does it hold? Give us a student's outlook on this one, if you may.

CHRISTINE- Your honour, I have struggled to turn up assignments on time all my life, but these AI applications have completely changed that. They provide me with information and do most of the research for me. Most of the time, I only need to copy and turn the assignments in. This has improved my grades.

JUDGE- Now please present your concluding statements. Ms Satyaa Gupta, please start with your closing statement.

SATYAA- Your honour, I believe that AI is doing no good to mankind. If there is unemployment, poverty and suffering, do you think we really even need AI? I request the abolition of all bodies relating to AI based on its harmful effects on society. That's all your honour.

JUDGE- Mr. Mishra?

JOLLY- Your honour, I am still of the belief that AI is just a tool. Even a pencil in the wrong hands can be lethal.

SATYAA- But a pencil is not coming to hunt for our jobs!

JUDGE- Ms Gupta, please, control yourself. Let him speak. Continue, Mr Mishra.

JOLLY- Yes, Your Honour, as I was saying, this should have been an open and shut case. Their allegations according to me are completely baseless. I demand that the prosecution

reimburse my clients monetarily and also provide a formal apology for wasting their time. I rest my case here.

JUDGE- We shall have a short recess now after which, I shall announce the verdict. The court is adjourned!

After the break...

JUDGE- The court is now in session!

After careful consideration, I have reached the following verdict.

The Court finds the defendants guilty of causing mental trauma to citizens. The Court finds the defendants not guilty of replacing human jobs directly.

The court recognizes the jobs lost due to AI intervention and now hands over complete supervision of AI applications to the state. The court orders the Developers to reimburse those who have lost employment. The court keeping the bigger picture of human development in focus, does not ban AI completely but is restricting its usage to very important and official purposes only.

JUDGE- Apart from the judgement I would like to give important advice to students. My dear students, this is not what we want from this generation. You are the future leaders of our country. When you get an assignment, it is for you to exhibit your innate skill, not portray your ability to copy-paste. We want students to present their authenticity. We appreciate this generation being at par with latest technology, but such technology is only meant to be used as guidance and nothing more.

This is a 'Change for the better, right now not later!

The court is now adjourned! (Knocks gavel)



K-DRAMAS AND THE KOREAN HYPE

- Hiren Mahtani, XB

Korean wave also known as Hallyu has been sweeping across the world with its popular music, drama, beauty and cuisine. India is no exception to this phenomenon as more and more Indians are embracing Korean content and products in their daily lives. The main aim of this article is to explore the reasons behind the dramatic rise of Korean hype in India, the impact it has on Indian society and the future prospects of this trend.

Indian viewers have been introduced to different facets of Korean culture including traditions, customs, language through k-pop and k-dramas. The cultural exchange has helped increase awareness of and respect for Korean traditions through the world.

Numerous Indian fans have adopted Korean fashion trends in terms of attire, accessories and hairdos. In India particularly among the younger generation fashion trends have been impacted by Korean celebs who are revered for their sense of style.

An intriguing storyline, an exceptional star cast and beguiling romance adds to the popularity of K dramas in India. Secondly k dramas have been breaking stereotypes, have been providing the viewers with 'the feel good vibes' ever since they got released in India.

To add spice to the article here presenting a gist of two most anticipated K dramas of 2023-

◆ 'A time called you' (2023)

Genre – fantasy, mystery, romantic drama.

Directed by – Kim Jin-Won

'A time called you' is a fantastical time slip series on **Netflix**, the remake of the Taiwanese drama 'Someday or One day'. **Han Jun Hee** (Jeon Yeobeen) can't get over her boyfriend **Ko Yeon Jun** who died a year ago. In a twist of fate, she somehow travels back in time to the year 1998 and finds herself as high school student **Kwon Min-Joo**. There, she meets fellow student **Nam**

Si-heon (Ahn Hyo-seop). She is surprised by his uncanny resemblance to her late boyfriend.

Each lead takes on the challenge of playing two characters who look identical, but have completely different personalities — and all the complications that creates when it comes to love.

◆ 'The Glory' (two seasons- 2022, 2023)

Genre – thriller, melodrama

Directed by – Ahn Gil-ho

'The Glory' is a second installation of the hit revenge drama which was earlier released on Netflix in 2022. A former victim of school violence, **Moon Dong-eun** (song hye-kyo) plans and seeks revenge on her bullies after taking up a job as a homeroom teacher at the elementary school of the bully leader's child. Some scenes are based on a true event in **2006** when a group of middle school students from **Cheongju**, South Korea, extorted money from their classmate for about a month, repeatedly beating and burning her, using objects in the process.

Stars Lee do-hyun, Lim Jee-yeon, Park Sung-hoon, Yeom Hye-ran and Jung Sung in prominent roles. A gripping tale, a boomerang of fate has managed to keep the audience on the edge of their seats. In simple words '**The Glory**' is a plot that develops slowly in a crescendo where the spectator craves for the ending.

K-Dramas often feature Korean street food and certain exotic dishes, which further creates a sense of curiosity and awareness in the minds of Indian viewers. Korean street food being a vibrant part of Korean cuisine is well known for its diverse flavors and unique presentation. Some popular Korean street foods include tteokbokki, a spicy and chewy rice cake dish, hotteok, a sweet and savory filled pancake, and gimhap, a Korean version of sushi, kimchi stew, a staple Korean side dish made by fermenting vegetables, spices and fish sauce. Other popular



street foods include fried chicken, fish cakes, and Korean-style corn dogs, hwachae, etc.

Korean street food, found in various outdoor markets and food stalls throughout Korea, is a must-try for any food lover visiting the

country. Increased demand for Korean food in various parts of the country today, has helped to initiate Korean restaurants in various corners of India.

TRULY BLESSED

Dear children,

Teaching is a profession that only a select few are chosen for. And a few amongst the select few are truly blessed when they cherish and treasure being a teacher. My journey as a teacher began by accident. I now shudder to think what if I had not been given that accidental opportunity. It's been a journey of 30 long years and I can say that each day has been full of joy, excitement and satisfaction. Very few working professionals can say that there is a spring in their step every day when they leave for work. Entering the school gate has filled me with a unique feeling every morning. It would be almost impossible to describe it in words. And the main reason behind all of this is YOU.

I wait to meet YOU every day knowing well that we just met yesterday. It is YOU that fills my entire being. I enter school thinking how can I make things easier for YOU today, what can I do to simplify the lesson for YOU, how can I help YOU make the right choices, how can I empower YOU to face bullies, how can I explain to YOU that stress is a part of life, how can I make YOU happy and carefree, how can I ensure that YOU experience the magical period called childhood, how can I convince YOU that the mobile is a good slave but a bad master, how can I help YOU navigate through difficult situations in life, how can I reassure YOU that it is okay to be different, how can I help YOU become the best version of YOU. I admit that sometimes I have misunderstood YOU, I have been impatient with YOU, I have judged YOU, I have failed to keep my promise to YOU, I have scolded YOU, I have not been there for YOU.

The very purpose of my professional and many times personal existence has always been YOU. There is hardly a moment in the day when I am not thinking about YOU. When I am watching a motivational video I think I must show it to YOU, when I read something nice I wonder how can I get YOU to read it, when I correct your papers I get frustrated when YOU make the same error again, when I see YOU indulging in underage driving I worry about YOU, when you clam up I think of innovative ways to reach out to YOU.

And the best part about this 'YOU and me' is that YOU have helped me become a better me. Having different versions of YOU around me for 5 hours every day has made me what I am today. YOU have made me feel comfortable with technology, YOU bring a smile to my face because of your silly antics, YOU have made me an epitome of patience thanks to your newer techniques of naughtiness, YOU question me unabashedly and ensure that I come well prepared to class, YOU have made me tolerant and given me a wider perspective about things, YOU have made me stronger by bouncing back from unimaginable tragedies. Hardly a day goes by when YOU don't cease to amaze me.

This is just to say thank YOU. It is undoubtedly YOU that has made me a better teacher and a better person.

With love,

Padmaja Limaye



THE WORLD OF SCIENCE FICTION : EXPLORING FUTURISTIC IDEAS

- Siddhi Mulik, XA

Science fiction, the genre that has enthralled and inspired generations, offers a captivating glimpse into the future. It's a realm where the boundaries of reality are stretched, where the limitless potential of human imagination unfolds, where the multiverses evolve. Science fiction is not just about spaceships and alien worlds. It is about our ideas that are going to shape our future. Many futuristic ideas have evolved into reality. Aeroplanes, Submarines, Space Travel, Lasers, Robots and how can we forget the Metaverse. The concept of submarines was initially imagined in "20,000 Leagues Under the Sea,". Today, submarines are a crucial component of naval warfare and scientific exploration. But don't confuse it with submersible they are different, read about titan but go on adventure on your own risk.

The metaverse, a term originally coined in science fiction, has steadily transformed from a fictional concept into a digital reality. This virtual universe, often depicted as a convergence of physical and digital spaces, is no longer the stuff of science fiction but a rapidly emerging digital reality. The metaverse represents a significant shift in the way we interact with technology, offering boundless opportunities for entertainment, communication, education,

and business. Today, the metaverse is often associated with virtual reality (VR) experiences, augmented reality (AR), and the integration of blockchain technology.

We don't know whether dystopian futures awaits or our future generations will be having dinner on Mars or having dinosaurs as a pet developed by biotechnology. Who knows, in future to study Harappan civilisation the students would be actually time travelling by using time machine made by a person who is reading this clarion! I don't know when this sci-fi will turn into actual reality but I know that the students in the future after completing their school will meet their alien friends, by making use of space ships they will explore the multiverse and enjoy reading my article from the clarion!

Never forget the world of science fiction remains a bridge between our present reality and the vast realm of possibilities that the future holds. As we continue to explore the landscapes of science fiction, we may find that the boundaries between the fiction and the real are more porous than we ever imagined. So, never stop your imagination and explore the undiscovered realms.



ANCHAL'S ATHLETIC ODYSSEY

Anchal Sajesh Patil, our star high jumper, who won the silver medal in the under-16 Girls' category at the recently concluded 37th National Junior Athletics Championships 2023 and set a new state record at the Chandrapur School Games State Athletics meet by clearing an impressive 165cm in the high jump for the under-17 girls' category, talks to **Rochelle Joseph**.

When did you start getting interested in sports?

I began at the age of six experimenting with different activities until I discovered my preferred sport, high jump. My parents always emphasized on the importance of having good health and what is better than playing to achieve that? A friend introduced me to the sport of high jump, and after defeating her in practice, I fell in love with the exhilarating feeling of victory.

What does your daily schedule look like?

My day typically starts with school. After that, it's straight to practice. I make sure to spend a mandatory two hours in the gym. I know it sounds hectic and boring but I have to sacrifice my leisure time to strive for excellence.

Who motivates or inspires you?

My coach Shrinivas sir is a record holder in hurdles. He constantly inspires me to do my best. Additionally, my rivals and other friends in athletics serve as a significant source of inspiration. Athletes who face challenges due to the lack of facilities and yet persist, motivate me. It makes me realize how privileged I am and that propels me to work even harder.

How do you maintain a balance between academics and sports?

Honestly, I'm still figuring out how to manage both. My schedule, as I said, is pretty hectic, and there are times when it's a real challenge to find time for my studies. But, I always do my best, and thankfully, I usually end up with decent marks.

What makes you rise every morning and dedicate yourself to practice? Surely, you must be tempted to sleep a little longer?

I think it's my passion for success that keeps me going every morning. My parents play a huge role in that too. My dad's proud smile every time I win a medal makes all the hard work feel absolutely worth it. Their support and the joy they take in my achievements motivate me to give my best every day.

How do you handle setbacks or injuries during your training or competitions?

I've faced injuries, and at one point, I even underwent surgery. It was painful, and there were moments when I doubted if I could continue. But I didn't think of giving up. With the support of my family and coaches, I somehow worked my way through my struggles. Despite the fear that injuries instilled in me, I persevered and managed to overcome those challenges.

Which victory has forever been engraved in your memory?

The victory at Chandrapur was truly unforgettable. The moment I secured the win, numerous people rushed to take pictures with me, offering their congratulations. It made me feel like a celebrity, and I absolutely loved the sweet taste of that triumph.

What intimidates you?

There are moments when I do feel intimidated. During high jump, the metal rod can be a bit scary. The key is to stay focused and give 100 percent effort, no matter what or who I'm up against.

Where do you see yourself in the next 10 years?

I haven't really thought that far ahead. The future remains uncertain for me. It's possible that my interests might shift towards another sport over time. However, if I stick with high jump, I aspire to represent India in the next few years.



A RISING STAR

In a remarkable display of skill, dedication, and unwavering determination, Rishabh Das who is just 16 years old has not only made a mark for himself but has also brought glory to our school. At the National Games 2023 in Goa, Rishabh Das emerged as a true champion, securing three silver medals and a bronze in the highly competitive realm of swimming. **Rochelle Joseph** met Rishabh to know more about him.

How did you start swimming?

I was selected in a talent search conducted in our school and ever since then I have been swimming. Now, it has become my passion. (Intrigued by the realization that he had dedicated nearly 11 years of his life to swimming, I asked him;)

What has driven you to keep on practising hard for the last eleven years?

The driving force is my unwavering passion for ultimate success and my love for swimming. It serves as a constant motivator, pushing me to strive for excellence and become the best version of myself.

How do you balance academics and swimming?

I maintain a rigorous schedule to ensure that I stay on track. It's crucial for me to minimize distractions that could potentially impact my academic performance and swimming training. I avoid going out with my friends and instead I use that time to study or practise. This disciplined approach helps me strike a balance between my academic responsibilities and my commitment to excel in swimming.

Which is your favourite stroke in swimming?

I find great enjoyment in both freestyle and butterfly strokes.

What role does nutrition play in your performance?

I follow a strict diet because a balanced nutritional intake is absolutely crucial for an

athlete. It not only sustains our stamina but also enhances overall performance. A well-maintained diet ensures that my body is ready to meet the demands of rigorous training and competitions.

How do you navigate the solitary nature of swimming? Do you ever feel lonely?

Loneliness has never been a concern for me. I am home in the swimming pool. It's where I belong. And, that sense of belonging eliminates any feeling of loneliness.

How do you handle expectations?

I believe mishandling expectations can impact athletic performance. My mantra is to consistently give my 100 percent, regardless of the circumstances.

Who do you consider your most formidable opponent till now?

I once had the opportunity to compete against Srihari Nataraj, a swimmer of international calibre. He secured the gold, and I earned the silver. Despite the loss, it was an invaluable learning experience.

Have you ever experienced such a devastating loss that you felt like giving up?

Yes, I've encountered my share of losses. But, no, the thought of giving up has never crossed my mind. My unwavering ambition to, someday, secure an international medal for India has always been my driving force to rise after a setback. My parents and coaches serve as my pillars of support, consistently motivating me to fight challenges.

Where do you see yourself in the next ten years?

I can't be certain; it depends on my performance over the next three years. However, one thing I am sure about is my unwavering commitment to continue swimming and to carve out a name for both myself and my country.

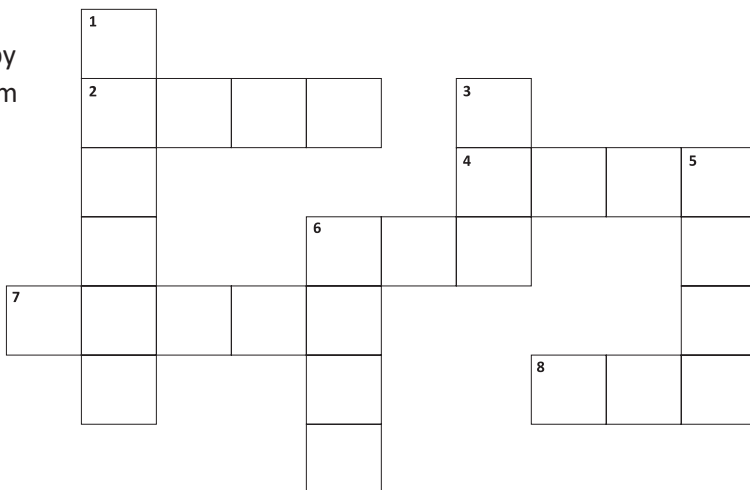


WORD QUEST

- Rochelle Joseph, IXC

Unleash your word wizardry !

Complete the crossword puzzle by weaving in the perfect words from the given letters.



UNLOCK THE SECRET CODE!

- Dev Iyer, IXB

$\frac{I}{-4} \quad \frac{-7}{-}$
 $\frac{12}{-}$
 $\frac{2}{-}$
 $\frac{8}{-}$
 $\frac{C}{-10}$
 $\frac{A}{-12}$
 $\frac{1}{-}$
 $\frac{-9}{-}$
 $\frac{5}{-}$
 $\frac{8}{-}$
 $\frac{A}{-12}$
 $\frac{0}{-}$
 $\frac{I}{-4}$
 $\frac{7}{-}$

$\frac{12}{-}$
 $\frac{2}{-}$
 $\frac{8}{-}$
 $\frac{C}{-10}$
 $\frac{A}{-12}$
 $\frac{1}{-}$
 $\frac{-9}{-}$
 $\frac{2}{-}$
 $\frac{-4}{-}$
 $\frac{I}{7}$
 $\frac{!}{-}$

The letters of the alphabet have been arranged in a definite pattern. Each letter is associated with a number in the English alphabet. The result has a powerful quote. Some of the letters have already been given. Use your mighty skills to crack the code!

(The letter 'M' has been given the value zero and rest of the letters' value has been calculated accordingly)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
-12	-11	-10	-9	-8	-7	-6	-5	-4	-3	-2	-1	0	1	2	3

Q	R	S	T	U	V	W	X	Y	Z
4	5	6	7	8	9	10	11	12	13

I. Answers to Quiz:

Down: 1. island 3. and 5. Land

Across: 2. sail 4. nail 6. sad 7. snail 8. Lid

II. Answer:

If You Can Dream It

You Can Do It



ChatGPT - THE CREATIVITY KILLER ?

- Shreesh Abhang, XB

ChatGPT (Generative Pre-Trained Transformer) as most of you know is an Artificially Intelligent Software which helps us in various tasks from receiving information to writing creative essays and other stuff. It is proving to be useful in multiple applications and is certainly going to impact the future.

ChatGPT is helpful to students in many ways. It is designed to bring together information from all over the internet and compile it into a short concise manner which summarises most of the available information. If someone is working on a research paper, GPT will be able to help them by collecting and combining the information into a nutshell. This makes it different from other search engines and websites which do not have the ability to process and compile data.

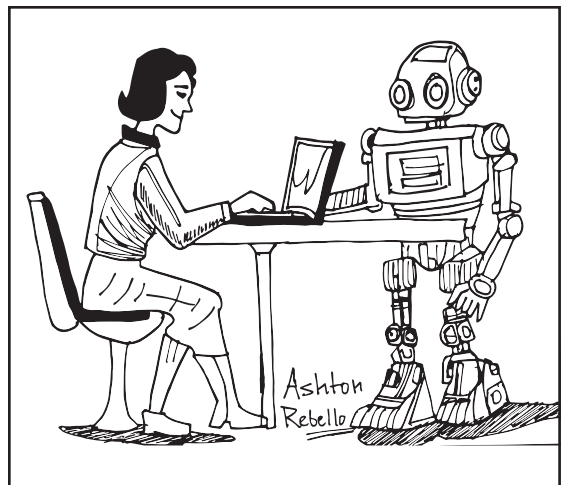
Plus, it is fast and free making it a superpower available at your fingertips. ChatGPT has also been handy for students in making difficult concepts simpler to understand and to grasp the broad perspective of a certain idea. Tough maths or physics problems can be explained in layman's terms with the help of this software. Most importantly, it saves valuable time which makes it a very good option for completing tedious or complex tasks.

Even though ChatGPT has such advantages, its misuse may lead to certain disadvantages. Many students have started using it increasingly because it makes work easier to finish and are now starting to depend on it. It hinders their skills of critical thinking, decision making and significantly affects their creativity. Students might be tempted to just copy and paste information provided by ChatGPT into their projects and use it for other writing purposes. This will surely put their academic integrity into great risk and they will have to bear its consequences. They shall lose the ability to think originally and write on their own.

If everyone starts using ChatGPT, originality and talent shall be lost. The able and hardworking ones may not get a chance to prove their worth and achieve their potential. This would make everyone average and obstruct the intellectual growth of society.

At the end of the day, ChatGPT is just a software and can produce false details or generate partially incorrect data leading to passage of misinformation around a particular topic. This difference can be serious and thus one should critically examine the content produced and use the information wisely. For example - this inaccurate data would lead to disastrous consequences if used in the medical field.

In conclusion, ChatGPT is a powerful tool that can greatly benefit students when used responsibly. It offers quick access to information, simplifies complex concepts, and saves time. However, its overreliance can hinder critical thinking, creativity, and personal interactions. To maximise its benefits, users should be cautious, verify the generated information, and use ChatGPT as a supplement rather than a substitute for their own skills and abilities.



NATURE : A GREAT TEACHER

- Yatee Singh Jayprakash, IVC

Have you ever noticed the most beautiful thing around us? 'Nature' But did you know nature could also be a great teacher, a great home and a great wonderland?

You may wonder 'How a great teacher?' Doesn't it teach us the value of things? When we do good deeds, like a teacher it gives us fruits, flowers, shelter etc, and punishes us by viruses, earthquakes and other natural disasters when

we do wrong. Mother Earth has her own way of teaching us important lessons in life on how to never waste our resources, how to be grateful in life and so much more.

Like I said nature has its way of teaching and we have ours of learning. Let us all sit in the never-ending class of nature and learn the never-ending lessons of life.

THE POWER OF KINDNESS

- Stuti Sengupta, IVD

It was a bright sunny afternoon in the Monsoon season.

I and Papa went out for a walk together and I saw the McDonald's Store.

As usual, I suddenly felt hungry and craved for a burger and some fries.

Papa would never say no to my request for a burger (he too loves to eat burgers)

So, we went in and ordered 2 burgers and some fries – I had the burger and I loved it. We then stepped out and I still had some fries to eat, as I like to have them one at a time.

As I stepped out, I saw a girl and she asked me if she could have the fries (she looked hungry)

I don't know why but I gave her the fries and in return she smiled at me.

I smiled back (I felt good and happy) I don't know WHY.

I think that girl felt good and happy.

And maybe that's why I felt the same.

If you have a little more than what you need

Please share it with someone who needs it more.

It will make you happy.

KINDNESS DOES NOT COST MUCH BUT DOES BRING A LOT OF HAPPINESS

STAY KIND STAY HAPPY



IF YOU GET A CHANCE TO CREATE YOUR OWN COUNTRY, WHAT WOULD IT BE CALLED AND WHAT LAWS WILL BE FRAMED ?

- Yash Satish, VE

My country will embody peace, tranquillity, all-round happiness and personify itself in the world map so much so that the country will become synonymous to GOD's own country. I will name my country 'Aikyam' (which means unity in Sanskrit).

In Aikyam, I will frame the following laws. The first law will be to put a definite commitment on the rich to take care of the poor and share their wealth and resources and enable the poor to become self-reliant and come out of poverty. This will eradicate poverty from my country. The second law will be to protect animals, creatures and the ones who can't speak for themselves but deserve all the love and care. Anyone who harms the animals depending upon the level of cruelty meted out, the person would

be punished. The third law will be to protect nature and preserve its harmony. There will be harsh punishment imposed on uncontrolled felling of trees, hunting of animals, damage to mangroves, and destruction of jungles. The fourth law will provide homogenous access to healthcare and wellness services and will ensure a happy healthy life for all the people living in my country. The fifth law would ensure that every child in my country gets the best and uniform access to education. There will be no discrimination based on caste, creed or any such.

I wish everyone reads this and starts implementing actions to see a better tomorrow for all of us.

IF YOU COULD BE A FAMOUS PERSON, WHO WOULD IT BE, AND WHY ?

- Avni Yadav, VD

If I could be a famous person for a day, I would be a scientist. I have always been very curious about time travel. How great it would be if I could go back in time to the era of great scientists like Marie Curie or Albert Einstein or Thomas Edison!

I would meet them and learn about their discoveries and tell them how we have benefited from those discoveries. They will also be glad to know that their inventions are so useful to us. I would tell them about the discoveries made in the present century and they would be amazed to know how technology developed in their time.

I would bring back some things like Marie Curie's

pencil, Albert Einstein's glasses, Thomas Alva Edison's hat, and treasure them. I would take some items from the present time to be gifted to them like a pencil box, sunglasses, raincoat etc.

I would be famous once I returned to the present day. There will be a media and press meet and my picture will be published in newspapers and online. I will talk about my time travel journey, and I will be invited to visit the Honorable President of India, who will be happy to meet me and encourage me to continue my research work as a scientist.

I will gather so much information from my time travel trip that I can use it to improve my work and create something good for my country.



A JOURNEY ETCHED IN TIME

- Rishabh Pillia, VIIB

On the 19th of November, the students embarked on an epic adventure to the spectacular trio of Manali, Dharamshala, and Amritsar. We boarded the bus to reach Mumbai Central, thus kicking off our journey on a train to Chandigarh. We did everything from singing our hearts out in Antakshari to playing various board games. A delightful stop at Sukhna Lake featured picturesque views and culinary delights, including fast food and sweets. We hopped on an overnight bus set for the eagerly anticipated resort in Manali.

As the early morning sun bathed the resort in a golden glow, students were greeted by majestic snow-capped mountains. The day unfolded with adrenaline-pumping adventures like rocket bungee jumping and rappelling, culminating in a disco party that had everyone dancing till exhaustion. Later, our journey led us through the Rohtang tunnel, venturing into the Lahaul valley for an exhilarating day filled with thrilling

zip-lining and playing in the snow.

Our next destination was 'Mall Road'. This wasn't just a journey; it was a retail therapy where souvenirs piled up faster than memories. Next day our journey continued to Dharamshala, where sightseeing revealed highlights like the HPCA (Himachal Pradesh Cricket Association Stadium), a serene tea garden, and the tranquil Dalai Lama temple.

The following day marked the arrival in Amritsar, where the Wagah border's patriotic parade stirred emotions. The highlight of the journey awaited at the Golden Temple, where the radiant gold illuminated the surroundings, creating an indelible image in every mind. As the trip came to an end, the students embraced the final leg of their expedition, yet the bonds, lessons, and gratitude lingered, ensuring these memorable days would forever be a cherished chapter in their academic and personal growth.



READING : A BOREDOM-BUSTER AND COPING MECHANISM WITH HIGH LEVELS OF SCREEN-TIME

- Hiranmayi Santosh Chatufale, VIA

In today's times, there is a sharp increase in children's screen-time, owing to technology becoming an integral part of their life. This has led to reduced focus and resultant impact in the form of various mental disorders. High engagement with technology leading to increase in screen-hours, induces stress and reduces green time. This overloads sensory systems, disrupts the sleep cycle and desynchronizes the body clock. On the contrary, reading is not only a vital habit for children but should also be encouraged across age groups in multiple ways.

It is an exercise to the brain and positively impacts the cognitive systems. Reading helps in developing imagination and also significantly improves memory and concentration levels. Research suggests that reading reduces stress levels and ageing. It also improves intra-brain communication, especially in the regions that control language processing.

Reading enhances one's vocabulary and imparts to an individual the ability to traverse the world and live the experiences penned by authors. An individual is exposed to diverse people, cultures and geographies; while also unveiling the historical significance of countries across the globe. One learns about the socio-demographic circumstances of the past and gains valuable insights for the present times. Books are indeed the best friends one can ask for; it's books that guide, motivate, inspire and travel with no limitations of distance and time.

It's time we take conscious steps to reduce screen time and shift our focus to reading and developing greener ways of enriching ourselves, while positively contributing to our ecosystem. Reading is conducive to developing a holistic personality and multi-dimensional perspectives to life, as we evolve; and yet, continue to thrive in this world, where change is the only constant.



LIFE : THE UNKNOWN BLUE

- Ishwari Bhat, XII B

I wonder what people think of life,
A burden? Full of stress? Or a journey of tears?
I see people at the beach,
Looking at the waves crashing at their feet,
A moment of peace for them,
Even when not knowing what lies underneath
the waves,

Not knowing where the horizon ends,
Not knowing about the deep trenches,
Not even a single thing about it,
Still that moment of peace prevails.

I wish people could look at life that way,
Looking forward to the future with hope,
Embracing every moment,
Finding happiness in the unknown.
All the highs, the lows, the darkness, and the light.

Did you ever try to realize your might?
People say everything has its own beauty,
It might sound like a movie,
But I didn't realize it was true,
Until I saw the beauty of the unknown blue.



THE GAVELS CLUB

- Vinisha Ganesh, VIII

‘Words are, in my not so humble opinion, our most inexhaustible source of magic.’- Professor Albus Dumbledore. Words possess great power. When used correctly, our words can have the most marvellous impact. However, the question that remains is- How do we harness the power of speech? How do we make an impact with only our words at our disposal? Well, friends, I proudly introduce to you, **‘The Gavel Club’**.

‘The Gavels Club ‘ is a part of the Toastmaster experience which is an international club, associated with public speaking and overall personality development. This club is globally renowned and has helped countless individuals conquer their fear of public speaking as well as stage fright. There are multiple roles that one can play in this club. The main goal of your experience is to complete 10 prepared speeches where in you can talk about any topic of your choice, your first speech being an *Ice Breaker* where u will introduce yourself. Now comes the fun part! The name of this segment is the *‘Table-topics’*. Here, the randomly chosen members will be presented with questions related to the Theme of The Day. These members will get a sufficient amount of time to think about the topic, after which they will give an impromptu speech pertaining to the question. The next segment is- The Evaluations Segment. Initially, the members who have prepared speeches

to present to the club are each assigned an evaluator. The duty of the evaluator is to scrutinize and analyse their respective speeches. The evaluators will then review the objectives of the speech. He/she will point out the areas which require improvement and highlight the best bits of the speech. Personally, one of my favourite roles is being the **GOD** of the meeting. Obviously, the word GOD is not to be taken in the literal sense. ‘GOD’ is an abbreviation for **Gavelier of The Day**. This is the role of the anchor of the meeting. The anchor will tend to the proceedings of the meeting and choose a theme for the day. Although, the question still remains- How does being a part of the gavels club help us?

This provides various advantages. The Gavels Club is a formal, supportive and yet interactive fraternity. Free of exams, homework and studying, the learning happens through experience and creativity. This club highlights the importance of qualities such as confidence and leadership. Here you will also be able to learn to put forward your perspectives in a well organised manner which will help you in your life later on. For example – Preparing for presentations, Job interviews, lectures and more. So, show some enthusiasm! For, this is an investment that you are making today for the betterment of your tomorrow.



Budding Talent

Dhyanesh Margo ID

If I was a magician
If I were a magician,
I would spread happiness
all around myself by
entertaining everyone.
I would visit old age homes
and hospitals regularly to
entertain with my illusions and
tricks which will help in
releasing stress and cherishing
their memories.
I would arrange shows for kids in
schools to give them a short
enjoyment. I would love to perform
all over the world and become
famous.
I would practice tricks everyday.
I believe it will take me a long
way.

Name: Shreyash Patil
Std-I 30-6

My favourite subject in school
and why?

My favourite subject in school
is Mathematics. I love to work
with numbers. Mathematics
teaches good math easily if
one is aware of formulae.
It is useful in various fields
like engineering, accounting and
research. It is useful in our
daily life. I use mathematics
while shopping, completing
my projects. It is core of my
daily life. Therefore it is my
favourite subject.

Divya P. Nair (26) 30-10-23

What do you want to read and why?
this year. When my parents
asked me this, the first thought
that came to my mind was -
I want to read Sudha
Murthy. Do you know why?
Because Sudha Murthy is my
favorite author. I love reading
her stories again and again -
especially the Gopi series.
When I read the stories I feel
like I am actually playing
with him. I wish I had a
charming and smart pet like him.
I also love the stories - How
mango got its magic, How the
earth got its beauty, and How
the onion got its layers. When
I read the stories I feel like they
have come alive. When I meet
Sudha Murthy I would ask
how she writes such creative and
engaging stories. I would also
enquire about Gopi and take
her autograph. I am waiting
for my wish to come true.

Munel Corera I A

My Best Friend

My best friend is very
different from all. He has
four legs and a tail. He is
my pet dog Popeye. He is a
12-year-old brown Cocker
Spaniel. He loves to go for
walks and play with the ball.
He is very protective of me and
follows me around. He is very
loyal and faithful. I am
blessed to have him as my
best friend for life.

Idha
Name: Yuwan Std-II-C

If I was invisible
for a day

Being invisible can be an exciting
idea for most people. Like two-faces
of a coin, invisibility can have
advantages and disadvantages for
a child. Invisibility can mean to
license of all kinds of pranks.
But if I would be invisible for a
day, I would help people in need
like superheroes. I would use my
powers in the most fruitful manner
proving a blessing to humanity
and give justice to magical powers
without being checked and
discovered. All the mysteries of
the world. And I would want
to be invisible and be like
a superhero with only one
intention that is helping the
man kind. And I would be
responsible for this power that
god has given me and never
misuse it.

Fun Begins at School



The Home Learning Journey

Parentspeak....

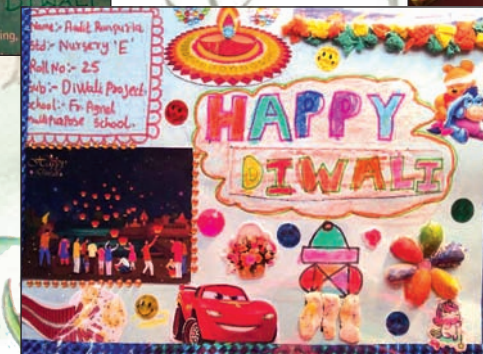
We as a family spent quality time with our child while being productive in every aspect. My child was exposed to indoor as well as outdoor activities to which he not only was physically involved but mentally charged up

Working closely with my child has been an enriching experience, fostering a unique bond of collaboration and learning. Every shared moment - be it exploring new ideas, solving problems, or creating together - has been a treasure. Witnessing their curiosity, creativity and growth firsthand has been immensely rewarding

Home projects

We like the activity chosen by the teachers, they are well planned and our children enjoyed carrying out these activities. We remembered our childhood days while doing these activities with my kid

Thank
You **







Agnel Shooting Team



Agnel Football Team U/15



Football U/19 State Runners Up



Football U/17 Reliance Mumbai Zone Winners



Lawn Tennis Champion Arnav More



Martial Arts Sikai Swaroop Gorad



Agnel Hockey Team Girls



Agnel Swimming Team



Agnel Athletics Team



Agnel Basketball Team



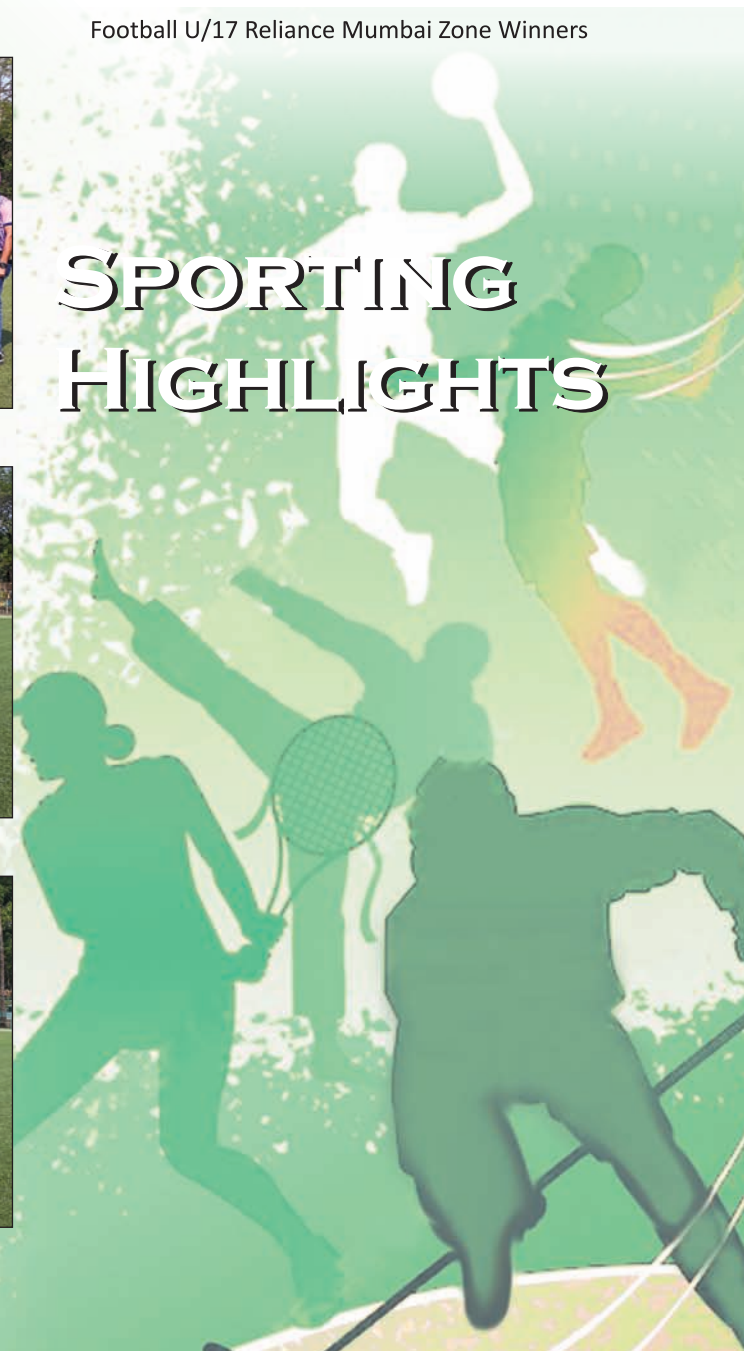
Agnel Badminton Team



Agnel Hockey Team



Agnel Table Tennis Team



CAMPING TALES



THE FEELING OF GETTING LOST IN A BOOK

- Tanmay Kadam, IXB



In the realm of words, I find my retreat
A world of endless wonder at my feet.
The feeling of getting lost in a book,
Is like a hidden path, a secret nook.

With every turn of page, a new frontier,
I leave behind my worry, doubt and fear.

Friends and foes alike come to life and play,
In the theatre of my mind, they dance and sway.

The wordsmith weaves a tapestry of dreams,
In vibrant shades and vivid schemes.
The plot unfolds, a mystery untold,
I lose myself, the web binds me in its fold.

Time slips away, hours turn to days,
Within those pages, a bookish haze.
I find myself in places far and wide,
A magic carpet ride with words as my guide.

From the rivers of ink, imagination flows,
In the world of fiction, my spirit glows.
The prose a portal, the ink a magic key,
Unlocking realms of possibility for me.

The feeling of getting lost in a book,
Is like a hidden path, a secret nook.
The journey through the written word's
embrace,
A timeless, wondrous, enchanting place.

NO ONE EVER ASKED

- Rida Kazi, IXE

No one ever asked,
The reason for the pain.
Always did they say,
Why she cried like rain?

No one ever asked,
Why she was drained?
Why the white of the sky,
In her eye was always stained?

No one ever asked,
The pain of an aching heart.
How she had taken things,
All the way from the start.

No one ever asked,
What all she had put in.

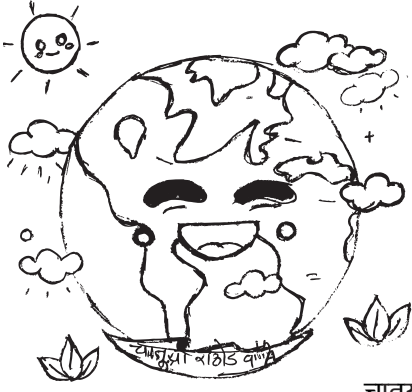
Why she never lost,
And neither did she win.

No one ever asked,
Why she was so lost.
How she let go all but one,
And how much did it cost.

No one ever asked,
If she was fine.
Why she took the smallest things,
As a definite sign.

But later did she realise,
It's no one's job to ask.
And oh! It's no surprise.
Surviving is a task.





गीत वसुंधरेचे

अन्विशा नायक, IXA

दातृत्व घ्यावे तिजकडूनी
अटल, अचल अशी ती सुंदर
डोंगर दऱ्या अंगोपांगी
हसत उभी वसुंधरा सुंदर

चातुर्या राठोड, IXA

काळे गर्द कुंतल लेऊनी
मिरविते रंग तपकिरी सुंदर
गर्द पोपटी वस्त्रे लेऊनी
हसत ऊभी वसुंधरा सुंदर

श्वास कोंडतो तिचा आजकल
विळख्यात अडकली प्रदूषणाच्या फार
विनाश थांबवा विनविते ही धरा
कुणी वाचवा मला, त्वरा करा

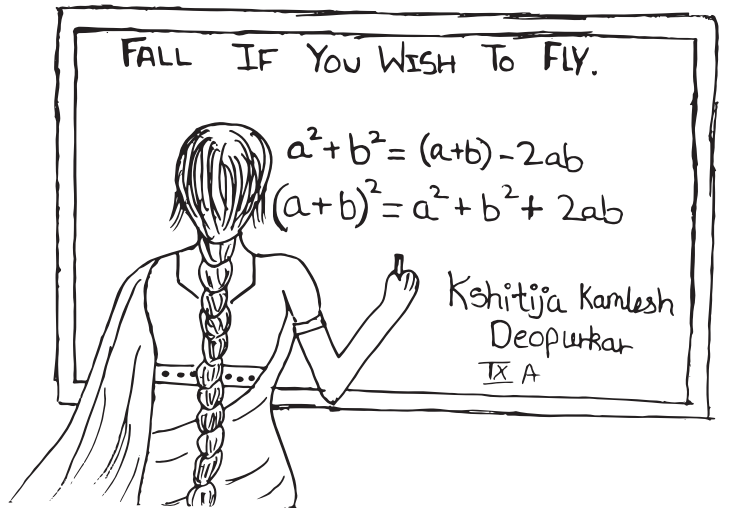
गुरुवंदना

पृथा शेजवळ, XA

लुटपुटू पावलांनी
शाळेत मी प्रवेश केला
इवल्याश्या डोळ्यांनी
जगाला मी पाहिले.
जाता - येता केली मी
कट्टी-बट्टीची मस्ती
मायेने आणि प्रेमाने शिक्षकांनी दिली
मला शिक्षणाची शिंदोरी.

वहया पुस्तकांच्या राज्यात
हे जगच आमचे वेगळे.
कडू-गोड आठवणींनी गच्च भरून गेले.
आज माझ्या दहावीच्या दारात
मागे संस्कारांची शिंदोरी
मी गच्च भरुनी घेतली.

वळून पाहता धन्यवाद त्या शिक्षकांना ज्यांच्यामुळे मी घडले.
शिक्षणाच्या वाटेवर असे
संस्कार माझ्यावर घडले.



वडील आमुचे

अथर्व दळवी, IXD

वडील आहेत आमचे विठ्ठल
सुखाने करिती आमचे पालन-पोषण

येवो संकट कितीही तीव्र
वडील येतात धावून शिघ्र

कुटुंब आहे आमुचे देऊळ
वडील आहेत त्यातील देवघर

कुटुंब जणू हार फुलांचा
वडील आमुचे धागा पक्का

वडील आहेत आमुची सावली
तेच आहेत आमुची विठ्ठल माऊली

प्रवास एका मुलीचा

गार्गी वैभव भोसले XA

जन्माला आली तेव्हा होती चिमुकली,
थोडी मोठी झाली तेव्हा खेळायची ती भातुकली;
अजून मोठी झाली तेव्हा लागली ती शिकायला,
शिकता -शिकता ती लागली जेवण बनवायला
बघता-बघता तिचं पदार्पण, बाईत झालं होतं,
त्रास सोसूनही चेहऱ्यावरचं हसू गेलं नव्हतं,
शिक्षण संपता संपता, सगळे लागले तिच्या मागे,
लग्नं कर लवकर मूली, नाहीतर उरशील एकटीच मागे
लोकांनी घातली तिला भीती,
घाबरली होती ती बिचारी
आई-वडिलांचा आदर करतं
चढली होती ती मांडवावरी
मुलगी, बहीण, बायको...., नाती सगळी जपत गेली,

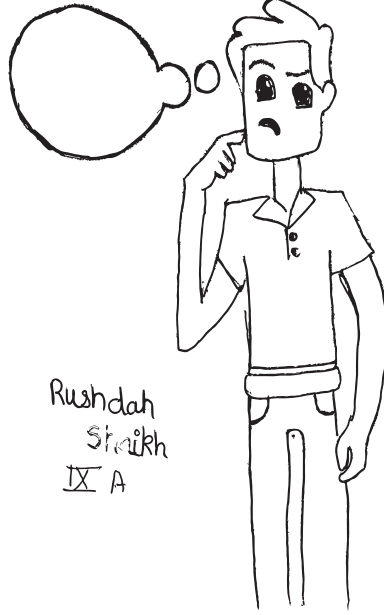
शिक्षण बाजूला ठेवून, नेहमी सगळ्यांचे ऐकत राहिली.
बनली कामसू आई, बायको, सून , वहिनी...
मुलांना शिस्त लागावी म्हणून रागवली, ओरडली
मनात ठेवून अपार प्रेम, काळजी
तिची मूलं मोठी झाली तेव्हा त्यांच्या लक्षात आलं,
वडिलांनी जर सगळे कष्ट केले, मग आईने काय केले ?
“ती कुठे काय करते” ? हे ऐकल्यावर तिने विचार केला,
स्वतः ची काळजी घेण्यास वेळच नाही मिळाला,
तिच्या मुलांना हे कधी दिसलं नाही....
घरच्यांना हे कधी समजलेच नाही....
जेव्हा मुले पालक बनली,
तेव्हा जाणीव झाली आईच्या कष्टाची
आणि कळली व्यथा तिच्या जीवनाची
“आई कुठे काय करते ?” मिळाले उत्तर या प्रश्नाचे.



लढवा डोके

अनाया फकरुद्दीन शेख IX C

- १) लिहितो पण पेन नाही, चालतो पण गाडी नाही, टिकटिक करतो पण घड्याळ नाही, सांगा बरं मी कोण आहे ?
- २) असा कोण आहे; जो लोकांशी कधीच भांडत नाही तरी सुद्धा लोक त्याला जोर जोरात बदडतात ?
- ३) अशी कोणते गोष्ट आहे; जी आपल्याला फ्री मध्ये मिळते; पण हॉस्पिटल मध्ये गेल्यावर विकत घ्यावी लागते ?
- ४) प्रत्येकाजवळ असणारी अशी गोष्ट कोणती, जी नेहमीच वाढत जाते कधीही कमी होत नाही ?
- ५) पाणी नाही, पाऊस नाही, तरी रान कसं हिरवं, कात नाही चुना नाही तर तोंड कसं रंगलं ?
- ६) मी आहे तरी कोण ? डोळ्यात बोटे टाकली की माझं तोंड उघडते.
- ७) आहे मला मुख, परंतु मी काही खात नाही, दिसते मी सुस्त, पण नसते मला झोप..



६) (6)
३) (3)
५) (5)
४) (4)
६) (6)
७) (7)
४) (4)
५) (5)
६) (6)

माझी आई

अवनी वैदय IX C

आई माझी आई,
करते फार घाई.

करते फार काम,
सतत ठेवते वेळेचे भान
वाईट वागले तर रागवते वेळोवेळी,
चांगले केल्यावर बक्षीस देते खरी.

दिवसाचे काम करून थकते,
पण सगळ्यांच्या मनाचे होईल ते बघते

आई माझी लाडकी,
ती माझ्यावर प्रेम करते सारखी.

आई माझी आई
करते फार घाई.



संस्कृती आणि सभ्यता

अथर्व पोरे IXC

आपल्या घरातील मोठी माणसं नेहमी सांगत असतात की आपली संस्कृती-सभ्यता जप हं ! दुसऱ्यांशी बोलताना - वागताना ही संस्कृती-सभ्यता दिसली पाहिजे हं ! म्हणूनच माझ्या मनात विचार आला ; संस्कार , संस्कृती किंवा सभ्यता म्हणजे काय ? तर , हे आपण सर्वजण जाणून घेऊया.

संस्कृती आणि सभ्यता हे मानवी समाजात खरेतर एक दुसऱ्याचे समानार्थी शब्द होते, पण आज ते विरुद्धार्थी म्हणून वापरले जातात. संस्कृती म्हणजे मानवी समाजाची जीवनपद्धती! संस्कृतीमध्ये शिष्टाचार, पोशाख, खानपान, भाषा, साहित्य, विचार, धर्म, तत्त्वज्ञान, कला, नीतीनियम, कायदे इत्यादींचा समावेश असतो. या गोष्टी ज्या काळात, समाजात ,संस्कृतीत आदर्शवत असतात, तेव्हा सभ्यता अस्तित्वात येते. जसजसा काळ बदलतो तसतसा संस्कृतीतही बदल होतो. “जुनं ते सोनं “ हे तत्त्व सर्व बाबतीत नेहमीच योग्य ठरत नसते. जसजसा माणूस समज, सारासार विचार, विवेक आणि अनुभवाने समृद्ध होतो तसतसा तो सुधारतो, आधुनिक होतो.

जागतिकीकरणापर्यंतचा संस्कृतीचा प्रवास पाहता काय दिसते ? पूर्वी आपलेपणाने सर्वांना एकत्र बांधणारी संस्कृती एका छोट्या प्रदेशावर साम्राज्य करायची. आज संस्कृतीची व्याख्या बदलली असून ती जगावर राज्य करायला निघाली आहे. पूर्वीची संस्कृती माणुसकीला अग्रस्थानी मानणारी होती पण तंत्रज्ञानाच्या प्रगतीमुळे ती लयाला जाऊन आज मर्यादित,

संकुचित संस्कृती उदयास आली. आज तंत्रज्ञानाच्या प्रगतीमुळे जग जवळ आले पण माणसांमाणसातील अंतर वाढले.

जागतिकरणामुळे कमीत कमी श्रमात अधिकाधिक आर्थिक लाभ घ्यायचा या व्यावसायिक धोरणामुळे माणूस पैशासाठी कुठेतरी सभ्यता, संस्कृती विसरत चालला आहे. सिनेमा, फॅशन, मोबाईल...या भौतिक गोष्टींमुळे आपण आपली संस्कृती, सभ्यता सोडून देत आहोत. याचे दुष्परिणाम दिसत आहेत.

मुलांनी वाचन सोडून दिले आहे. मैदानावर खेळणे कमी झाले आहे.शालेय पुस्तकांशिवाय मुलांना दुसरी पुस्तकं नको असतात. अवांतर वाचन करण्यात,कोणाला भेटण्यात, गप्पाटप्पा करण्यात,लग्नकार्यात, कौटुंबिक कार्यक्रमात जाण्यात उत्साह नसतो. हे चुकीचे आहे.ही आपली संस्कृती नाही.

आपण भारतीय लोक मनमोकळ्या स्वभावाचे, भरभरून बोलणारे, खळखळून हसणारे, आगत-स्वागत करणारे... हीच आपली संस्कृती होती व ती टिकली पाहिजे.सभ्यता म्हणजे आपलेपणा, ममता ! मायेचा ओलवा ! स्त्री-पुरुष, गरीब - श्रीमंत, श्रेष्ठ - कनिष्ठ असा भेदाभेद मिटवून सर्वांना समान लेखणारी सभ्यता ! आज या सर्वांपासून आपण दुरावत चालले आहोत.

मित्रांनो, अजूनही वेळ गेली नाही. संस्कृती, सभ्यता जपा . सगळ्यांना आपलेसे करा आणि आपण दुसऱ्यांचे व्हा ..



आई

अभिजित चंद्रकांत घुले VIIIIM

काहीच बोलता न येणारी बाळं
बोलायला शिकतात
बोलायला शिकवलेल्या आईला
कधी कधी खूप खूप बोलतात.

मान्य आहे पहिला संघर्ष
बोलताना आईशीच असतो,
तिच्या भावनांचा अर्थ
समजून का घ्यायचा नसतो ?

नको म्हणा, रागवा, तिरस्कार करा
हवे तसे बोला, मस्करी करा
ती कायम तुमच्या पाठीशीच असते
कारण तिची माया वेडी असते...

नाही जेवला, अभ्यास अपूर्ण ठेवला,
लवकर नाही उठला,
नाराज दिसला, विचारपूस करत राहते
कारण तिची माया वेडी असते...

तुम्हाला रागावते, अन स्वतः रडते,
मोठे व्हावे तुम्ही, म्हणून ती झटते
स्वतःला विसरते, तुमच्या विषवात हरवते
कारण तिची माया वेडी असते...

जिंकलात तर ओल्या डोळ्यांनी हसते
हरलात तरी खंबीर बनायला शिकवते
तुम्ही असाल कसेही, पण जीवापाड जपते
कारण तिची माया वेडी असते...

ती नाही कळणार, नाही उमगणार
तिच्यामुळे तर आपण घडलो
हे आज नाहीच आपल्याला पटणार
कारण ती आपणास वेडीच वाटणार
खरं तर ती वेडी नसतेच
कधी मातृत्वाची जबाबदारी पेलत पेलत
स्वतःला ही नव्यानं फुलवत असते
स्वप्नातील दिवस तुमचे वास्तवात स्वीकारून बघत असते
कारण ती "आई" असते.

ती उमगू लागते तेव्हा
आपण मागे जाऊ शकत नसतो
ती असेपर्यंत थोडीशी समजली तरी
यासारखा खरा आनंद नसतो...



आम्ही गातो गीत पावसाचे

सर्व विद्यार्थी XM

असं म्हणतात की, “जे न देखे रवी, ते देखे कवी” कारण कल्पनांचा सुंदर आविष्कार शब्दरूपाने कागदावर उतरवण्याची प्रतिभासंपन्न हातोटी कवी - कवयित्रीकडे असते. “कविता करणं” हा एक व्यक्तिगत अनुभव असतो. पण जेव्हा एखादा विषय एकाच वेळी सर्वांच्या डोक्यात घोळत असेल, हृदयात स्पंदत असेल तर तो अप्रतिम काव्याच्या रूपात कागदावर उतरतो याची प्रचिती या पुढील कवितेतून दिसून येते.

आभाळ गच्च दाटलेले असताना
मन विचारात गुंतते अभ्यासाला बसताना
कधी मिळेल चहा प्यायला पाऊस पडताना
गाण्याची ओळ सुचते पावसाचा सूर ऐकताना.

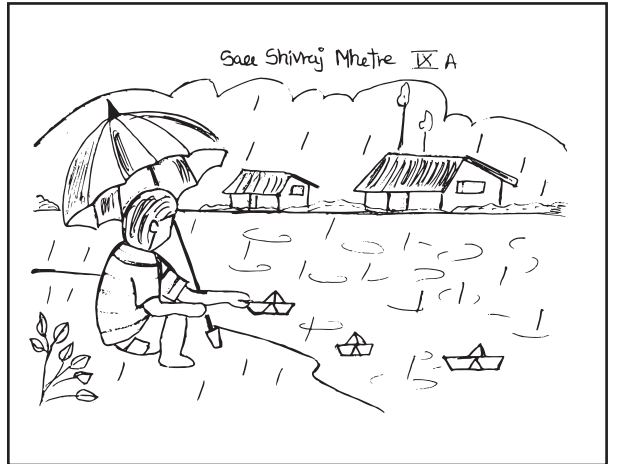
मग गाणे गुणगुणावेसे वाटते
तालावर पावसाच्या
दरवळतो आसमंत सारा
लेऊन सुगंध मातीचा

थंड वार्याची झुळूक
मन आल्हाददायक करते
पावसात भिजण्याची इच्छा
मग मनात उचंबळून येते.

निसर्गाचे रूप
हा पाऊस पालटून टाकतो.
प्रत्येकाच्या मनात
हा पाऊस घर करून जातो.

श्रावणात सुरु होते
ऊनपावसाचा खेळ
आकाशात जमून येतो
सप्तरंगांचा मेळ

पावसाळ्यात सुरु होते
मग शर्यत धबधब्यांची
चढाओढ लागते
त्याखाली भिजण्याची
शेतकरी वाट पाहतो
कधी येते सर पावसाची
तर मुले वाट पाहतात
शाळेला सुट्टी मिळण्याची
उघडतो पाऊस अचानक
आणि डोकावतो सूर्य काळ्या ढगातून
भरकटलेले मन माझे
बसते जागेवर अभ्यासात गुंतून
जीवनातील संकटांना
माणूस धीराने सामोरे जातो
जास्त पाऊस पडला तरी
नीडर उभा राहतो



शाळा

मिहिर ठाकूर XB

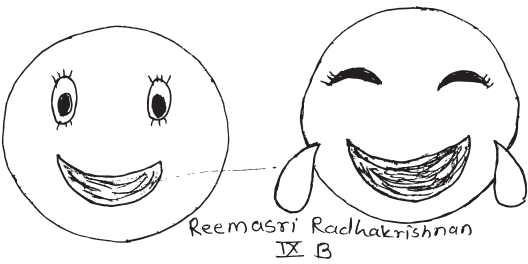
शाळा आहे खूप सुंदर
देते जीवनाचे मोल
हुशार आहेत शिक्षकगण,
समजवतात आयुष्याचा भूगोल .
प्रत्येकाच्या मदतीसाठी सदैव दक्ष,
नाहीत करत कधीच दुर्लक्ष
इथे प्रत्येकाच्या मनात रुजतो
शिक्षणाचा ध्यास,
शिक्षणातूनच निर्माण होते
पुढे जाण्याची आस.
शिक्षण फार सुरेख,
भाषा, वर्ण वेगळे जरी,
तरी लक्ष्य एक

शाळेत जा, शिक्षण घ्या
चालत असतो सतत जयघोष.
कारण शिक्षण हीच खरी शिंदोरी
उरतही नाही आणि सरतही नाही !



हसा खळखळून

मो.रझा XD



- १) गुरुजी - शिकवलेले काही समजले नसेल तर विचारा.
बंड्या - गुरुजी फळा पुसल्यावर फळ्यावरील अक्षरे कुठे जातात ?
- २) गुरुजी - चिंप्या पुन्हा नापास झालास ? जरा त्या पिंकीकडे बघ, तिला नव्वद टक्के मिळाले आहेत.
चिंप्या - तिच्याकडेच बघत राहिलो म्हणूनच तर नापास झालो.
- ३) गुरुजी - शाळेत का नाही आलास ? पाऊस तर थांबला होता.
गण्या - ते "ABP माझा" वाले सांगत होते. कुठेही जाऊ नका . पाहत रहा ABP माझा. म्हणून घरीच थांबलो.
- ४) मोलकरीण - बाईसाहेब, तुमच्या मुलाने मच्छर खाल्ल बाईसाहेब - माझं तोंड काय बघतेस डॉक्टरांना बोलव.
मोलकरीण - आता घाबरण्याचे कारण नाही, मी त्याला All out पाजले आहे. मरेल मच्छर.



वनवाट

गौरी पवार XI F

घनदाट जंगल हिरवी गार झाडे
या रस्त्यावर फुलांचे पसारे
वाटेत पसारे मन वाटे एकटे
पण प्राणी हेच मित्र आणि सखे

सुंदर वनाचा हा सुंदर रस्ता
त्याच्या आभाळी पक्षांचा थवा
विविध प्राणी विविध घरटी
या पशुप्राण्यांना वाटे हेवा
थोडे अडथळे थोडे खाचखळगे
या रस्त्याचे अनुभव अभावाने मिळे

किती माणसे आणि किती गप्पा
वाटेस सांगतात आपली व्यथा
त्या दिवशी वाट बोलती झाली
ऐकण्यासाठी हो त्यांची कथा

पक्ष्यांचा किलबिलाट
पानांचा सळसळाट
काळजाचा ठोका चुकवणारी
अशी सुंदर एक वनांची वाट

पावसाच्या धारा

सर्वेशा कुंभार XI B

पहिल्या पावसाची पहिली सर
देऊन जाते आनंदाची लहर
उमटवी धरणीमातेवर सुगंधी मोहर
निसर्ग करती हिरवेगार मनोहर

धरणीमातेचा भरुनी ऊर
जीवनातला अंधार होईल दूर

धरणीमातेला करुनी ओली
वा-यांच्या धारा मातीचा सुगंध पसरवी
त्या मातीचा सुगंध, करे मनाला प्रफुल्लित
सर्वांची जीवने उजळवीत.



चंद्रयान मोहीम - २०५०

भारत म्हणजे हजारो वर्षांचा विज्ञान आणि तंत्रज्ञानाचा समृद्ध वारसा लाभलेला देश ! भारताने प्राचीन काळापासून वैद्यकशास्त्र, गणिती, तंत्रज्ञान यातील अभ्यासाने, संशोधनाने जगाला अचंबित केले आहे . सर्व भारतीयांचा ऊर अभिमानाने भरून येईल, असे इथे रोजच काही घडत असते. भारतीय वैज्ञानिकांनी यशस्वी केलेली चंद्रयान मोहीम हा तर भारतीयांच्या शिरपेचातील लखलखता तारा

आहे. इसरोच्या अभिमानास्पद कामगिरीचे भारतीयांना मनापासून कौतुक आहे. भविष्यातही अशी अभिमानास्पद कामगिरी भारतीय वैज्ञानिकांकडून केली जाईल असा सर्व भारतीयांना ठाम विश्वास आहे. याच विषयाच्या अनुषंगाने भविष्यातील “चंद्रयान मोहीम २०५०” कशी असेल किंवा असावी, याबाबत विद्यार्थ्यांना काय वाटते, त्यांच्या कोणत्या अपेक्षा आहेत, याचा आढावा इयत्ता IXA मधील माहिक्का श्रीकृष्ण निकम व क्षितिजा कमलेश देवपूरकर या विद्यार्थिनींनी इतर विद्यार्थ्यांशी संवाद साधून जाणून घेतला.

गीत कोठारी XB

सन २०५० मधील चंद्रयान अधिक सुटसुटीत असेल. चंद्राच्या पृष्ठभागाचे तसेच तेथील वातावरणाचे वैज्ञानिक संशोधन अधिक व्यापक असेल .या मोहिमेद्वारे भारत चंद्रावरील मानवी वस्तीसाठीच्या संभाव्यतेचा अभ्यास करण्यास देखील सक्षम होईल.चंद्रावरील खडक व माती यांचे वैज्ञानिक संशोधन

पृथ्वीवर न करता तिथेच करता येईल अशी सुसज्ज प्रयोगशाळा तिथे असेल. २०५० मोहिमेपर्यंत भारत चंद्रावर मानवी वस्ती वसवण्यात यशस्वी होईल असा मला विश्वास आहे.

इशान गाडेकर XA

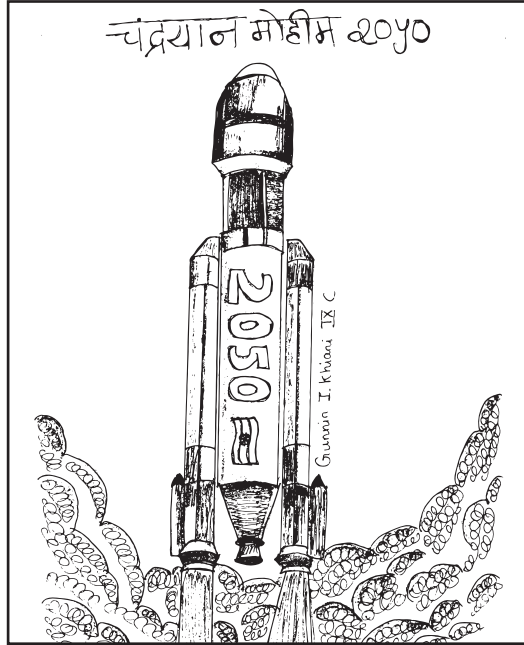
भविष्यातील चंद्रयान मोहीमेत व्हर्चुअल रिअॅलिटी (VR) हे तंत्रज्ञान वापरले जाईल .हे तंत्रज्ञान संगणकाद्वारे

निर्माण केलेले वातावरण वापरून वैज्ञानिक चंद्रावरील वैज्ञानिकांशी पृथ्वीवरून संवाद साधू शकतील. २०५० च्या मोहिमेपर्यंत अनेक यशस्वी मोहिमा आपण पूर्ण केलेल्या असतीलच. त्यामुळे अत्याधुनिक VR तंत्रज्ञानाचा वापर अधिक व्यापक होईल असे मला वाटते.

अरहम गांधी XB

चंद्रयान २०५० जेव्हा चंद्रावर उतरेल तेव्हा तिथे भारतीय अंतराळ संशोधन संस्था, प्रयोगशाळा आधीच अस्तित्वात असतील अशी मला आशा आहे.

चंद्रावरील फक्त खनिजे गोळा करणे, चंद्रभूमीचे फोटो घेणे एवढा मर्यादित उद्देश न ठेवता २०५० च्या पुढे जाऊन भविष्यात स्थायी स्वरूपात मोहिमेचा उपयोग करता आला पाहिजे असे मला वाटते. चंद्रयान मोहिमेमुळे भारताच्या वैज्ञानिक आणि तांत्रिक प्रगतीला चालना मिळेल, यामुळे भारत वैज्ञानिकदृष्ट्या स्वयंपूर्ण होईल.



सई मेहेत्रे IXA

भविष्यातील म्हणजे २०५० चंद्रयान मोहिमेच्या तयारीसाठी लागलेला वेळ आताच्या तुलनेत कमी असेल. पूर्ण मोहीम कमी वेळात पूर्ण होणारी असावी. कमी वेळात जास्तीत जास्त माहिती गोळा करता येईल असे तंत्रज्ञान विकसित व्हावे. कमी कालावधीत जर मोहीम पूर्ण केली तर त्यावर होणार्या खर्चावर नियंत्रण ठेवता येईल, असे मला वाटते.

अर्चित सुतार IXD

“चंद्रयान २०५०” चंद्राच्या पृष्ठभागावर सॉफ्ट लँडिंग करेल. २०५० पर्यंत वैज्ञानिक संशोधन अधिक अचूक झालेले असेल त्यामुळे चंद्रावर रोव्हर चालवण्यात अचुकता येईल. अंतराळ संशोधन क्षेत्रात भारताचे स्थान मजबूत होईल. चंद्रावरील वैज्ञानिक संशोधनात भारत आघाडीवर राहील.

अथर्व बंगरगी IXE

चंद्रयान २०२३ चे प्रत्यक्ष प्रक्षेपण होत असताना त्याबाबतच्या बातम्या प्रसार माध्यमातून येत होत्या. तोपर्यंत बहुतांशी लोक या मोहिमेबाबत अनभिज्ञ होते. त्यामुळे लोकांमध्ये अपेक्षित जागरूकता दिसली नाही. पण भविष्यातील चंद्रयान मोहिमेबाबत लोकांना आधीच पूर्ण माहिती असेल, अशी मला अपेक्षा आहे.

ओम देशमुख IXC

चंद्रावर पाणी उपलब्ध होऊ शकेल का ? पृथ्वीवरील जीवसृष्टीच्या अस्तित्वासाठी आवश्यक असणारा प्राणवायू चंद्रावर वस्ती करणा-या जीवसृष्टीस कुठून मिळणार, हा प्रश्न कसा सुटणार ? याबाबत सखोल संशोधन केले तर मानवी वस्तीसाठी चंद्राचा पर्याय उपलब्ध होईल. २०५० च्या मोहिमेपर्यंत चंद्रावर मानवी वस्ती स्थापित झालेली असेल याची मला पूर्ण खात्री आहे.

त्वीशा मनोदा IXA

भविष्यातील चंद्रयान मोहीम अधिक परिपूर्ण असेल. निर्मिती

प्रक्रिया, मोहिमेसाठी लागणारा खर्च या दृष्टीने फायदेशीर असेल. २०२३ मोहिमेपेक्षाही कमीत कमी खर्चात अधिकाधिक उद्दिष्टे पूर्ण करण्यात मोहीम यशस्वी होईल, असा मला विश्वास आहे.

नकुल पटेल XD

चंद्रयान २०५० चंद्रावरील खनिजांचा शोध घेईल. तेथील खनिजांचा, वातावरणाचा अधिक सखोल अभ्यास केला जाईल. असे मला वाटते.

निशिता अलशेट्टी XA

मला भविष्यातील चंद्रयान मोहिमेबाबत खूप उत्सुकता आहे. २०५० पर्यंत अनेक मोहिमांमुळे तिथे राहण्यायोग्य सुविधा उपलब्ध केलेल्या असतीलच. तिथे फार नाही पण किमान सुट्टी घालवायला जरी मिळाले तर किती बरे होईल ! सुट्टी घालवण्याचे एक ठिकाण म्हणून मला २०५० मध्ये चंद्रावर जायला खर्च आवडेल.

राज निमगरे XC

यावेळी मोहिमेच्या यशाबद्दल लोकांनी फटाके फोडून, मिठाई वाटून आनंद व्यक्त केला. भविष्यातील चंद्रयान मोहिमेच्या उत्साहाची कल्पनाही करता येत नाही. मला नुसत्या कल्पनेनेच भारी वाटतंय.

मंथन पटेल XC

यावेळी जेवढा खर्च या मोहिमेवर झाला त्याहून कितीतरी कमी खर्च २०५० च्या मोहिमेवर होईल, अशी आशा आहे.

समर्थ सावंत XC

चंद्रयान २०५० मोहिमेसाठी अत्याधुनिक तंत्रज्ञानाचा वापर केला जाईल. भविष्यातील मोहिमेसाठी वापरली जाणारी सामग्री आणि तंत्रज्ञान अधिक अचूक आणि परिपूर्ण असेल, असा मला विश्वास आहे.



आयान पटेल IXB

भविष्यातील चंद्रयान मोहीम चंद्रावर मानवी वस्ती स्थापित करण्यासाठी शक्यतांचा अभ्यास करेल. त्या दृष्टीने उपाययोजना करेल. चंद्रावरील खनिजांचा अधिकाधिक शोध घेतला जाईल,असे मला वाटते.

तनिश घुले IXB

चंद्रयान २०५० मोहीम चंद्रावर मानवी वस्तीसाठी उपाययोजना करेल.त्यावेळी ही मोहीम अधिक व्यापक असेल.फक्त विशिष्ट भागापर्यंत मर्यादित न राहता जास्तीत जास्त भागाचे संशोधन करेल असा मला विश्वास आहे.

आर्यन मेनन XD

भविष्यातील चंद्रयान मोहीम मानवविरहित न राहता संशोधकांना अभ्यासासाठी प्रत्यक्ष घेऊन जाईल, अशी मला आशा आहे. वैज्ञानिकांनी स्वतः तेथे जाऊन संशोधन करणे अधिक योग्य ठरेल. २०५० च्या मोहिमेपर्यंत हे उद्दिष्ट साध्य होईल अशी मला आशा आहे.

सिद्धार्थ चॅटर्जी XA

चंद्रयान २०२३ ही मोहीम मानवविरहित होती.पण भविष्यात भारताने चंद्रावर यंत्रमानव म्हणजे रोबोट उतरवला पाहिजे. रोबोट चंद्रावर उतरवणे हे खरोखरच एक आव्हान असेल. भारत नक्कीच हे आव्हान स्वीकारेल अशी मला खात्री आहे.

मो.रयान XE

चंद्रयान २०२३ ने काढलेले फोटो DeLeJee व्हिडिओ अधिक स्पष्ट असण्याची गरज होती. फोटो, व्हिडिओ आणि साऊंड क्वालिटी मध्ये तृटी दिसत होत्या.पण २०५०च्या मोहिमेत कॅमेरा क्वालिटी उत्तम असेल.वैज्ञानिक तसेच सामान्य

माणसांनाही पाहताना किंवा ऐकताना अडचण जाणवणार नाही असे मला वाटते.

मयंक पेरिवल IXE

भविष्यातील चंद्रयान मोहीम , तेथील संशोधन यांचा देशासाठी फायदा व्हावा. मानवी वस्तीसाठी शक्यतांचा विचार केला जावा. निव्वळ खनिजांचा अभ्यास करणे एवढाच हेतू नसेल, अशी मला अपेक्षा आहे.

अर्जून वीजन IXE

पुढील चंद्रयान मोहिमेत विद्यार्थ्यांना सहभागी करून घ्यावे. मोहिमेपुर्वी शाळा महाविद्यालयातून कार्यशाळा, चर्चासत्र आयोजित करण्यात यावीत.त्यामुळे विद्यार्थ्यांचा सहभाग वाढेल. त्यातून २०५० नंतरच्या मोहिमांसाठी भावी वैज्ञानिक तयार होतील असे मला वाटते.

वेद रुखंडे IXC A

भविष्यातील चंद्रयान मोहिमेमुळे चंद्रावर राहण्यासाठी सुविधा उपलब्ध व्हाव्यात. पृथ्वीवरील वस्तीला अजून एक पर्याय मिळेल.तेथील संशोधनामुळे देशाच्या प्रगतीला हातभार लागेल,असे मला वाटते.

विद्यार्थ्यांची मते जाणून घेतल्यानंतर विद्यार्थ्यांना या विषयाचे सखोल ज्ञान असल्याचे दिसून आले. त्यांचा या विषयाचा अभ्यास, उत्साह वाखाणण्याजोगा होता. इस्रोविषयी, वैज्ञानिकांविषयी, संशोधकांविषयी अभिमान आणि सार्थ विश्वास दिसून आला. वैज्ञानिकांच्या अथक परिश्रमामुळे भविष्यातील सर्वच चंद्रयान मोहिमा यशस्वी होतील यात काहीच शंका नाही.



ओळखा पाहू कोण ?

शौनक जोशी XB

Rushdah
Shaikh
IX A



- १) मी बसतो तुमच्या नाकावर , पकडून दोन्ही कान... ओळखा पाहू कोण ?
- २) डोळा असून सुद्धा मला दिसत नाही. ...ओळखा पाहू कोण ?
- ३) दोन भाऊ शेजारी, भेट नाही जन्मांतरी ... ओळखा पाहू कोण ?
- ४) पाय असूनही मी चालत नाही ... ओळखा पाहू कोण ?

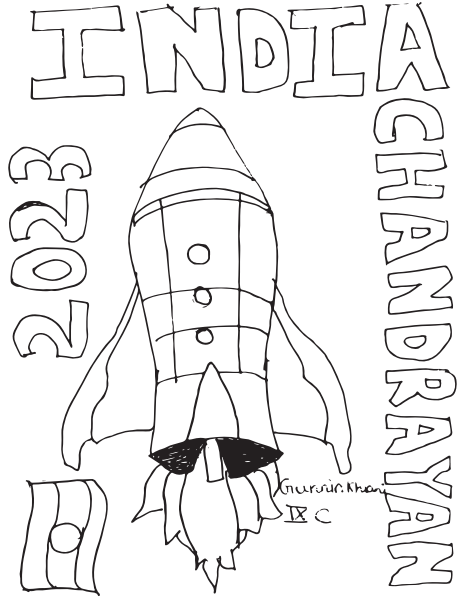
- ५) मला ना काना, ना मात्रा, ना वेलांटी... मी आहे एक जिल्हा महाराष्ट्रातील . ओळखा पाहू .
- ६) मला गळा आहे पण डोकं नाही... ओळखा पाहू कोण ?
- ७) मी काळा आहे, पण कावळा नाही, मी लांब आहे ,पण साप नाही...ओळखा पाहू कोण ?
- ८) मी पतंग नाही तरीही मी उडत जातो, मला डोळे नाहीत तरीही मी रडतो.. ओळखा पाहू कोण ?
- ९) माझ्याकडे आहेत ब-याच की, पण उघडत नाही कुलूप एकही... ओळखा पाहू कोण ?
- १०) रंग माझा काळा , जरी तुम्ही असाल गोरे, दिवसा तुमच्या बरोबर असेन आणि रात्र होताच कुठेच नसेन... ओळखा पाहू कोण ?

सुखान्त (०१) इ.स.पू. (१) इ.स. (१) इ.स. (१) इ.स. (१)
मानवमंडळ (१) इ.स.पू. (१) इ.स. (१) इ.स. (१) इ.स. (१)
„२५६“

चंद्रभेट

अथर्व मोरे VIIIIM

नको आता आरसा तो चंद्र हाती धरावया
चंद्रयान पंखावरी गेले त्याची भेट घ्याया ।
किती किती पार केले वाटेतले अडथळे
पुन्हा नवीन जिद्दीने शास्त्रज्ञांची मूठ वळे ।
सार्या विश्वाची नजर लागे भारतीयांकडे
मन विचारते आता काय घडणार पुढे ?
ज्ञान ,विज्ञान ,दुर्बीण नभा गवसणी घाले,
साद अंतराळ देई पुढे आमुची पाऊले ।
लागे ध्यासाची कसोटी कस एकतेचा
तेव्हा होतोच साकार क्षण अशक्य स्वप्नांचा
चंद्रयानाचे पाऊल पडताच चंद्रावरी,
सार्या देशात दिवाळी, दिवाळीपूर्वी साजरी
चंद्रभेटीच्या क्षणांचा करू उत्सव जागर
आता सूर्यझेप घेण्या चला होऊया तत्पर



सुसंस्कार : काळाची गरज

प्रत्युष सावंत XB

“शुभं करोति कल्याणम् आरोग्यम् धनसंपदा” बऱ्याच घरांमधून संध्याकाळी देवाजवळ दिवा लावल्यावर ऐकायला मिळते. स्वतः म्हटले कि मन कसे प्रसन्न होते! पण खरचं आजकाल प्रत्येक घरी हे दृश्य असेलच असे नाही. धावपळीच्या यांत्रिक युगात कुटुंब व्यवस्थेला चांगलाच हादरा बसलेला दिसतो. विभक्त कुटुंब पद्धतीत मुलांवर संस्कार कधी करावेत, ही समस्या निर्माण झाल्यानेच संस्कार वर्गाची आजकाल निर्मिती झाली आहे.

संस्कार “सम” आणि “कृ” या दोन धातु- पासून बनलेल्या या शब्दांचा अर्थ आहे ... चांगले करणे! व्यक्तीनिष्ठ, वस्तुनिष्ठ वा इतर माध्यमांद्वारे काही ठराविक चांगल्या गोष्टी की ज्या मनावर ठसविल्या जातात, आचरणात आणल्या जातात असे संस्कारित जीवन !

आजकाल धावपळीच्या जीवनात पैशाला आलेल्या अवास्तव महत्त्वामुळे मुलांना योग्य वेळ देता येत नाही. मुलांना हवे असणारे लक्ष, प्रेम, मार्गदर्शन मिळत नाही. पालक श्रीमंत असोत किंवा गरीब त्यांच्या दुर्लक्षामुळे मुले उद्देशापासून भरकटतात. कधी कधी उडाणटप्पू व गुन्हेगार बनतात, I A man is known by the company he keeps.

आजुबाजुच्या वातावरणाचाही विचार काही प्रमाणात आवश्यक असतो. कौटुंबिक, सामाजिक वातावरण लक्षात घेऊन पालक कोणते धोरण, जागरूकता, दृष्टी अवलंबितात त्यावर संस्काराची दिशा ठरते. “मोठ्यांचा मान ठेवावा” असे नुसतेच म्हणून वा वाचून होत नाही ; तर ज्या कुटुंबातील पालक तसेच

मोठ्या व्यक्ती एकमेकांशी, लहानांशी, इतर वृद्धांशी आदराने, नम्रतेने वागतात, त्या कुटुंबातील मुले गुरुजनांशी, मोठ्यांशी, इतरांशी आदराने वागतात. बालवयातील संस्कार हे सहसा पुसले जात नाहीत, विशिष्ट स्तरापुरते मर्यादित न राहता ते संस्कार, जीवनव्यापी बनतात. हिरा हा मूळचा चकाकतोच. पण त्याला व्यवस्थित पैलू पाडले तर तो विशेष चकाकतो. नुसत्या अंगणापेक्षा स्वच्छ सडा - रांगोळी केलेले अंगण मनाला आल्हाद देते. म्हणजेच, या संस्कारामागे आत्मविश्वास, सौंदर्य व त्यातूनच आलेले पावित्र्य आहे. बाग जर टवटवीत हवी असेल तर जसे खत आणि पाणी जरूरीचे असते तसेच माणसाच्या स्वभावाची जडणघडण व अंगभूत गुणांच्या विकासाला संस्कारांची गरज असते । A student is not a vessel to be filled in but a lamp to be lighted.

आजची प्रसारमाध्यमे सतत माहितीचा मारा करतात. त्यातून विचारांची बैठक तयार होत जाते. पण त्यांचा उपयोग आपण कोणत्या प्रकारे करतो, यावर संस्कारांची दिशा अवलंबून असते. बालचित्रवाणी, डिस्कव्हरी, दूरदर्शन वरील कार्यक्रम, वृत्तपत्रातील बातम्या, ललितलेख, उपयुक्त स्तंभ हे नेहमीच ज्ञानात भर घालणारे असतात. थोरा मोठ्यांच्या चरित्र वाचनातून त्यांच्या आचरणाचे अंकुर मनात फुलतात. “जग जिंकण्याइतके मन जिंकणे सोपे नाही” असे म्हटले जाते. कारण मन आणि संस्कार हे परस्परांशी निगडीत आहेत. म्हणूनच आजच्या काळात आपली जीवनबाग चांगल्या संस्काराने फुलवा.

फळांचा राजा

Tranod
Ukar
A



विनुला घोरपडे IXC

मी आंबा फळांचा राजा
कधी पिवळाधमक तर
कधी असतो कच्चा

हिरवा गर्द कच्चा आंबा
कधी करुन खावा मुरंबा
तर कधी खावा आंबटकच्चा

हिरवा शालू अलगद सारून
लाल पिवळसर रेशीम पांघरून
मधूर, रसाळ, आमरसाची मेजवानी
आंबावडी, आंबापोळी, आंबाफेणी
चटकमटक लोणच्याची चवच न्यारी
मी आंबा फळांचा राजा
मी आंबा फळांचा राजा

छोटीशी भेट

अभिजित घुले VIIIIM

दिवस-रात्र शिकवून मुलांना करतात फार मोठे,
काहीतरी उत्तम करण्यासाठी देतात शिक्षणाचे धडे !

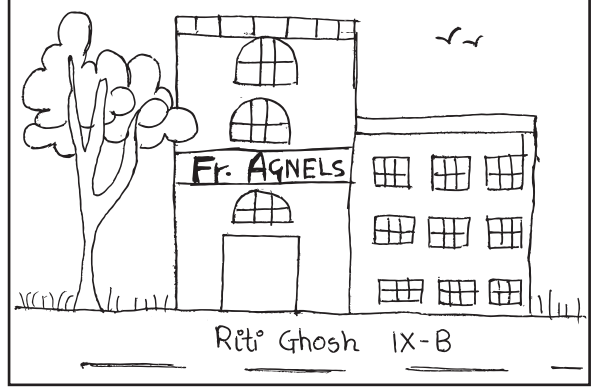
शिक्षणाच्या दानाबद्दल, ठेवत नाहीत काही अपेक्षा.
विद्यार्थ्यांचे यशस्वी जीवन हीच केवळ इच्छा !

आकाशी उंच भरारी घ्यावी अन् उत्कर्षाचा मार्ग शोधावा.
सुंदर गगनात झेप घेऊनि आनंद शिष्याने गुरूस दयावा !

नानाविध रत्नांची कनकांची किमती भूषणे फार
परि शिक्षकासम एकहि शोभिवंत नसे अलंकार !

गुरु उपदेश करि, संकट समयी उपाय सुचवी,
वांछित फळ देऊनियां कल्पतरू मनोरथा पुरवी !

शिक्षण देणाऱ्या या गुरुवर्यांना,
माझा कोटी-कोटी प्रणाम !
काहीही दिले आपणांस तरी पडेल अपूर्ण,
ही कविता अर्पूण मनातील छोटीशी भावना करतो पूर्ण !



गीत गाऊ वाऱ्यासंगे

सुरभी नवले IX D

हवा येते आपल्या संगे
घेऊन वारा गार गार
कधी इथे कधी तिथे फिरत राहते
कधी नदी कधी बाजार
हवा हळूच स्पर्श करते
लाजलेल्या गालावर

सुकवून जाते अन् अश्रू
डोळ्यांतील पापण्यांवर
हवा अशी जीवनाची
प्रिय साथीदार असते,
रखरखत्या जीवनात
सुखद चिंब भिजवून जाते.



हर घड़ी तू मुस्कुरा

नीरज मनोहर पाटील XD

चाहे जो तू कर ले जीवन में,
चुनौतियाँ ना छोड़ पाएँगी तुझे।
पर तब भी तू अपने दिल को मना,
हर घड़ी तू मुस्कुरा।

कुछ ही है पल जीवन के,
जो पाना है तुझे आज हासिल कर ले।
पर मिले ना तो ना रोना,
हर घड़ी तू मुस्कुरा !

बीते पल जो बीत गए,
अब सोचो क्या करना आगे।
तू चिंतन कर, मत चिंता कर,
हर घड़ी तू मुस्कुरा।

दुख के झमेले में भी हैं खुशियों के मेले,
जीवन को तू सफल बना,
हर घड़ी तू मुस्कुरा।



नसीबवाले

अक्षया बी. रातुरी IXC

नसीबवाले हो तुम,
जो तुम्हें आँखों की रोशनी मिली।
ताकि तुम देख सको सूरज और चाँद की दोस्ती।

नसीबवाले हो तुम,
जो तुम्हें सुनने की क्षमता मिली।
ताकि तुम सुन सको कोयल की मधुर ध्वनि।

नसीबवाले हो तुम,
जो तुम्हें आवाज मिली।
ताकि तुम साझा कर सको अपनी खुशियाँ, इच्छा और उम्मीदें।

जरा जिंदगी से शिकायत करना छोड़ो और सोचो,
कितने नसीबवाले हो तुम,
जो तुम्हें ये जिंदगी मिली।



शिक्षा का मतलब

माहिका निकम IXA

शिक्षा का मतलब है -
भगवान का दिया हुआ वरदान,
गरीब बच्चों का सपना ।

शिक्षा का मतलब है -
अंधेरो से प्रकाश की ओर जाने का रास्ता,
मेहनत से लिया हुआ ज्ञान ।

शिक्षा का मतलब है -
सदाचार की ओर जाने का मार्ग,
सारे विश्व का ज्ञान ।

शिक्षा का मतलब है -
बंदीगृह से स्वतंत्रता में आने का सुख,
माँ का बच्चों के प्रति प्यार ।

पापा

मंत्रा कुरे IXA

पापा हैं जिगर का टुकड़ा ।
पापा हैं सुरक्षा का मुखड़ा ।
घर की हैं वे जान ।
पापा हैं महान ।

कोई न समझ पाए, पापा का दुलार ।
छुप-छुप के करते हैं, वे बच्चों से प्यार ।।
घर की हैं वे शान ।

पापा हैं महान ।

हमारे हँसने पर हँसते हैं, हमारे रोने पर रोते हैं ।
हर मुसीबत में साथ देते हैं ।
घर की हैं वे जान ।
पापा हैं महान ।।

जीवन

विनुला घोरपडे IXC

रखो ऊँची हमेशा अपनी पहचान,
ना होना कभी खुद से बेईमान ।

हँसकर सीखो कैसे बाँटते हैं सुख,
वरना आँसू बहा के बाँटोगे दुःख ।

रखो लोगों के प्रति हमेशा ईमानदारी,
तभी लगेगी सारी दुनिया प्यारी ।

कभी जाना है तुमने जीवन का मोल ?
हमारा जीवन है बड़ा अनमोल ।

इसलिए छोड़ दो लड़ाई-झगड़े
और बेईमानी वाली बात,
जियो अपनी जिंदगी प्यार से
और ईमानदारी के साथ ।



चरित्र निर्माण

अमन संबारी IXC



क्या आपने कभी अंधेरे में कोई चीज़ ढूँढने की कोशिश की है या नमक के बिना भोजन किया है? “चरित्र” उस रोशनी और नमक की तरह है जिसके बिना मनुष्य का जीवन अपूर्ण है। चरित्र ही मनुष्य को परिभाषित करता है।

चरित्र हमारे अंतःकरण पर आधारित होता है। यह अंतःकरण हमें गलत और सही के बीच का अंतर बताता है। लेकिन अंतःकरण बाहर की परिस्थितियों से बदल भी सकता है। और यह परेशानी वाली बात है। हम सभी ऐसे युग में रहते हैं जहाँ लोगों की सहनशीलता और मानवीय प्यार संकीर्ण विचारधारा के कारण से घट रहा है। इस समय में हमें यह समझना जरूरी

है कि हम “रोबोट” नहीं हैं, जिसमें चरित्र नहीं होता। ईश्वर ने हमें एक ऐसी जाति बनाया है जो इंसानियत के गुणों पर और एकता के भाव पर जीवित रहती है। यह जानना कि हम सब एक ही परिवार हैं और हमारी सफलता समाज के सहयोग से ही संभव है बहुत महत्वपूर्ण है।

हमारा काम सिर्फ प्रवाह के साथ बहना नहीं है बल्कि संस्कृति और पुरानी परंपराओं को लेकर नई विचारधारा से समाज में बदलाव लाना है। हमारी पीढ़ी पर बहुत बड़ी जिम्मेदारी है। यदि हमें विश्व का कल्याण और मानव जाति का उत्थान करना हो तो हमें भौतिक विकास से अधिक चारित्रिक विकास पर बल देना होगा। साफ और नेक चरित्र द्वारा ही हम अपने समाज को प्रगति के चरमोत्कर्ष पर पहुँचा सकते हैं। संसार के प्रत्येक प्राणी के हित को ध्यान में रखकर ही हम प्रगति के मार्ग पर आगे बढ़ सकते हैं।

अंततः हमारी पीढ़ी के पास समय और लक्ष्य है। इस समय का सही इस्तेमाल कर चरित्र का निर्माण करना हमारा काम है। यदि हम इस कार्य में सफल हुए तो हम बहुत कुछ हासिल कर सकते हैं और यही विशेषता हमें विश्व की सबसे अलग और अनोखी रचना बनाती है।

“माँ की सलाह”

सिद्धेश छापोला IXE

मुश्किलों के भँवर में न डूबे तुम्हारी नौका,
पढ़ लो बेटे, अभी भी है मौका।

प्यार - मोहब्बत करना हमेशा अपनी जिम्मेदारी से,
सफल और सक्षम बनना अपनी ईमानदारी से।

फिर देखना, प्यार करेगी तुम्हें पूरी दुनिया,
वरना डूब जाएगी तुम्हारी जीवन नैया।



शिक्षक

अफराज XD

आपने सिखाया है हमें शिष्टाचार,
मिट गए जिससे मन के बुरे विचार।

आप ही ने हँसाया और रुलाया है हमें, जिंदगी का मूल अर्थ
सिखाया है हमें।

गृहकार्य न करने पर देते हैं जैसी सजा, अलग ही आता है उसे
झेलने का मजा।

आपके आचरण से मिला जो हमें ज्ञान, नहीं भूलेंगे हम और
करेंगे उसका ध्यान।

नहीं भूलेंगे आपके साथ बिताए वे दिन, अधूरा है हमारा जीवन
आपके बिन।



जिंदगी

रजा XD

कहीं रहमतों की हैं बारिशें,
कहीं तिशनगी (लालसा) बेहिसाब है।

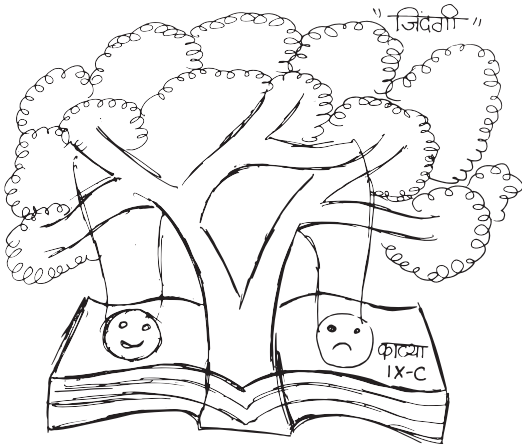
कहीं छाँव है कहीं धूप है,
कहीं दूसरा ही कोई रूप है।

कहीं छीन लेती है हर खुशी,
कहीं मेहरबान बेहिसाब है।

ये जो जिंदगी की किताब है,
ये किताब भी क्या किताब है।

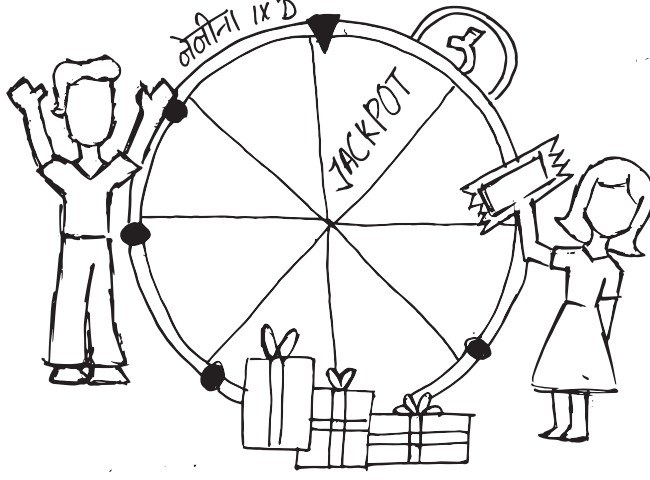
कहीं एक हसीन ख्वाब है,
कहीं जानलेवा एहसास है।

कभी खो लिया कभी पा लिया,
कभी रो लिया कभी गा लिया।



शब्द पहेली हमारे शहर

चातुर्या राठोड़ IXA



चं	ज	मी	पं	बै	ग	लो	र
पो	य	फ	जा	खे	डी	ण	क
ह	पु	मुं	ब	ई	सी	रे	म
सू	रं	त	लो	के	फि	गो	ना
जै	स	ल	मे	र	घ	श	ली
को	ही	स	कौ	ल	म	शी	ट
भु	व	न	श्रव	र	ष	ठ	ढ

१ मसालों का बगीचा

६ मंदिरों का शहर

२ भारत का स्विट्जरलैंड

७ भारत की आर्थिक राजधानी

३ भारत की सिलिकॉन वैली

८ भारत की पिंग सिटी

४ पाँच नदियों की भूमि

९ हीरों का शहर

५ भारत की स्वर्ण नगरी

(पुस्तक - १, पृष्ठ २७)

उत्तर - १) चेन्नई, २) श्वित्सर्लैण्ड, ३) बंगलूरु, ४) गंगा, ५) पंजाब, ६) वाराणसी, ७) मुंबई, ८) कोलकाता, ९) जोधपुर

“माँ ”

मंत्रा गुरे IXA

माँ ही होती है हमारी जीवन दाता ।

माँ ही होती है हमारी विधाता ।।

माँ से ही हम है।

माँ से पूरी जिंदगी है।।

माँ ही हमारे सुख-दुख में मदद करती।

हम रोएँ तो वह रोती ।।

हर संकट से हमें बचाती ।

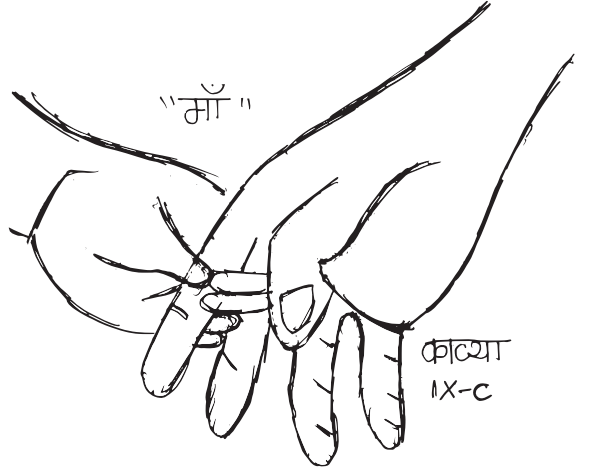
सबसे गहरी है माँ की दोस्ती ।।

माँ से बड़ा गुरु न कोई।

उसने ही सिखाए जीवन के पाठ कई ।।

माँ को जो धोखा दे, वो पछताए।

ईश्वर भी माँ के सामने अपना शीश झुकाए ।।



“कविता एक वरदान ”

अथर्व दलवी IXD

कविता है माध्यम व्यक्त करने का,
कविता है साधन ज्ञान प्राप्त करने का ।

कविता से मानसिक खुशी प्राप्त होती,
कविता से हमारी कल्पना शक्ति बढ़ती ।

कविता न करे भेदभाव काले गोरे में,
क्योंकि वह जोड़ती है हम सबको प्यार के धागे में ।

प्रकृति को अधिक सुंदर दिखाती है कविता,
और सिखाती है हमें मानव के प्रति मानवता ।

कविता है हमारी तलवार,
रक्षा करती है हमारी, अहंकार के खिलाफ ।

एक कवि की पहचान है कविता,
कवि की भावनाओं का सम्मान है कविता ।



“मेरा स्कूल”

गौरी गायकवाड XIC

रास्ता, मंजिल का दिखानेवाला,
एक वो खूबसूरत सफर था,
कोई और नाम मत देना उसे,
वो मेरा दूसरा घर था...

उसे ज्ञान का मंदिर कहा जाता है,
जहाँ कोई साधु-संत नहीं होता है,
वहाँ स्वयं देवता, गुरु के रूप में आता है,
मुझे मेरा स्कूल बहुत याद आता है...

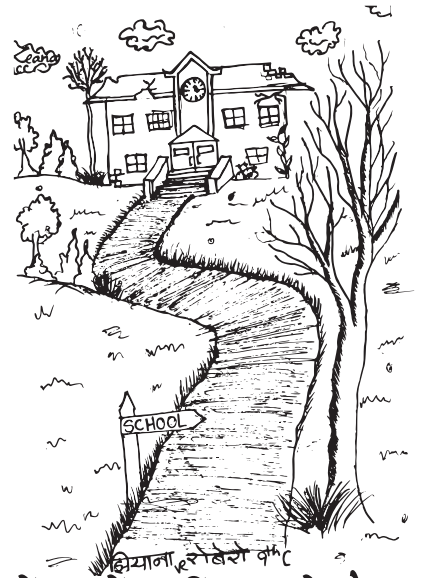
हर बार कैसे मना कर दिया करते थे माँ को,
स्कूल नहीं जाना है, थोड़ी देर और सोने दो,
रोते थे कितना जाने से पहले नहीं अच्छा लगता था,
पर क्या कर सकते थे, जाना ही पड़ता था...

फिर एक वक्त ऐसा आया, जब उलट सब उलट गया,
अब घर पर रहना उबाऊ हो गया था,
और स्कूल जाने का मजा कुछ और था,
एक-एक पल याद है, जो तब स्कूल में बिताया करते थे...

सोचा नहीं था जिनके साथ बैठा करते थे,
उनसे मिलने की आज बस बात ही होगी।

पहले तो बस क्लास चेंज हो जाने से हम तड़प जाया करते थे,
पता ही नहीं था फिर उनसे मुलाकात ही नहीं होगी...

कभी सोचा ही नहीं था मैंने
कि स्कूल की भी याद आ सकती है
और यह याद हमें,
इस तरह रुला भी सकती है....



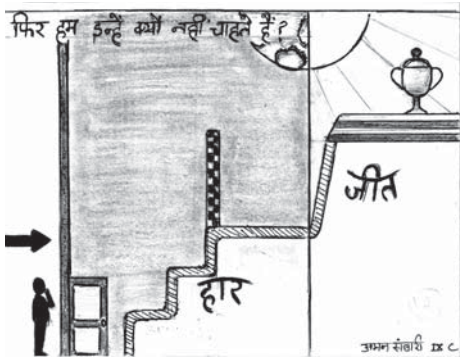
फिर हम इन्हें क्यों नहीं चाहते है ?

कनिका नायक XIB

फिर हम इन्हें क्यों नहीं चाहते हैं ?

खुशियों के पीछे गम भी आते है,
यही तो हमें खुशियों का महत्व समझाते है ।
फिर हम इन्हें क्यों नहीं चाहते है ?

जीवन में जीत के साथ हार भी पाते है,
यही तो हमें जीतने की शक्ति दिलाते है ।
फिर हम इन्हें क्यों नहीं चाहते है ?



उजले दिन के बाद,
ये अंधेरी रातें क्यों आती हैं ?
ये भी तो तनाव से राहत दिलाती हैं ।

खोई यादें

आदित्य पांडेय XIA

मन की अटारी अब शांत हो गई है।
भूली-बिसरी यादें पत्तों की तरह बिखर गई हैं।
वक्त की रेत पर पैरों के निशान,
ज्वलंत अतीत की रेखाएँ अब आपस में मिल गई हैं....

यादों के गलियारे में चेहरे फीके पड़ गए हैं,
क्षणभंगुर हँसी की गूँज टिक नहीं पा रही,
जो कुछ भी छूट गया उस छाया के बीच,
शांत पुरानी यादें बस एक खोज रह गई हैं....

लंबे समय से ठूँठ पर जमी धूल की तरह,
भूली यादों को नया आशियाना मिल गया है,
समय के नृत्य में जहाँ क्षण भाग जाते हैं,
उनकी खुसफुसाहट एक स्मृति बन गई है.....



मानसिक तनाव

वैष्णवी गुप्ता XID

ये बेरोजगारी इंसानों को बुरी तरह खा जाती है,
हाय यह गरीबी प्रतिदिन मुँह पर तमाचा मार जाती है।
सब हँसेंगे यह सोचकर तनाव आ जाता है,
घरवाले भी क्या सोचेंगे यह ख्याल दिन को धड़काता है।
पीठ पीछे बोलने वालों के कारण हम अपना स्वास्थ्य खराब
कर देते हैं,
क्या सही ? क्या गलत ? सब समाज की सोच पर छोड़ देते हैं ।



“पहले तोलो फिर बोलो ”

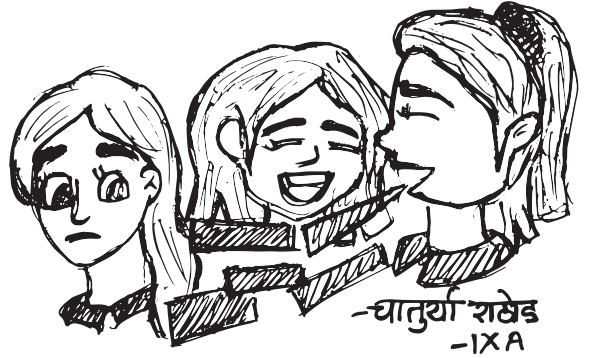
आर्यन लोटलीकर IXE

कुछ लोग अक्सर समाज और समूह का हिस्सा बनने के लिए दूसरे लोगों के स्वभाव, व्यवहार, रूप, चरित्र आदि के विषय में गंभीरता से विचार किए बिना ही व्यंग्य कर देते हैं। ताने कसते हैं। अनुचित बोल, बोल देते हैं। यह सर्वथा अनुचित है। यह भी एक प्रकार की सामाजिक हिंसा है।

अनजाने में किए गए इस गैर जिम्मेदाराना व्यवहार के कारण पीड़ित व्यक्ति, दुखी और नाराज हो जाते हैं। कई बार वे सभी से सामाजिक दूरी बना लेते हैं। सोचे बिना ही बोले गए किसी के बोल, दूसरे व्यक्ति के मन को घाव दे जाते हैं। ऐसे पीड़ित व्यक्ति का मानसिक और शारीरिक स्वास्थ्य बिगड़ने लगता है। उसका सामाजिक जीवन प्रभावित होता है।

ऐसे व्यक्ति की समस्या को सही समय पर नहीं समझा गया तो वे अपनी नकारात्मक सोच में उलझते जाते हैं। स्वयं को दोषी ठहराते हैं और चोट भी पहुँचाते हैं।

अतः प्रत्येक व्यक्ति को कुछ भी कहने के पहले अपने शब्दों, अपनी बातों पर पुनः विचार कर लेना चाहिए। अनजाने में ही हम किसी के हृदय को ठेस तो नहीं पहुँचा रहे हैं, इसका ध्यान रखना चाहिए। यह मानवता है, यह अहिंसा भी है। इसीलिए कहते हैं “पहले तोलो, फिर बोलो।”



हँसो और हँसाओ.

बिनुला घोरपडे, IXC

चातुर्या राठोड, IXA

- १) टीचर – इतने दिन कहाँ थे, स्कूल क्यों नहीं आए ?
गोलू – बर्ड फ्लू हो गया था मैम ।
टीचर – पर ये तो पक्षियों को होता है इंसानों को नहीं ।
गोलू – इंसान समझा ही कहाँ आपने... रोज तो मुर्गा बना देती हो....!
- २) पिता – पढ़ ले नालायक, कभी तूने अपनी कोई बुक खोल कर भी देखी है।
बेटा – हाँ पापा देखी है, बल्कि रोज देखता हूँ उसे ।
पिता – कौन सी बुक पढ़ने लगा है तू ?
बेटा – फेसबुक ।

- ३) सोनू – आजकल मार्केट में ज्यादा ही दाम बढ़ रहा है।
मोनू – हाँ ना। सब्जी के, पेट्रोल के, और पता नहीं किस किसका दाम बढ़ गया है।
सोनू – हाँ, अच्छा हुआ इस बढ़ते दाम के साथ-साथ हमारे पासिंग मार्क्स नहीं बढ़े।
- ४) डॉक्टर – जी, कैसे टूटे आपके तीन दाँत ?
मरीज – बहन ने कड़क लड्डू बनाए थे।
डॉक्टर – तो मना कर देते।
मरीज – वही तो किया था न



“समान नागरिक संहिता की आवश्यकता ”

(आर्य समाज वाशी द्वारा आयोजित अंतर विद्यालयीन वक्तृत्व प्रतियोगिता में द्वितीय पुरस्कार प्राप्त भाषण)

बानी कौर चोपरा XB

पृथक हर देश होता है
पृथक परिवेश होता है
पृथकता में रहे मिल जुल
यही उद्देश्य होता है
जहाँ रहते हैं हिंदू और मुस्लिम, सिख, ईसाई ।
जो समझे देश को अपना

उन्हीं का देश होता है

हम सदियों से अनेकता में एकता का नारा लगाते आ रहे हैं, तो कानून में भी एकरूपता से आपत्ति क्यों ? क्या इस संवैधानिक देश में लोगों के निजी मामलों में भी एक कानून नहीं होना चाहिए ?

मान लो एक घर में एक सदस्य के लिए एक कानून हो और दूसरे के लिए दूसरा तो घर चल पाएगा क्या ? फिर ऐसी दोहरी व्यवस्था से भला देश कैसे चल पाएगा ?

हमारा देश, भारत, एक वैश्विक महाशक्ति है और यह गर्व की बात है। हमारा संवैधानिक तंत्र अद्वितीय है और हमें अपने संवैधानिक तंत्र पर गर्व होना चाहिए। इसके साथ ही, हमें सामान्य नागरिकों के लिए एक समान नागरिक संहिता की भी आवश्यकता है।

समान नागरिक संहिता पूरे देश के लिए एक समान कानून के साथ ही सभी धार्मिक समुदायों के लिए विवाह, तलाक, विरासत गोद लेने आदि कानूनों में भी एकरूपता, प्रदान करती है।

“अगर पाना चाहते हो देश में सम्मान

तो मत करो समानता का अपमान”

समान नागरिक संहिता एक ऐसी प्रणाली है जो सभी नागरिकों को उनके मूलभूत अधिकारों और जिम्मेदारियों के बारे में पूरी जानकारी प्रदान करती है। यह नागरिकों को उनके अधिकारों की सुरक्षा और उस सुरक्षा को लेकर संवेदनशीलता रखने की जिम्मेदारी में भी सहायता करती है। इसके अलावा समान नागरिक संहिता एकात्मका, स्वतंत्रता स्वावलंबन और न्याय के लिए भी एक स्थायी आधार प्रदान करती है।

समान नागरिक संहिता के अंतर्गत शामिल अधिकारों में जीवन, स्वतंत्रता, स्वास्थ्य, शिक्षा, न्याय प्रोत्साहन, मनोविकास, मित्रता और सभ्यता शामिल होते हैं। यह सभी अधिकार स्वतंत्रता शांति और समरसता को बढ़ावा देते हैं और इस समानता के माध्यम से सकारात्मक और उन्नत राष्ट्र निर्माण करते हैं।

गोवा भारत का एकमात्र राज्य है जहाँ समान नागरिक संहिता लागू की गई है। समान नागरिक संहिता सबको स्वतंत्रता का हक देती है, जैसे की लोकमान्य तिलक जी ने सप्रेमभाव से कहा था

“स्वराज मेरा जन्मसिद्ध अधिकार है।”

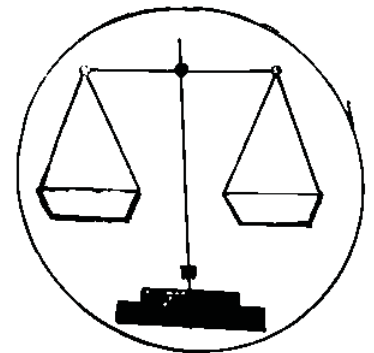
इसलिए मेरा आप सभी से अनुरोध है कि हम समान नागरिक संहिता के महत्वपर गंभीरता से सोचें और इसे लागू करने के लिए कदम उठाएँ। समान नागरिक संहिता एक ऐसी प्रणाली हो सकती है जो हमें एक और बेहतर भविष्य की आरे ले जाएगी।

अब इस सद्भावना के साथ मैं अपनी बात समाप्त करती हूँ कि, “मिट जाएँ तार-तार, दरारों का ना हो अस्तित्व अगर करनी है उन्नति।

एकता का बढ़ाएँ आदर्श, तभी होगी हमारे देश की प्रगति।

तभी होगी हमारे देश की प्रगति।

धन्यवाद !



डेनिशा IXE

“घर”

घरात नसते दडपण
घरात असते आपलेपण
घरातल्या व्यक्तींना
फक्त प्रेम करायचे अर्पण ।



Viha Firke, VIID

ऋग्वेद दानवे VID

घराला असते मायेचे दर्पण,
घराला असते ओलाव्याचे आवरण
घरातच होतं शिक्षण
घरात मिळतं माणुसकीचं आंदण ।

धन्य तो शिवबा राजा अमुचा

धन्य तो शिवबा राजा अमुचा,
आई त्याची जिजाऊ,
त्याच्या यश कीर्तीची गाणी
सदा आम्ही गाऊ ॥

धन्य तो शिवबा राजा अमुचा
आम्ही त्याचे मावळे,
शिवबाची तलवार पाहता,



Siya Kadam, VID

ऋग्वेद दानवे VID

शत्रू ही चळचळे ॥
धन्य तो शिवबा राजा अमुचा
स्त्रियांना ज्याने आसरा दिला,
सुखी केला महाराष्ट्र देश हा
आशेचा नवकिरण दिला ॥

शिवरायांचा महाराष्ट्र

वेदा विनायक अपराज VID

महाराष्ट्र आहे संत भूमी
ज्ञान, सत्कार्य नाही कमी
तुका, नामा, गोरोबा, ज्ञानोबा
सहयाद्रीतून येईल शिवबा

महाराष्ट्र क्रांतिकारकांचा
इतिहास स्वातंत्र्यसंग्रामाचा
टिळक, उमाजी, विनोबा
सहयाद्रीतून येईल शिवबा

महाराष्ट्र समाजकारण्यांचा
कृषी, उद्योग, कामगारांचा

कर्मवीर, महर्षी, आमटेबाबा
सहयाद्रीतून येईल शिवबा

महाराष्ट्र विज्ञानवाद्यांचा
लोह, वीज उद्योगसमूहाचा
साखरकारख्यानांचा दबदबा
सहयाद्रीतून येई शिवबा

महाराष्ट्राला छळूपिळू नका
महाराष्ट्राला कमी लेखू नका
क्रांतीचा होई रे धबधबा
सहयाद्रीतून येई शिवबा

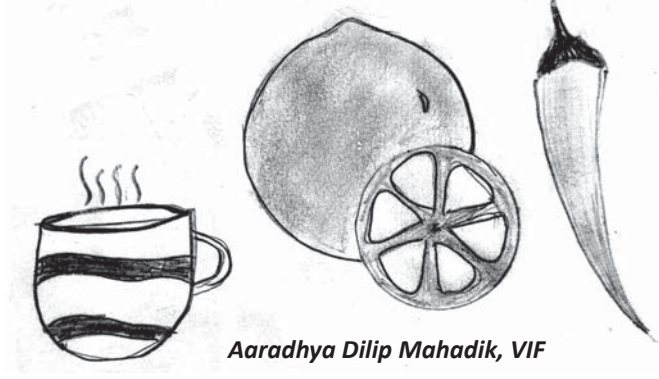


मिरची

मिरची अशी दिसे लाल
तोंडात जाता फुगे गाल ।

लिंबू टिंबू दिसते हिरवे
आतून आंबट डोळे फिरवे ।

कारले लागते खूप कडू
खाता खाता येते रडू ।



Aaradhya Dilip Mahadik, VIF

मुग्धा प्रसाद कु-हे VIA

साखर अशी लागे गोड
जिभेला येतो मोठा फोड ।

गरम गरम असतो चहा
फुंकर मारून नंतर प्या ।

सहयाद्री

सातपुडा, सातमाळा, हरिश्चंद्र, शंभू महादेवा
या पृथ्वीवरी त्या स्वर्गीचा वज्रलेपी ठेवा ।।

हिरवाई पांघरूनी बसल्या या नागमोडी वाटा
भीमेच्या अंतरात भोळ्या सांबाच्या जटा ।।



Siddhant Chavan, VIA

अदिती घोलप VIIIC

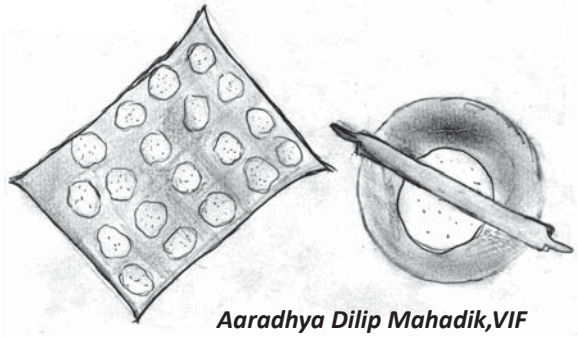
ऊन - वाऱ्यासोबत या एकांती बोलायास हवे
जुने विसरून हवे ते क्षण फुलावेत नवे ।।

उघड्या आकाशाखाली शुभ्र ढगांचे सोहळे
अरे, तुझेच लागले गोदा, भीमा, कृष्णेस डोहाळे ।।

पापड

पापडा रे पापडा,
काय तुझा आवाज.
कुरुम-कुरुम करतोस,
कसा बनलास सांग.

ऐका, तर मग माझी कहाणी,
मला केले पीठ,
घेऊन, मैदा, मीठ,
पाणी आणि तीळ



Aaradhya Dilip Mahadik, VIF

कादंबरी भायडे VIF

मग मला लाटले पाटावर
करून गोळा पीठाचा,
तीन-चार दिवस मला सुकवले
उन्हामध्ये कडकडीत वाळवले.

काढले आणि सरळ तळले,
कुरुम-कुरुम करत खाल्ले



शीर्षक : स्वातंत्र्याचा अमृत महोत्सव

श्लोक शिरीष म्हात्रे VIII

हर घर तिरंगा
सारे फडकवूया
अमृत महोत्सव
साजरा करूया ॥ १ ॥

क्रांतिकारकांची फाशी
आजही आठवते.
काळ्या पाण्याची शिक्षा
वाचून मन हेलावते. ॥ २ ॥

इन्कलाबचे नारे
देणे बंद झाले,



देशभक्तीने देशाला
स्वतंत्र केले ॥ ३ ॥

क्रांतिवीरांचे बलिदान
क्षणा - क्षणाला बोचते,
भ्रष्टाचार आणि प्रदूषण
तना - मनाला टोचते ॥ ४ ॥

मोल स्वातंत्र्याचे
आपण सारे जाणू या,
मेरा भारत महान
मिळूनी सारे गाऊ या ॥ ५ ॥

महाराष्ट्राचा तडका

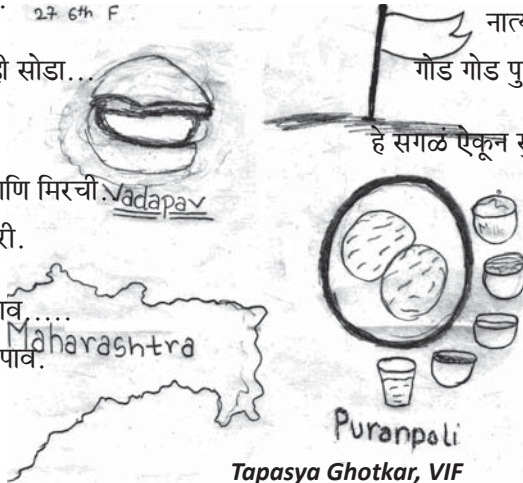
स्वरा कृष्णकांत सावंत VIIF
समीक्षा रूपेश फुलसुंदर VIIC

काय राव कसं काय.
कधी महाराष्ट्रात येऊन बघा...
महाराष्ट्रातील पदार्थ तुम्ही चाखा.

हातातला पिझ्झा अन् पास्ता तुम्ही सोडा...
पोहयासोबत चहा हवाच थोडा !

वडापाव सोबत तिखट चटणी आणि मिरची...
जशी मित्रांची आहे ही पक्की यारी.

काढा डोक्यातून तुम्ही रागाचा भाव....
पोट भरून खा चमचमीत मिसळपाव.



कामावरून जर आला असाल तुम्ही थकून..
घरातला शिरा टाका तुम्ही संपवून.

नात्यात जर राहिला नसेल तुमच्या गोडवा..
गोड गोड पुरणपोळी खाऊन तुमचा प्रॉब्लेम सोडवा.

हे सगळं ऐकून सुटलंच असेल तुमच्या तोंडाला पाणी...
चटपटीत पदार्थ खाऊन झाल्यावर
गाऊ आपण छान छान गाणी ...



माझी आई

शौनक चक्रबर्ती VII F

जीवनात जी साथ देते,
प्रयत्नात जी हात देते,
जिंकण्यात जी विश्वास देते,
अशी माझी आई ।

चुकलो तर मार देणारी
हरलो तर प्रोत्साहन देणारी
पडलो तर हात देणारी
अशी माझी आई ।

अशक्य ही शक्य आहे
हरलास तर शिकतो आहेस,



हे सर्व सांगणारी
माझी आई ।

आई माझे सर्व जग,
घास भरवणारी, प्रेमाने समजवणारी
यश मिळाले तर लाड करणारी
अशी माझी आई ।

कोणत्या शब्दांत सांगू आई तुला,
तू माझ्या साठी काय आहेस
तुझ्याशिवाय मी जिवंत नाही,
कारण तूच माझा श्वास आहेस ।

आई संपावर गेली तर

आर्या गंगावणे VID

“आई, माझं गणिताचे पुस्तक कोठे आहे ?” आई, हा निबंध कसा लिहू गं ? काही मुद्दे सांग ना”. “आई, या रविवारी जिम-खान्याची सहल आहे. काय देशील डबा ?” “आई, यंदा दिवाळीत फराळाचे पदार्थ भरपूर करायचे हं! आई, मला बॅडमिन्ची रॅकेट हवी आहे कधी घेशील सांग ? अशी आपली प्रत्येक कामे आईशी निगडित असतात, पण समजा आई संपावर गेली, तर

आई संपावर गेल्यास घराचे घरपणच हरवेल. सकाळी उठायला हमखास उशीर होईल, कारण नेहमीप्रमाणे लवकर जागे करण्यास आई नसेल. न्याहारीला टेबलावर केवळ कोरडा पाव असेल. लोणी स्वतः लावून घ्यायचे म्हणजे केवढे कठीण! जवळजवळ उपासमारच !

शाळेत जातानाही गडबड झालेली असेल. कंपासपेटीच विसरल्यामुळे लिहायला पेन्सिल, पेन कागद काहीच नसणार ! मग त्यासाठी शिक्षकांची बोलणी खावी लागणार. मधल्या सुट्टीसाठी डबाही नसणार, कारण न विसरता सुट्टीसाठी डबा देणारी आई संपावर गेलेली असेल.

शाळेतून दमून भागून घरी यावे, तर स्वयंपाकघरातील सारा पसारा आवरणार कोण ? टेबलावर ब्रेड, लोणचे, चटणी ठेवलेले असणार आणि बरोबर एक चिट्ठी ही असणार, “आई संपावर गेली आहे” या कल्पनेनेच माझे डोळे पाझरू लागले. आईचे अपार कष्ट व वात्सल्याची ती जणू पावतीच होती !



काळ्याभोर मेघांनी भरला आसमंत बघा रे
टपटप थेंबांच्या येण्याने सुखावले सारे.

निरनिराळ्या रंगांनी ही धरा आज बहरली.
माझी पृथ्वी नव्या रूपात उमलून आली.

उष्ण तप्त जमिनीला, मेघ शांतवू लागले.
गंधवती पृथ्वी हे वचन स्मरू लागले.

मृदेचा सुगंध चोहीकडे पसरला
उधाण आले ज्याने पशूपक्ष्यांच्या आनंदाला.

काळे आभाळ, टपोरे थेंब खुणवती बळीराजाला
ढवळ्या-पवळ्याची धुंगूरमाळ नादवते परिसराला.

भरून आले आभाळ

अवनिश प्रदीप गवस VIIC

पावसाळी ऋतूत भिजून चिंब ओले व्हावे.
आणि नव्या इच्छा आकांक्षांनी मन भरून यावे

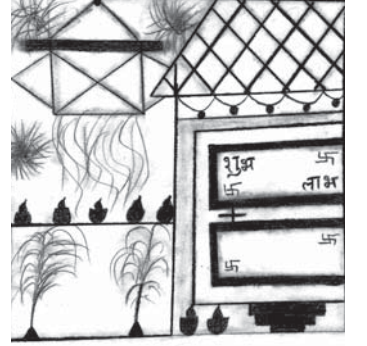


Avnish Gavas, VIIC

दिवाळी

चार दिवस दिवाळीचे,
मन, उत्साही करण्याचे,
सप्तरंगी रांगोळीचे,
अन् लक्ष्मीपूजन करण्याचे.
चार दिवस दिवाळीचे,
सुगंधी उटणे लावण्याचे,
भाऊरायाला ओवाळण्याचे,
अन् समृद्ध जीवन जगण्याचे.

दृष्टी जाधव VIC



Khushi, VIA

दिवाळी सण

स्वरा सुर्यवंशी VIA

दिवाळी हा भारतातील सगळ्यात मोठा सण आहे. या सणाला "दीपावली" असेही म्हणतात. दरवर्षी हा सण ऑक्टोबर किंवा नोव्हेंबर महिन्यात साजरा केला जातो. दिवाळीचे वसुबारस, धनत्रयोदशी, नरक चतुर्दशी, लक्ष्मीपूजन, बलिप्रतिपदा व भाऊबीज असे सहा दिवस असतात. मुख्यतः लक्ष्मीपूजनाला मोठ्या उत्साहाने साजरे केले जाते. या दिवशी लक्ष्मीमाता व श्रीगणेशाची मनोभावे पूजा केली जाते.

दिवाळी सणाला पहाटे लवकर उठून, सुगंधी उटणे लावून स्नान केले जाते. सर्वजण नवीन कपडे परिधान करतात. घरोघरी दिवे, आकाशकंदिल लावून, अंगणात रांगोळी काढून घराची

सजावट केली जाते. मुलांनाही शाळेला सुट्टी असल्यामुळे मुले दिवाळीसाठी किल्ले बनवतात व खूप धमाल करतात. फराळ म्हणून घरात लाडू, चकली, करंजी, शंकरपाळी व चिवडा असे अनेक खमंग पदार्थ बनवले जातात. पाहुण्यांना व मित्र-मैत्रिणींना फराळाचे पदार्थ व भेटवस्तू दिल्या जातात. हा सण प्रेम व बंधुभावाची शिकवण देतो. या सणाला सर्वत्र आनंदाचे, सुखाचे आणि समृद्धीचे वातावरण असते. हा सण आपल्याला अंधःकारातून प्रकाशाकडे जाण्याचा संदेश देतो. म्हणून या सणाची सर्वजण आतुरतेने वाट पाहतात.



लेख

प्रीतीसंगमावरची रम्य संध्याकाळ

हिरण्मयी चाटुफळे VIA

माझ्या आजोळी कृष्णा कोयना नद्यांच्या प्रीतीसंगमावर संध्याकाळी अतिशय आल्हाददायक वातावरण असते. नदीकाठी असलेल्या प्रशस्त घाटावर अनेक लोक निसर्गसौंदर्याचा आस्वाद घेण्यासाठी येतात. संथ वाहणारी कृष्णामाई, पलिकडच्या काठावरची हिरवीगार झाडे, अलिकडच्या घाटावरील कोरीव पाय-या, मोठे दगडी बुरूज, कमानी हे सर्वच प्रेक्षणीय आहे. घाटावर दगडात अनेक सुंदर मंदिरे आहेत. ग्राम- देवता कृष्णाबाईचे मंदिर खूप भव्य आणि मनाला शांतता देणारे आहे. घाटाच्या जवळच स्वर्गीय यशवंतराव चव्हाण यांची समाधी व

विस्तीर्ण परिसरात बहरलेले उद्यान आहे. सायंकाळच्या वेळी लहान मुले इथे खेळताना, बागडताना दिसतात. या परिसरात खाद्य पदार्थांची अनेक दुकाने असल्याने येथे खवय्यांची गर्दी असते. अनेक विक्रेते विविध प्रकारची खेळणी, फुगे विकत असतात. हा सर्वच, परिसर संध्याकाळी मुले, माणसे यांनी फुलून गेलेला असतो. नदीवरून येणारी थंड हवा, मंदिरातून ऐकू येणारा घंटानाद, शहरापासून दूर असलेले शांत वातावरण यामुळे घाटावरून हलूच नये असे वाटते. अतिशय रम्य वातावरणात सायंकाळी प्रीतीसंगमावर जायला मला खूप आवडते.

लेख

भारतीय संस्कृती

चौरवी जुनघर VIA

भारतीय संस्कृती म्हणजे मनुष्याने कसे जगावे, कसे वागावे याची घालून दिलेली पद्धत आहे. भारतातील भाषा, धर्म, नृत्य, संगीत, स्थापत्यशास्त्र, शेती, अन्न ह्या सर्वांच्या वेगवेगळ्या पद्धती प्रत्येक ठिकाणी वेगवेगळ्या आहेत. भारतीय संस्कृतीही अनेक संस्कृतींचा मिलाप आहे. तिला हजारो वर्षांचा इतिहास आहे. भारतीय संस्कृतीतील विविधता वेगळेपणा, तसेच तिथला धर्म, योगाभ्यास पाककलेच्या पद्धती या सर्वांचा जगावर चांगला प्रभाव आहे.

भारत देश हा हिंदू, बौद्ध, जैन व शिखधर्म यांचे जन्मस्थान आहे. भारतीय धर्माने, जगात जे धर्म आहेत त्या धार्मिकतेचा सर्वात मोठा भाग व्यापलेला आहे. भारत हा एकत्रितपणे नांदत असलेला जगातला एकमेव देश आहे.

संयुक्त कुटुंब पद्धती ही भारतीय संस्कृतीची प्रचलित व्यवस्था आहे. सर्वात लक्षणीय, कुटुंबातील सदस्यांमध्ये पालक,

मुले-मुलांचे जोडीदार आणि संतती यांचा समावेश होतो. या कुटुंबातील सर्व सदस्य एकत्र राहतात, शिवाय, सर्वात मोठा पुरुष सदस्य कुटुंबाचा प्रमुख असतो.

भारतात मोठ्या प्रमाणावर सण साजरे केले जातात. बहुधार्मिक आणि बहुसांस्कृतिक भारतीय समाजामुळे हे सण खूप वैविध्यपूर्ण आहेत. भारतीय लोक सणासुदीला खूप महत्त्व देतात. सर्वात महत्त्वाचे म्हणजे, मतभेदांची पर्वा न करता संपूर्ण देश या उत्सवात सामील होतो. भारत विविध धर्मांचे सण साजरे करतो. भारताचे दोन राष्ट्रीय सण म्हणजे स्वातंत्र्य दिन व, प्रजासत्ताक दिन. काही लोकप्रिय धार्मिक सणांमध्ये नवरात्र, दुर्गा पूजा, दिवाळी, होळी, जन्माष्टमी, रक्षाबंधन, महाशिवरात्री, गणेश चतुर्थी, ओणम, दसरा इत्यादींचा समावेश होतो.

भारतीय जेवण भारताप्रमाणेच वैविध्यपूर्ण आहे. भारतीय पाककृतीत असंख्य घटक वापरतात. प्रत्येक राज्याचा स्वतःचा



पारंपारिक पोशाख असतो, ज्यावर स्थानिक संस्कृती, भूगोल आणि हवामान यांचा प्रभाव असतो. भारतात एकूण २२ अधिकृत भाषा आहेत. संस्कृत ही भारतीयांद्वारे वापरली जाणारी सर्वात जुनी भाषा आहे.

भारताची संस्कृती ही जगातील सर्वात प्राचीन संस्कृतीपैकी एक आहे. "विविधतेत एकता हा भारतीय संस्कृतीचा अंतिम मंत्र आहे.

प्रकृति

युसूफ शेख VIII B

जब ना होंगे पेड़ देने प्राणवायु, किस तरह लेंगे हम साँस,
तब पहनने पड़ेंगे हमें ऑक्सिजन सिलेंडर के मास्क ।

हमारी प्रकृति का नीला साफ पानी बड़ा है अनमोल,
ना करो उसे बेवजह इस्तमाल, पहले जानलो उसका मोल ।

सब कुछ लूट के करते प्रकृति को बर्बाद,
क्यों ना हम इतनी सी बात समझते हैं ?

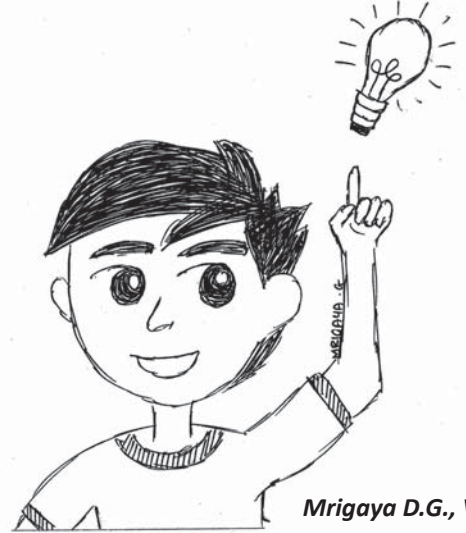


शब्दकोडे

ओळखा पाहू मी कोण ?

विवान राहुल VIA

- १) दिवसा झोप काढूनी, मी फिरतो बाहेर रात्रीला, मी आहे असा प्रवासी, फिरतो दिवा बांधून पाठीला, ओळखा पाहू मी कोण ?
- २) अशी गोष्ट जी तुम्ही गिळू शकता किंवा ती तुम्हाला गिळू शकते.
- ३) हिरव्या घरात लपले एक लाल घर, या लाल घरात आहे खूप लहान लहान मुले, ओळखा पाहू मी कोण ?
- ४) तुम्ही जेवढे माझ्या जवळ याल, तेवढा मी तुम्हाला मोठा मोठा होतांना दिसेन ओळखा पाहू मी कोण ?



Mrigaya D.G., VIII C

उत्तरे

माझ	(१)
शास्त्रिक	(६)
मकश्या	(८)
लावाक	(४)



वाचाल तर वाचाल

इहिता पवार VIII F

आज मी आपल्यासमोर, महाभारतातील एक प्रसंग थोडक्यात सांगणारं आहे. आपल्या चार भावंडांना वाचविण्यासाठी युधिष्ठिराला, यक्षाने विचारलेल्या सर्व प्रश्नांची योग्य उत्तरे देणे आवश्यक होते. त्यांपैकी एक प्रश्न होता की जगात सर्वश्रेष्ठ धन कुठलं ? तेव्हा युद्धामध्ये सुद्धा ज्याची मती स्थिर राहते अशा युधिष्ठिराने संयमाने उत्तर दिले “ज्ञान “

खरच ज्ञानासारखे दुसरे धन नाही. विशेष म्हणजे पुष्कळ पैसा आहे पण त्यातील काही पैसे खर्च झाले किंवा वाटले तर ती रक्कम कमी होते, पण ज्ञान हे असे धन आहे की ते वाटल्याने वाढतच जाते. असे सर्वश्रेष्ठ धन म्हणजे ज्ञान मिळविण्यासाठीचा सर्वात सोपा मार्ग म्हणजे “वाचन“

वाचनामुळे माणूस ख-या अर्थाने सुसंस्कारीत होतो. देशातील आणि जागतिक पातळीवरील चालू घडामोडी वृत्तपत्र वाचनातून कळतात. एखादया क्षेत्रामध्ये यश मिळवायचे असेल तर आपल्याला त्या क्षेत्रासंबंधी पुस्तक वाचणे आवश्यक आहे. वाचनामधूनच आपल्याला विश्वव्यापी ज्ञानाचा खजिना मिळतो. रामायण, महाभारत, भगवद्गीता ज्ञानेश्वरी या महान ग्रंथातील तत्वज्ञान वाचनाशिवाय कसे कळणार ?

माणूस शिकला नाही अशिक्षित राहिला तर त्याला अडाणी म्हणून हिणवले जाते. त्याची सगळीकडून फसवणूक होते. एक प्रकारे तो सर्वांचा गुलाम होतो.

असा अशिक्षित माणूस चुकीच्या कल्पना मनात बाळगून आपली प्रगती करू शकत नाही. जीवनाच्या प्रत्येक पायरीवर कामाला येते ते ज्ञान आपल्याला वाचनातून मिळते. म्हणजेच

जीवनामध्ये यशस्वी व्हायचे असेल तर आपल्याला वाचना सोबत मैत्री करायला हवी.

वाचनामुळे आपल्या ज्ञानात भर पडते. शब्दसंग्रह वाढतो आणि आपला संवाद चांगला चांगला होतो. त्याचप्रमाणे आपण आपला अभ्यास अधिक चांगल्याप्रकारे करू शकतो. चांगल्या वार्डट गोष्टी समजण्यास मदत होते. आपली कल्पनाशक्ती वाढते. बुद्धीला चालना मिळते. आपण आपले मुद्दे इतरांना समजावून सांगू शकतो. आपली वाणी आणि भाषा सुद्धा शुद्ध होते. वाचनामुळे रोजच्या जीवनामध्ये नवीन काय काय बदल घडून येत आहेत. याबद्दल कल्पना येते. एक चांगले, सक्षम, कर्तबगार व्यक्तिमत्त्व घडविण्यासाठी आपल्याला वाचन फायदेशीर ठरते म्हणूनच म्हटले जाते वाचाल तर वाचाल !

पण दुर्दैवाची गोष्ट म्हणजे ही वाचन संस्कृती नष्ट होत चालली आहे. टेलिव्हिजन, मोबाईल, संगणक यात आजचा विद्यार्थी गुरफटून गेला आहे की, त्याला वाचन करावेसे वाटतच नाही. मात्र मित्रांना “असाह्य ते साह्य करीता सायास ! कारण अभ्यास तुक म्हणे ।। ह्या ओवी मधून संत तुकारामांनी अतिशय सुंदर आणि सोप्या शब्दात सांगितले आहे की, आपल्याला कोणतीही गोष्ट साध्य करायची असेल तर अभ्यास करणे आवश्यक आहे. यासाठी वाचण्याची आवड रुजवणे फार महत्त्वाचे आहे. नव्हे नव्हे ही काळाची गरज आहे.

“ स्वदेशे पुज्यते राजा, विद्वान सर्वत्र पुज्यते “



हिंदी लेखन

सफलता की उड़ान

जेनती देवदास साकारी **VIII**

मेरे दोस्तों ! जीवन कभी-कभी जैसे एक भूल भुलैया की तरह लग सकता है, लेकिन अगर हम उसे हल करने की कोशिश करें, तो हम अपने लक्ष्य को प्राप्त कर सकते हैं।

गिरकर उठना, उठकर चलना,
चलके दौड़ना, दौड़ के उड़ना,
और उड़के उस मुकाम तक पहुँचना
कि लोगों की आँखों में नहीं, खुद के
आँखों में काबिलियत की झलक दिखती चाहिये।

गलतियाँ तो हम सब करते हैं पर गलतियों से कुछ सीखना भी चाहिए! तो क्यों रुके हम? आगे बढ़ो और कोशिश करो।

जीवन में सफलता के लिए आपको अपने सपनों का पीछा करना चाहिए। संघर्ष हो सकता है, परंतु निरंतरता और मेहनत से आप अपने लक्ष्यों को प्राप्त कर सकते हैं। धैर्य रखें और संघर्ष को स्वीकारें, क्योंकि आपकी मेहनत ही आपको सफलता तक पहुँचाएगी।

हिंदी कविता

प्लास्टिक को हराना है

राधिका निखाडे **VIII**

खतरे में है सारा जगत यह
जल, थल व नभ के प्राणी,
सिलसिला कोई नया नहीं,
समस्या यह है बहुत पुरानी।

कूड़े में प्लास्टिक का ढेर,
यह खुली मौत का संदेश है,
प्लास्टिक प्रदूषण फैलाकर,
बनता सुरक्षा चक्र में बाधक है।



पक्षियों पर गहरा है संकट छाया,
मछलियाँ तड़प कर मर रही,
प्लास्टिक की गंदगी तैर रही,
विकट समय है आया।

साँस लेना हुआ मुश्किल है,
जान पर आफत आई है,
पेड़ लगाएँ पर्यावरण बचाएँ,
इसी में सभी की भलाई है।



दुनिया तुमको याद करे

अदिती मौर्या **VIII A**

ऐसा कोई काम करो,
कि दुनिया तुमको याद करे।
लेकर इज्जत से तुम्हारा नाम,
वो भी अच्छा काम करे।
रहे अमर सदा तुम्हारा नाम,
न करे तुम्हें कोई बदनाम।

करो सदा अच्छे ही काम,
न करो कभी कोई गलत काम।
करोगे यदि कोई अच्छा काम,
मिलेगा जरूर तुम्हें उसका इनाम।
इज्जत से तुम जी सकोगे,
न लगेगा तुम पर कोई भी इल्जाम।

नया भारत

दिवित कनोजिया **IXA**

भारत के उज्ज्वल भविष्य की तरफ बढ़ते हमारे कदम,
अपने सपने पूरे करने की इच्छा रखें हम !

शिक्षा की राह पर हम सब मिलकर चलें,
साथ मिलकर प्रगति की ओर बढ़ें।

सबका विकास, सबकी प्रगति यही हमारा सपने,
आगे बढ़ता रहे भारत देश अपना।

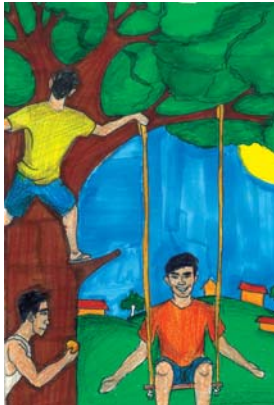
देशभक्ति की भावना लिए दिल में अपने,
नए भारत के देखें मिलकर सपने।



हम बच्चे

त्विशा पाटील **VIE**

हम बच्चे हँसते गाते हैं।
हम आगे बढ़ते जाते हैं।
पथ पर बिखरे कंकड़ काँटे,
हम चुन-चुन दूर हटाते हैं।
आये कितनी भी बाधाएँ
हम कभी नहीं घबराते हैं।



धन दौलत से ऊपर उठ कर
सपनों के महल बनाते हैं।
हम खुशी बाँटते दुनिया को,
हम हँसते और हँसाते हैं।
सारे जग में सबसे अच्छे
हम भारतीय कहलाते हैं।

त्योहार

साजिरी गव्हाणे VIE

त्योहार, बेरंग जिंदगी में रंग भरने आते हैं,
यह उदासियों के बीच खुशी के कुछ पल ढूँढ लाते हैं।
त्योहार एक तरफ अपनों को करीब लाते हैं,
तो दूसरी तरफ गैरों को भी अपना बना जाते हैं।
त्योहारों का आना, मानो दर्द में मरहम का मिलना है।
ये तो केड़केड़ाती ठंड के बीच गर्मी का एहसास करा जाते हैं।

त्योहार हर धर्म में प्रेम का एहसास कराते हैं,
नाउम्मीदी के बीच फिर से जीने का जस्बा देकर जाते हैं।
त्योहारों का आना ठीक वैसा ही है,
जैसे उमस भरी गर्मी के बीच बारिश की बूँदें आती हैं।



भारत माता

चिरंतन सोनावणे VIB

जहाँ गंगा-जमुना बहती है,
वो भारत देश है मेरा,
ये जमीन है हम सबकी,
यहाँ कुछ नहीं तेरा-मेरा।

जब झंडा देश का लहराता,
तब खुशी-खुशी हम झूमते हैं।
ये वतन है मेरा अनोखा
यहाँ आजादी से हम घूमते हैं।



हम दोस्ती भी निभाते हैं,
दुश्मन को करते ढेर हैं।
यहाँ का हर वीर जवान,
जैसे जंगल का कोई शेर है।

ये भारत वीरों की माँ है,
वो वीर भारत के बेटे हैं।
उन वीरों को मेरा नमन,
जो इस देश पर मर मिटे हैं।





अक्षता गोरे VIA

कभी तुम कुक होती हो,
तो कभी टिचर।
कभी दोस्त बन जाती हो,
तो कभी डाँट देती हो।

कभी प्यार तो,
तो कभी गुस्सा करती हो,
पर माँ तुम मुझसे
बहुत दुलार करती हो।

ओ, मेरी माँ मुझे बताओ
कैसे तुम इतने कम समय में
इतने सारे किरदार निभाती हो?



निसर्ग

कार्तिक खानापुरकर VIIIA

प्रकृति का स्पर्श है कितना पावन
प्रकृति से ही मिलते सब साधन।
जलचक्र में बनता हम सब का जीवन,
इससे होता विद्युत उत्पादन।

बढ़ती आबादी से बढ़ता विकास,
जाने अनजाने होता पर्यावरण का विनाश।
नैसर्गिक साधन हो जाएँ ना दुर्लभ,
समय के साथ ही होना है सजग।



जल, वायु, मिट्टी और आकाश,
सूरज देता है सबको प्रकाश।
पेड़-पौधे हैं धरती का स्वर्ग,
इन्हीं से बनता हमारा निसर्ग।



तितली

दृष्टी जाधव VIC

अगर मैं होती, तितली
रंग बिरंगी पंखोंवाली
सुंदरता को मैं फैलाती
फूलों पर मैं मंडराती ।
बैठ न पाती एक जगह पर
घूमती फिरती हर डाल पर



बच्चे जब पकड़ने आते
फुर्र से मैं फिर उड़ जाती ॥
नाम बताओ फिर तुम मेरा क्या रखते ?
हर रोज जब मैं तुमसे मिलने आती
अगर मैं होती तितली
रंग बिरंगी पंखों वाली ॥

मामा का गाँव

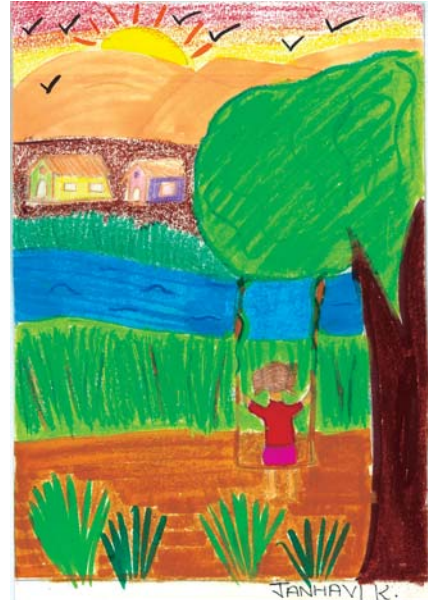
हिरण्मयी संतोष चाटुफळे VIA

कृष्णा नदी के तीर पर बसे हुए मामा के गाँव में, वहाँ के खेतों में बड़े घर में, खुले आँगन में ढेर सारी सहेलियों के साथ छुट्टियाँ बिताने का मजा कुछ और ही है।

वहाँ घर के आसपास आम और जामुन के पेड़ थे। दोपहर के समय घने आम्रवृक्ष की शीतल छाया में सहेलियों के साथ खेल ना, भोजन करना, पेड़ पर लगाए झूले पर झूलना मुझे बहुत आनंद देता था। आम के पेड़ पर लगे हुए रसीले आम खुद तोड़कर खाने में और जामुन के पेड़ के नीचे गिरे हुए जामुन ढूँढ़कर खाने में बहुत मजा आता था।

मामा के खेत की हरी-भरी फसल और पास बहती नदी देखकर मेरा मन बहुत प्रसन्न हुआ। रात के समय घर के सामने खुले आँगन में बैठकर टिमटिमाते तारे देखना, बगीचे में खिले हुए बेला, चमेली और जूही के फूलों की महक साँसों में भर लेना, चंद्रमा की शीतल किरणों में मन की शीतलता पाना मुझे बहुत अच्छा लगता था।

गाँव की ताजगीभरी हवा, शांत वातावरण, सहेलियों के साथ खेलकूद, रसीले आम और जामुन का स्वाद, बेला और चमेली की महक इन सभी से मुझे आनंद और उत्साह मिला। इसी खुशी भरे मन से मैं अपने शहर लौट आई।



मेहनत का संग्राम

मायरा गुप्ता VIA



सफलता के रास्ते पर हैं कई कठिनाइयाँ,
जिन्हें पार करने का हमें है विश्वास।

हर दिन एक नया कदम है, सफलता की ओर,
अपने लक्ष्यों की तरफ बढ़ते जाना है हमें हर समय।

सपनों को हासिल करने का है, यह संकल्प,
मेहनत से ही मिल सकता है सफलता का फल।

सपनों को पूरा करने की चाह,
मेहनत से होता है रास्ता सफर का पार।

पुस्तकों की गहराइयों में लिपटी है सफलता,
ज्ञान की अनमोल धारा से होता है संवाद।

विद्यालय जीवन

काशवी जैन VIA

विद्यालय जीवन मतवाला,
बचपन का है यह रखवाला।
ज्ञान सुधारस देने वाला,
अंधकार को हरने वाला।
उन्नत शिखरों पर पहुँचाता,
स्नेह, प्रेम बरसाने वाला,
विद्यालय जीवन मतवाला ॥

जीवन की पहली सीढ़ी यह,
शिक्षित करती हर पीढ़ी यह।
खेल कूद अरु दौड़ भाग का,
सदन है यह नैतिक आधार का,
अनुशासन का पाठ पढ़ाता,
संयम का शिक्षा देने वाला।
विद्यालय जीवन मतवाला ॥

जो जीवन सुखमय जीना है,
तो विद्या रस को पीना है।
विद्यालय में ही मिलता यह,

लिखने-पढ़ने से खिलता यह।
सुन लो दीदी, भैया सुन लो,
सिवा इसके ने कुछ यहाँ नहीं मिलने वाला।
विद्यालय जीवन मतवाला।
सुख समृद्धि सब देने वाला ॥



नन्हीं कलम से

मुझे गर्व है कि मैं भारतीय हूँ

मेरा देश भारत है । मुझे भारतीय होने पर बहुत गर्व है । मेरे देश में विविध जाति, धर्म और भाषा बोलने वाले लोग एक साथ रहते हैं । यहाँ सभी धर्मों के त्योहार आनंद और उत्साह से मनाए जाते हैं । गंगा, यमुना और सरस्वती जैसी पवित्र नदियाँ बहती हैं । मेरे देश में महात्मा गाँधी, लोकमान्य तिलक, लाल बहादुर शास्त्री, जवाहरलाल नेहरू, भगत सिंह

जैसे महान पुरुषों का जन्म हुआ । आज दुनिया के प्रत्येक क्षेत्र में मेरे देश ने बहुत प्रगति की है ।

विज्ञान के क्षेत्र में चंद्रयान तीन ने चंद्रमा पर पहुँचकर भारत का गौरव बढ़ाया एवं भारत देश का नाम ऊँचा किया गया है ।

विधी कावेडिया , ५अ

प्रकृति एक वरदान

प्रकृति हमारी वास्तविक माँ की तरह होती है, जो हमें कभी नुकसान नहीं पहुँचाती किंतु हमारा पालन-पोषण करती है । प्रकृति के बिना हम जीवन की कल्पना नहीं कर सकते । हमारी प्रमुख आवश्यकताएँ जैसे हवा, पानी, भोजन आदि सभी प्रकृति से ही प्राप्त होते हैं । प्रकृति की सेवा हमें उसी तरह करनी चाहिए जिस निस्वार्थ भाव से प्रकृति हमारी सेवा करती है । प्रकृति को हरा-भरा,

स्वच्छ और स्वस्थ रखना हमारा काम है । हमें अधिक से अधिक पेड़ लगाने चाहिए । हमें पानी का दुरुपयोग नहीं करना चाहिए । धरती पर जीवन व्यतीत के लिए प्रकृति हमें कीमती उपहार के रूप में मिली है, हमें इसकी रक्षा करनी चाहिए ।

मीहीका बिस्वास, ५बी

कक्षा पिकनिक का दिन

इस वर्ष १७ अगस्त २०२३ के दिन हमारी कक्षा पिकनिक के लिए खोपोली के “ऑर्गेनिक फार्म” में गई थी । हम सभी छात्र सुबह विद्यालय पहुँचे और बस में सवार होकर पिकनिक स्थल के लिए रवाना हुए ।

जैसे ही हम पिकनिक स्थल पहुँचे तो वहाँ का दृश्य देखकर बहुत खुश हो गए । चारों ओर हरियाली थी । वहाँ हम सभी

को अलग-अलग समूह में, विविध गतिविधियाँ कराई गईं जैसे रस्सी पर चढ़ना,

पुल पार करना, पौधे लगाना और गाय को खाना खिलाना आदि । हम झरने में गए , झरने का पानी स्वच्छ था । कुछ समय पश्चात हम सभी ने मिलकर भोजन किया । पिकनिक में हम सभी को बहुत आनंद आया ।

अनवीता पाटील, ५सी



धरती पर बरसती बूँदें

ग्रीष्म ऋतु के बाद वर्षा का आगमन होता है। गर्मी से तपती हुई धरती को बारिश की बूँदें शीतल कर देती हैं। वर्षा ऋतु में सावन का महीना भी आता है। इस ऋतु में किसानों को कृषि में फसलों की सिंचाई में मदद मिलती है। इस मौसम में नए-नए पेड़ पौधे उगने लगते हैं। चारों ओर हरियाली छा जाती है। इस ऋतु में धूप और वर्षा के खेल में हमें सुंदर इंद्रधनुष देखने मिलता है।

सौधी मिट्टी की खुशबू और बारिश में भीगने का मजा ही कुछ और होता है।

रक्षाबंधन, जन्माष्टमी, गणेश उत्सव जैसे त्योहार भारत में इस ऋतु में मनाए जाते हैं।

माधव आर नायर, ५ डी

छुट्टी का दिन परिवार के साथ

आज का समय बहुत तनावपूर्ण हो गया है। ऐसे में छुट्टी का दिन औषधि का काम करता है। छुट्टी के दिन हम परिवार के साथ समय व्यतीत करते हैं। हम सब खेलते हैं, घर के बगीचे की सफाई करते हैं, घर के कार्यों में माँ की मदद करते हैं। मेरे पिताजी हमें कहानी सुनाते हैं। माँ पसंदीदा भोजन बनाकर हमारा दिन खास बना देती हैं। मेरी बहन सभी के लिए फल काटती है।

शाम के समय हम घूमने जाते हैं। माँ के हाथों का भोजन, थोड़ा आराम, खेलना और साथ में मिलकर समय बिताना छुट्टी का आनंद देता है। जिस प्रकार हमारे शरीर के लिए नींद आवश्यक है उसी तरह विश्राम और बदलाव आवश्यक है। मुझे छुट्टी बहुत पसंद है और मैं इसका इंतजार करता हूँ।

सीया आर करदीले, ५ ई

जल ही जीवन है

जल पृथ्वी पर सभी प्राणियों के लिए अमृत के समान है। यह मानव जीवन के लिए सबसे आवश्यक तत्व है। जल के बिना पृथ्वी पर जीवन की कल्पना भी नहीं की जा सकती। जल के अभाव में मनुष्य, जीव-जंतु, पेड़-पौधे जीवित नहीं रह सकते। जल की एक-एक बूँद बहुत कीमती है। हमें जल का दुरुपयोग

नहीं करना चाहिए। हमें भविष्य के लिए जल को बचाना बहुत आवश्यक है। जल का सही उपयोग कर हम हमारे जीवन को आसान बना सकते हैं।

“जल ही जीवन है।”

कृतार्थ आर जक्कुला, ५ फ



मी एक चांगली विद्यार्थिनी

मिहिरा सुहास दाते ५ वी / क

कालच मी आईबरोबर शाळेत पालक सभेसाठी गेले होते ; तेव्हा माझ्या वर्ग शिक्षिका माझ्या आईला म्हणाल्या की, मिहिरा एक चांगली विद्यार्थिनी आहे. “वर्गातून बाहेर आल्यावर मी आईला म्हणाले, मला परिक्षेत चांगले गुण मिळतात म्हणून मी एक चांगली विद्यार्थिनी आहे.” “त्यावर आईने मला समजावले, एक चांगली विद्यार्थिनी बनण्यासाठी सर्वात महत्वाचा गुण म्हणजे मेहनत होय .मेहनत करून पुढे जाणारी व्यक्ती आयुष्यात नक्कीच यशस्वी होत असते.दुसरा महत्वाचा गुण म्हणजे सातत्य.आळस झटकून उत्साहाने व सातत्याने मेहनत करण्याची क्षमता एका चांगल्या विद्यार्थिनीमध्ये असते.

जिज्ञासा, हा पण एका चांगल्या विद्यार्थिनीमध्ये आवश्यक

असणारा गुण आहे.शाळेत शिक्षक शिकवत असताना नेहमी वेगवेगळे प्रश्न विचारणे, वेगवेगळी पुस्तके वाचून ज्ञान प्राप्त करणे, आपल्या कल्पनाशक्तीला चालना देणे. अशी सर्व कामे एक चांगली विद्यार्थिनी करते.याबरोबरच सकारात्मक दृष्टीकोण, सर्वांना सामावून घेण्याची वृत्ती,नम्रपणा, खरेपणा, मोह्यांचा आदर करणे, सगळ्यांशी प्रेमाने वागणे हे सर्व गुण एका चांगल्या विद्यार्थिनीमध्ये असतात. एक चांगली विद्यार्थिनी ती नाही जी कधीही अपयशी होत नाही तर ती, जी अपयशी झाल्यावर ही मानत नाही आणि यशस्वी होईपर्यंत पुन्हा पुन्हा प्रयत्न करते. त्यावेळी मी रविले की मी हे सगळे गुण अंगी आत्मसात करेन.

संगीताचे जीवनातील महत्त्व

शोभित श्याम पिंगळे ५ वी / ब

संगीत हा मानवी जीवनाच्या विविध क्षणांचा महत्वाचा भाग आहे.संगीत आपल्या जीवनात आनंद पसरवते.संगीत जीवनाचा आत्मा आहे .आपण लहान असताना संगीत ऐकायची सुरवात करतो ते म्हातारे होईपर्यंत संगीत ऐकतच असतो.शास्त्रीय, क्लासिकल, पॉप, ब्लूज, लॅझ इ.संगीताचे अनेक प्रकार आहेत. संगीत हा ध्यानाचा एक प्रकार आहे.संगीतामध्ये व्यक्तीला भावनिक आणि मानसिकदृष्ट्या बरे करण्याचे गुण आहेत. संगीत तयार करताना किंवा ऐकत असताना व्यक्ती त्याच्या सर्व चिंता, दुःख व वेदना विसरून जातो, असे म्हणतात की

व्दापारयुगात भगवान श्रीकृष्णाच्या बासरीतून निघणा-या संगीताने गोपी मंत्रमुग्ध होत असत.

संगीतामध्ये चिंता, नैराश्य, निद्रानाश इ.रोग बरे करण्याचे सामर्थ्य आहे.संगीत आपल्या जीवनात खूप महत्वाचे आहे.आपण असे म्हणू शकतो की प्रत्येक सजीवामध्ये संगीत आहे.संगीतामध्ये सर्व प्रकारच्या भावना लोकांपर्यंत पोहचवण्याची क्षमता असते. संगीत हे देवाशी जोडण्याचे एक अतिशय शक्तिशाली असे माध्यम आहे.



वाचनाचे फायदे

स्वरा नंदकुमार कदम ५वी/अ

“वाचाल तर वाचाल” हा सुविचार आपण लहानपणापासून ऐकला आहे. डॉ. बाबासाहेब आंबेडकरानी सांगितलेला सुविचार आपल्याला वाचनाचे महत्त्व पटवून देतो. आपल्या जीवनात वाचनाला खूप महत्त्व आहे. नियमित येणारी वर्तमानपत्र, गोष्टींची पुस्तके, कांदब-या, ग्रंथ अशा अनेक गोष्टींचे वाचन आपण करू शकतो. वाचनामुळे आपल्या ज्ञानात भर पडते, आजूबाजूच्या जगाची माहिती होते, विचारशक्ती वाढते आणि आपल्याला चांगल्या गोष्टींची प्रेरणा मिळते. वाचनामुळे आपण सुशिक्षित होतो.

शरीरासाठी दिवसातून दोन वेळा जेवण आवश्यक असते तसेच उत्तम मेंदूसाठी दररोज दोन तास वाचन करणे आवश्यक असते. वाचनामुळे आपल्या मनात नवीन विचार आणि कल्पना येतात. जे आपल्याला पुढे जाण्यासाठी, योग्य निर्णय घेण्यासाठी मदत करतात. जेव्हा तुम्ही वाचता तेव्हा तुम्ही नेहमी काहीतरी नवीन शिकता. प्रेरणादायी पुस्तके वाचणे खरोखरच आपले जीवन बदलू शकते. वाचन हा आपल्या मनाचा व्यायाम आहे. वाचनाने आपली एकाग्रता वाढते त्यामुळे आपले भावनिक आरोग्यदेखील सुधारते म्हणून आपण सगळ्यांनी वाचनाची सवय लावलीच पाहिजे.

वाईट सवयींवर मात कशी करावी

अनुज अरूण नायर ५वी ड

सवय म्हणजे अशी कृती जिची पुनरावृत्ती होते. आता सवय म्हणजे काय ? तर आपण एखादी गोष्ट रोज रोज किंवा अनेकदा करणे. सवयी दोन प्रकारच्या असतात, चांगल्या सवयी व वाईट सवयी. चांगल्या सवयी म्हणजे अशा गोष्टी ज्यामुळे आपले आणि समाजाचे भले होते. वाईट सवयी म्हणजे अशा गोष्टी ज्यामुळे आपले आणि समाजाचे नुकसान होते. आणि म्हणूनच अशा वाईट सवयी आपल्याला लागू नये, किंवा अगदी आपल्याला त्या लागल्यास त्यावर आपण योग्य वेळेत मात करून पुढे जाऊ शकलो पाहिजे.

कोणतीही गोष्ट जेव्हा सवय बनते तेव्हा आपला मेंदू जास्त कष्ट न घेता ती गोष्ट करतो. जसे आपल्या रोजच्या विधी सकाळी उठणे, दात घासणे, आंघोळ करणे, जेवण करणे

या गोष्टी स्वयंचलित होतात. त्यासाठी वेगळे प्रयत्न करावे लागत नाहीत. हीच ती सवय (चांगली सवय) पण ते जर रोज नियमित वेळेवर न झोपणे, वेळेत न उठणे, रोज दात न घासणे, योग्य पद्धतीने जेवण न करणे. असे आपले वर्तन असेल तर ती (वाईट सवय) आणि वाईट सवयींची पुनरावृत्ती म्हणजे आपला तोटा.

अशावेळी मेंदूला प्रयत्नपूर्वक चांगले काय आणि वाईट काय याची जाणीव करून देणे आवश्यक असते. आता ही जाणीव कशी करून देणार ? तर सर्वप्रथम चांगल्या गोष्टी व वाईट गोष्टी यांची निवड सद् सद् विवेकबुद्धीने करावी. व त्यानंतर वाईट गोष्टींचा त्याग करण्यासाठी मन खंबीर करावे व बुद्धी स्थीर ठावी.



आयुष्यात विनोदाचे महत्त्व

गौरी प्रणय ढोले ५वी /इ

असं म्हणतात की, एखादयाला “रडवणं” सोपं असतं.पण “हसवणं” अवघड असतं.आपल्या आयुष्यात आपण सुखाने भारावून जातो.आणि दुःख आले की गळून पडतो. अशावेळी आपल्याला या दुःखावर मात करण्यासाठी विनोदाचा आधार मोलाचा “रतो.पुर्वीच्या काळी राजेमहाराजेच्या दरबारात विदुषकाची नेमणूक करत.कारण नेहमीच्या कामातून थोडी करमणूक विरंगुळा झाला की त्या कामाचा ताण हलका होत

असे.कधी कोणी घसरून पडले की, आपण हसू लागतो पण आपण पडलो की इतर हसतात यालाच “विनोद” म्हणतात. आपल्या मराठीत अनेक मोठ्या लेखकांनी जसे चि.वि.जोशी, पु.ल.देशपांडे, प्र.के.अत्रे यांनी त्यांच्या लेखनीतून विनोदाचे भांडार आपल्यापुढे ”वले आहे. अनेकदा लोक जीवनातील दुःखाचा विसर पडावा, रोजचा ताणतणाव दूर व्हावा म्हणून ह्या विनोदी साहित्याचे आवडीने वाचन करतात.

माझी आई माझा आदर्श

अंशिका विजय शर्मा ५वी इ

आई माझा उरू, आई कल्पतरू,सौंदर्याचा सागरू
आई माझी मांगल्याचे सार, अमृताची धार

आई हा एक साधा सोपा शब्द पण किती माया दडली आहे या शब्दामागे. एक संपूर्ण जगच आहे आईमध्ये. जन्म देऊन जगात आणणारी आई एखादया देवाचे रूप आहे. आई प्रत्यक्ष अन्नपूर्णा देवी असते. आजारी पडल्यावर डॉक्टर व नर्स होते. कधी माया करते कधी रागावते. पण नेहमी निस्वार्थपणे फक्त आपल्याच

भल्याचा विचार करते. माझी आई माझी पहिली शिक्षिका आणि सल्लागार आहे. ती एक उत्कृष्ट स्वयंपाकी आहे. तिने मला अन्न आणि लोकांचा आदर करायला शिकवले आहे.ती मला शक्ती देते व प्रेरित करते. तिने मला एक चांगला माणूस बनण्याची प्रेरणा दिली. सर्व लोकांमध्ये ती सर्वात समजूतदार व्यक्ती आहे.माझ्या आईने माझे पालनपोषण करण्यासाठी अनेक त्याग केले आहे.माझी आई माझा गुरू, माझा देव आहे. तिच्या चरणी माझ्या लाख लाख प्रार्थना आहेत.

वाईट सवयींवर मात कशी कराल

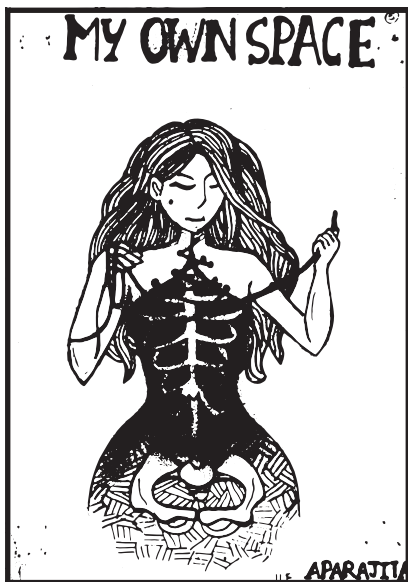
मृण्मय महेश मेत्री ५वी/अ

वाईट सवयी वाईट शिष्टाचार म्हणून ओळखल्या जातात जे आपल्या जीवनात व्यत्यय आणतात आणि आपली उद्दिष्टे,लक्ष साध्य करण्यापासून किंवा ती पूर्ण करण्यापासून प्रतिबंधित करतात.या सवयींचा जीवनावर वाईट परिणाम होतो.एखादया वाईट सवयीवर चांगला उपाय म्हणजे ती सवय एखादया चांगल्या सवयीने बदलणे.

काही चांगल्या सवयी ज्या आपणास आत्मसात करायच्या आहेत त्या अशा की सकाळी लवकर उठणे,व्यायाम करणे,

पूर्ण जेवण करणे, भरपूर पाणी पिणे, बाहेरचे अन्न न खाणे, दिवसातून दोनवेळा दात घासणे, घरात साफसफाई करणे, स्वतःचे काम स्वतः करणे, घरी आईला कामात मदत करणे, गृहपाळ पूर्ण करणे, वाचन करणे, पाढे पाळ करणे, कमीत कमी वेळ टि.व्ही मोबाईल बघणे, शाळेत शिक्षकांनी शिकवलेले विषय घरी येऊन परत वाचणे.वाईट सवयी जशा जुन्या होतात तशा त्या झाडासारख्या घट्ट होतात म्हणून जेव्हा त्या फांदीसारख्या असतात तेव्हा आपल्याला त्यांना मोडायला हव्यात.





- Aparajita Datta, XIF



MONASTRIES OF JAPAN - Sai Tike, XIF



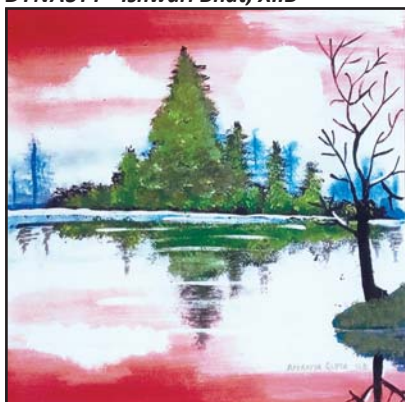
DYNASTY - Ishwari Bhat, XIIB



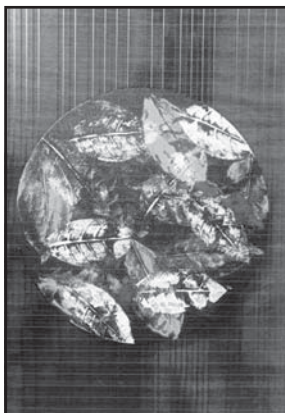
- Pranjal Ahire, IIB



- Arpita, IIF



- Ananya Gupta, XIIB



- Gauri Pawar, XIF



Ananya Gupta, XIIB



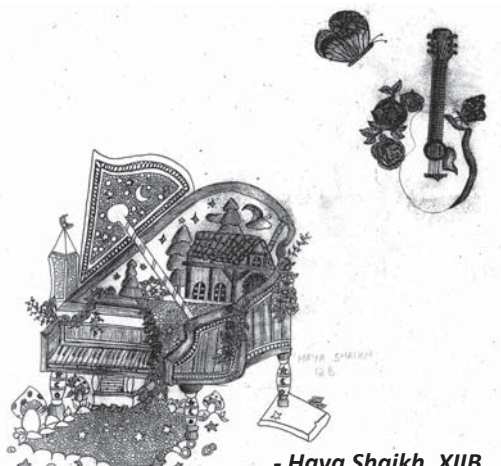
- Pranjal Ahire, XIF



- Pranjal Ahire, XIF



- Aparajita Datta, XIF



- Haya Shaikh, XIIB



- Aparajita Datta, XIF



- Pranjal Ahire, XIF



SHINING STARS



Aanchal Patil set a new State Record in the U-17 High Jump with 1.66m and won silver medal at National level



**Best Boy - Arhaam Gandhi
Best Girl - Siddhi Mulik**



Archisman Mitra (VIIIIC) and Riti Ghosh (IXB) won the 'Selected Prize' in the prestigious 22nd Kanagawa Biennial World Children's Art Exhibition in Japan. Out of a total of 11,607 entries from children of different countries, only 467 works were awarded the 'Selected Prize'. Archisman and Riti are among 19 Indians who won the award.



Bani Chopra and Siddhi Mulik - Winners of Inter school Hindi Elocution Competition conducted by Arya Samaj Vashi.



Akanksha Ashwin Pai got the AGNEL AMBASSADOR AWARD



Arhum Gandhi was one of the 23 nationwide semifinalists of the NAEST-2023 competition held at Sopan Ashram, Kanpur under the guidance of Prof. Shri H.C. Verma



Rishabh Das- National Swimming champion

